Menu

week of November 8, 2026

Sun 11/08/2026	Mon 11/09/2026	Tue 11/10/2026	Wed 11/11/2026	Thu 11/12/2026	Fri 11/13/2026	Sat 11/14/2026
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Cinnamon Bun Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Sausage Links Breakfast Potatoes Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Pancakes w/ Syrup Fresh Blueberry Topping Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Sausage & Egg Casserole Choice of Cold Cereal Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Garden Omelet Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Sausage Gravy Biscuit Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Breakfast Corned Beef Hash Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Poppy Seed Spinach Salad w/Mandarin/Almonds Turkey Noodle Soup Baked Dill Salmon Wild Rice Pilaf Buttered Asparagus Cheese Herb Biscuit Fresh Cut Pineapple Chocolate Layer Cake	Minestrone Soup Ham & Scalloped Potatoes Buttered Corn Wheat Roll Fruit Cocktail Lemon Tart	Beef Barley Soup Cherry Bourbon Pork Loin Garlic Red Roasted Potatoes Green Beans Watermelon Angel Peach Dessert	Ham Navy Bean Soup Beef Burgundy Orange Glazed Carrots Buttered Egg Noodles Blushing Pears Creamy Orange Cake	Chicken Noodle Soup Ranch Style Chicken Breast Garden Blend Rice Buttered Peas Honeydew Melon Snickerdoodle Cookies	New England Clam Chowder Beer Battered Cod Battered French Fries Coleslaw Chilled Peaches Blueberry Cobbler	Hearty Vegetable Beef Soup Chicken Scampi w/Tomatoes Herb Roasted Potatoes California Blend Vegetables Wheat Roll Fresh Grapes Cream Puffs
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Turkey Noodle Soup Herbed Roasted Chicken Thigh Ranch Roasted Potatoes Wheat Roll Buttered Peas & Carrots Fresh Cut Pineapple Macadamia Nut Cookies Milk/Beverage	Minestrone Soup Oven Fried Chicken Mashed Potatoes Collard Greens Honey Butter Biscuit Fruit Cocktail Red Velvet Cake Milk/Beverage	Beef Barley Soup Tuna Noodle Casserole Roasted Sweet Potatoes Broccoli Florets Wheat Roll Watermelon Peanut Butter Brownie Milk/Beverage	Ham Navy Bean Soup Grilled Chicken Breast Sandwich Dill Pickle Spear Potato Chips b Marinated Cucumber & Onions Blushing Pears Lemon Bar Milk/Beverage	Chicken Noodle Soup Caesar Salad Beef Lasagna Italian Blend Vegetables Garlic Breadstick Honeydew Melon Tiramisu Pudding Cup Milk/Beverage	New England Clam Chowder Broccoli Cheese Stuffed Chicken Basmati Rice Green Beans w/ Red Pepper Wheat Roll Chilled Peaches Strawberry Poke Cake Milk/Beverage	Hearty Vegetable Beef Soup Country Fried Steak Country Gravy Mashed Potatoes Peas & Pearl Onions Wheat Roll Fresh Grapes Cherry Pie Milk/Beverage

Menu items reflect our regular nourishing diet. A different item or modified portion may be served if a therapeutic or texture altered diet is ordered.

Maureen C Lamperis MS RDN

Maureen C Lamperis, MS RDN
Registered Dietitian
Burcham Hills

Burcham Hills®
Where Tradition Meets Tomorrow