The StoneBriar Flyer

Volume 5: Issue 11 November 2026







Who to Contact

Concierge Services
(517) 351-0087
Liz Davison
Concierge Services 7 days per week 9:30 am – 6:00 pm

Security
(517) 977-4581

Life Enrichment
Nick Hitsman
Resident Life Manager
(517) 827-1068

Administration
Nancy Hanford
Director of Admin Services
(517) 827-1043

Health & Wellness Navigator
Samantha Volk
(517) 827-1078





November Birthdays

9 Art Feinberg

9 Peter Sheldon

StoneBriar
at Burcham Hills®



From the Desk of the Executive Director . . .

by Lisa Cummins

As we are in the early phases of project planning for the campus expansion to increase independent living, I understand that people have a lot of questions and ideas that are being shared. I want to encourage you to continue sharing your ideas with me. I have shared all ideas that have been presented to the project development team and will continue to do so.

As it is difficult to live through the unknown right now, I want to assure you that we will continue to keep everyone informed every step of the way. Burcham Hills has submitted an application to the City of East Lansing for the proposed building construction. This is the first step of approval that we need to continue planning.

At this point, we do not have specifics as to what the new apartments will look like. We should be getting "conceptual" designs soon and will keep you informed as the information is available and in a timely fashion.

There are still many steps that we will need to go through before a final date and final drawings will become available. The goal for the start of the project is the beginning of 2028.

As we breeze into November and the leaves continue to fall, there is an appreciation that comes with all the beauty and colors. The holiday season is near and the festivities will begin! With Thanksgiving around the corner, may we be reminded to show gratitude every day.

"When we focus on our gratitude, the tide of disappointment goes out, and the tide of love rushes in."

~ Kristin Armstrong

Election Day is Tuesday, November 3



As a reminder, Burcham Hills is a voting precinct (#7) for the City of East Lansing. Voting will be held on **Tuesday, November 3,** in the Ada Whitehouse Room. Polls are open from **7:00 am—8:00 pm.**

Burcham Hills Leadership Team

Lisa Cummins
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Lesa Smith, MPA, CFRE
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Fitness Classes

Join any of our fitness classes to see which ones is best for you! Please note that some classes have a charge for specialty instructors. Amenity credits may be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Cost
M/W	10:15 am	AWR	Fall Prevention*	Free
M/W	11:15 am	AWR	Advanced Fit & Functional*	Free
T/Th	10:00 am	Pebble 1	Yoga	$17
T/Th	11:15 am	AWR	Fit & Functional	Free
Fri	10:15 am	AWR	Combo Class*	Free
Sat	11:30 am	Pebble 1	Restorative Yoga	$17

Special Notices

Classes the Week of Nov. 2-6 will be held in WRAS

Due to floor renovations on the 1st floor beginning Nov. 2 and the Elections in the AWR on Nov. 3.

Please check the digital signage for the most up-to-date class information.



Tuesday, November 3
(1st Tuesday of the month)
9:30 am / Bistro

Join Matt Pray, Director of Food & Beverage, to discuss dining services.



Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company! *Dinner will begin at 5:00 pm on Thursdays.*

Cornerstone Bistro

Matt Pray
Director of Food & Beverage
(517) 827-1025

Open Daily
12:00 ~ 6:30 pm

Daily Lunch Specials
12:00 ~ 2:00 pm

Dinner Service
4:30-5:00 pm (take out service)
5:00-6:15 pm (table service)
6:15-6:30 pm (take out service)

TMC Presents

THE WELLNESS WORKSHOP



Guest Speaker Kristie Back, OT, DOR

Join us for an informative wellness workshop led by our Director of Therapy Services! She will begin by introducing herself and sharing a little about her role before discussing the benefits of therapy, the different ways residents can access therapy services and the reasons someone might benefit from them. Whether you are looking to improve your strength, balance, mobility, independence or overall quality of life, this workshop will help you better understand how therapy can support your wellness journey and empower you to live life to the fullest.

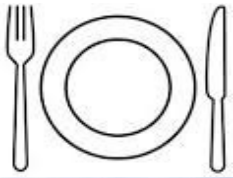


11 Nov, 2026
1:00 pm
Ada Whitehouse Room

Contact Sam Volk
(517) 827-1078
for more information

Community-Wide Outings

Lunch Bunch



Tangy Crab
Thursday, November 12
Depart: 11:30 AM
Cost: $15-$20



Please sign-up by November 10.

