Menu

week of November 1, 2026

Sun 11/01/2026	Mon 11/02/2026	Tue 11/03/2026	Wed 11/04/2026	Thu 11/05/2026	Fri 11/06/2026	Sat 11/07/2026
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Cheesy Eggs Breakfast Ham Slice Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Breakfast Croissant Sandwich Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal French Toast w/ Syrup Fresh Blueberry Topping Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Fruit Danish Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Ham & Veggie Omelet Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Breakfast Hashbrown Bake Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Choice of Cold Cereal Denver Scramble Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Strawberry Feta Tossed Salad Beef Cabbage Soup Beef Pot Roast Herb Yukon Potatoes Baby Carrots French Bread Mandarin Oranges Boston Cream Pie	Ham & Lentil Soup Russian Chicken Buttered Bowtie Pasta Buttered Peas & Carrots Wheat Roll Cantaloupe Peanut Butter Cookies	Cheesy Chicken Tortilla Soup Taco Salad Spanish Rice Fiesta Corn Salad Chilled Pears Caramel Brownie	Vegetable Quinoa Soup Baked Trout Wild Rice Pilaf Buttered Zucchini & Squash Wheat Roll Fresh Cut Pineapple Strawberry Shortcake	French Onion Soup Beef Tips w/ Gravy Herb Mashed Potatoes California