Community Outing

NCG Cinemas
Monday, November 16
Movie: TBD
Depart: TBD
Cost:

Please sign-up by November 12.



Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 72-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

NOTE: Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

Do you have ideas on where we should go for Community-Wide outings?

Nick Hitsman
Resident Life Manager
(517) 220-2215

StoneBriar Outings

SanSu Sushi
Friday, Nov 13
Depart: 11:30 am
Cost: $15-25
Please sign-up by Nov 10.

The Lansing Symphony Orchestra
Sunday, Nov 15
Depart: 2:30 pm
Sign-Ups Closed.

Silver Bells in the City
Friday, Nov 20
Depart: 1:00 pm
Please sign-up by Nov. 17





JOIN US FOR A

Thanksgiving MEAL

THURSDAY, NOVEMBER 26

Dining Services is excited to offer a Thanksgiving meal throughout the Burcham Hills Community. In order to accommodate as many residents, families and loved ones as possible, we ask that reservations be kept to a total of six or less in your party. Special requests will be noted and followed up by the Director of Food & Beverage. Your dining room seating location will be determined by the area of the community in which you reside.
Thank you for your continued understanding and support.

Scenic View Dining Room - Summit & StoneBriar only
- Two Meal Services
- 11:00 am & 12:45 pm

Ada Whitehouse Room -StoneBriar & Clusters only
- Noon

CHR 1st, 2nd & 3rd floors Dining Room - CHR only
- Normal Meal Service

Memory Care - 3rd floor Dining Rooms &
Summit - 4th floor Dining Room
- Normal Meal Service

Please RSVP your intentions to the Receptionist at (517) 351-8377, ext. 0, and provide your preferred meal service, # of guests in your party or your regrets. We ask that all residents RSVP.

RSVPs required by Friday, November 20.

The Thanksgiving Guest Meal Charge is $28.75 per person.

StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information firsthand of what is happening in your community.

Next Meeting: November 12 / 2:15 pm / AWR

Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please inform Art Feinberg or Jim White.

Mondays @ 2:30 pm / Slate Room





Book Club

November 16 / 1:30 pm / WRAS

This group is hosted by Clusters Residents. We will be discussing My Friends by Fredrick Backman. Any and all are welcome. Please contact Nancy Martling if you have questions or need a book.

The Book Club meets every other month.

Great Courses Dinner Night

Every Saturday
5:15 pm / Slate Room

Hosted by Keith McConnell

Each Saturday night will feature a different video from professors selected by The Great Courses. Bring your dinner into the Slate Room and join this program to learn and discuss with your friends and neighbors!

November 2026

StoneBriar

StoneBriar at Burcham Hills

SUN	MON	TUE	WED	THUR	FRI	SAT
1 Daylight Savings Time Ends 10:00 TV Mass (AWR) 10:30 Live Stream The Peoples Church (Slate Room) 2:00 Drop-In Ping Pong (5th Floor StoneBriar) **2:00 Mug & Jug Sing-a-long (AWR)** 3:30 Vespers (AWR) 6:30 Euchre Night (WRAS)	**2** 10:15 Fall Prevention (AWR) 11:15 Advanced Fit and Functional (AWR) 1:30 Bridge (5TS) 2:30 Ted Talks (Slate Room) **3:30 Burcham Mixer (Bistro)**	**3** **9:30 Coffee Chat with Matt (Bistro)** 10:00 Open Bible Study (Slate Room) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (WRAS) 1:00 Stitch One Chat Too (WRAS) 1:30 Lets Go Take a Hike (Quartz Study) 3:30 American Experience: A Historical Insight (Slate Room)	**4** 9:00 Gardening Club (WRAS/outside) 10:15 Fall Prevention (AWR) 11:00 Reference a Librarian (2TS Lobby) 11:15 Advanced Fit and Functional (AWR) **2:00 Double Play Flute and Tuba (AWR)** **5:30 Mid-Michigan Stroke Support Group (PDR)** 6:30 Drop-In Ping Pong (5th Floor StoneBriar) 7:00 Evening Movie (AWR)	**5** 10:00 Rosary and Communion (AWR) 10:00 Yoga (Pebble 1) **11:00 Bravo Zulu Cafe: Veteran's Support Group (Slate Room)** 11:15 Fit and Functional (AWR) 1:30 Bridge (5TS) 3:30 Student Science (Slate Room) 4:00 Happy Hour (Bistro) 6:30 Game Night (WRAS)	**6** MSU Spirit Day 10:15 Combo Class (Fall Prevention / Fit & Functional) (AWR) 1:00 Bridge (Slate Room) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) **3:00 Wine and Cheese (2TS Lobby)** 4:00 Tech Time (2TS) **7:00 MSU School of Music (AWR)**	**7** 10:00 Drop-In Ping Pong (5th Floor StoneBriar) 11:30 Restorative Yoga (Pebble 1) **12:00 MSU vs. UM Football Tailgate (AWR)** 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) 5:15 Great Courses Dinner Night (Slate Room)
8 10:00 TV Mass (AWR) 10:30 Live Stream The Peoples Church (Slate Room) **2:00 Community Art and Craft (AWR)** 2:00 Drop-In Ping Pong (5th Floor StoneBriar) 3:30 Vespers (AWR) **6:00 Okemos String Ensemble (AWR)** 6:30 Euchre Night (WRAS)	**9** 10:15 Fall Prevention (AWR) 11:15 Advanced Fit and Functional (AWR) 1:30 Bridge (5TS) 2:30 Ted Talks (Slate Room) **3:30 Burcham Mixer (Bistro)** 6:30 StoneBriar Sing-Along (Quartz Study)	**10** 10:00 Open Bible Study (Slate Room) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (AWR) 1:00 Stitch One Chat Too (WRAS) 1:30 Lets Go Take a Hike (Quartz Study) **2:00 Resident Education Series (AWR)** 3:30 American Experience: A Historical Insight (Slate Room)	**11** Veterans Day 9:00 Gardening Club (WRAS/outside) 10:15 Fall Prevention (WRAS) **10:45 Veteran's Day Program (AWR)** 11:15 Advanced Fit and Functional (WRAS) **2:30 Spa Day (AWR)** 6:30 Drop-In Ping Pong (5th Floor StoneBriar) 7:00 Evening Movie (AWR)	**12** 10:00 Catholic Mass (AWR) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (AWR) **11:30 Lunch Bunch Outing (Tangy Crab)** 1:30 Bridge (5TS) **2:15 Resident Council Meeting (AWR)** 3:30 Student Science (Slate Room) **4:00 Alzheimer's Caregiver Support Group (PDR)** 4:00 Happy Hour (Bistro) 6:30 Game Night (WRAS)	**13** 1:00 Bridge (Slate Room) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) **2:00 Music with Matt Packert (AWR)** 4:00 Tech Time (2TS) **7:00 Karaoke Night (AWR)**	**14** 10:00 Drop-In Ping Pong (5th Floor StoneBriar) 11:30 Restorative Yoga (Pebble 1) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) 1:30 Movie Matinee* (AWR) 5:15 Great Courses Dinner Night (Slate Room) 7:00 Evening Movie (AWR)
15 10:00 TV Mass (AWR) 10:30 Live Stream The Peoples Church (Slate Room) 2:00 Drop-In Ping Pong (5th Floor StoneBriar) **2:00 Mug & Jug Sing-a-long (AWR)** 3:30 Vespers (AWR) 6:30 Euchre Night (WRAS)	**16** 10:15 Fall Prevention (AWR) 11:15 Advanced Fit and Functional (AWR) **12:00 StoneBriar Lunch Outing (Bread Bites)** **1:00 Community Wide Movie (NCG Cinema)** 1:30 Bridge (5TS) 2:30 Ted Talks (Slate Room) **3:30 Burcham Mixer (Bistro)**	**17** 10:00 Open Bible Study (Slate Room) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (AWR) 1:00 Stitch One Chat Too (WRAS) 1:30 Lets Go Take a Hike (Quartz Study) 3:00 Lansing Area Parkinson's Support Group* (AWR) 3:30 American Experience: A Historical Insight (Slate Room)	**18** 9:00 Gardening Club (WRAS/outside) 10:15 Fall Prevention (AWR) 11:00 Reference a Librarian (2TS Lobby) 11:15 Advanced Fit and Functional (AWR) **1:00 The Wellness Workshop (Slate Room)** 1:30 Clusters Book Club (WRAS) 6:30 Drop-In Ping Pong (5th Floor StoneBriar) **7:00 Music with Lilly (AWR)**	**19** 10:00 Rosary and Communion (AWR) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (AWR) **1:00 Wellness Workshop (AWR)** 1:30 Bridge (5TS) **2:30 Let's Talk About Birds* (Slate Room)** 3:30 Student Science (Slate Room) 4:00 Happy Hour (Bistro) 6:30 Game Night (WRAS) **7:00 Finger Family Band (AWR)**	**20** 10:15 Combo Class (Fall Prevention / Fit & Functional) (AWR) 1:00 Bridge (Slate Room) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) **1:30 Preuss Pets Animal Experience (AWR)** **3:00 Wine and Cheese (2TS Lobby)** 4:00 Tech Time (2TS) **7:00 Music with Billy McAllister (AWR)**	**21** 10:00 Drop-In Ping Pong (5th Floor StoneBriar) 11:30 Restorative Yoga (Pebble 1) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) 1:30 Movie Matinee* (AWR) 5:15 Great Courses Dinner Night (Slate Room) 7:00 Evening Movie (AWR)
22 10:00 TV Mass (AWR) 10:30 Live Stream The Peoples Church (Slate Room) **2:00 Community Art and Craft (AWR)** 2:00 Drop-In Ping Pong (5th Floor StoneBriar) 3:30 Vespers (AWR) 6:30 Euchre Night (WRAS)	**23** 10:15 Fall Prevention (AWR) 11:15 Advanced Fit and Functional (AWR) 1:30 Bridge (5TS) 2:30 Ted Talks (Slate Room) **3:30 Burcham Mixer (Bistro)** 6:30 StoneBriar Sing-Along (Quartz Study)	**24** **9:30 Death Cafe (WRAS)** 10:00 Open Bible Study (Slate Room) 10:00 Yoga (Pebble 1) 11:15 Fit and Functional (AWR) 1:00 Stitch One Chat Too (WRAS) 1:30 Lets Go Take a Hike (Quartz Study) 3:30 American Experience: A Historical Insight (Slate Room)	**25** 9:00 Gardening Club (WRAS/outside) 10:15 Fall Prevention (AWR) **11:00 Oopsy Daisy Flower Sales* (2TS Lobby)** 11:15 Advanced Fit and Functional (AWR) **2:00 Harvest Hunt (AWR)** 6:30 Drop-In Ping Pong (5th Floor StoneBriar) 7:00 Evening Movie (AWR)	**26** Thanksgiving 10:00 Yoga (Pebble 1) 1:30 Bridge (5TS) 4:00 Happy Hour (Bistro) 6:30 Game Night (WRAS)	**27** 1:00 Bridge (Slate Room) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) 4:00 Tech Time (2TS)	**28** 10:00 Drop-In Ping Pong (5th Floor StoneBriar) 11:30 Restorative Yoga (Pebble 1) 1:30 Bocce Ball & Cornhole (South West Lawn (Door 5)) 1:30 Movie Matinee* (AWR) 5:15 Great Courses Dinner Night (Slate Room) 7:00 Evening Movie (AWR)
29 10:00 TV Mass (AWR) 10:30 Live Stream The Peoples Church (Slate Room) 2:00 Drop-In Ping Pong (5th Floor StoneBriar) 3:30 Vespers (AWR) 6:30 Euchre Night (WRAS)	**30** 10:15 Fall Prevention (AWR) 11:15 Advanced Fit and Functional (AWR) **1:15 Art Appreciation with Ethel: (Slate Room)** 1:30 Bridge (5TS) 2:30 Ted Talks (Slate Room) **3:30 Burcham Mixer (Bistro)**	**LOCATION KEY** 2TS - 2nd Floor The Summit 2TS Lobby - 2nd Floor The Summit Lobby 5TS - 5th Floor The Summit AWR - Ada Whitehouse Room PDR - Private Dining Room WRAS - Wild Rose Art Studio				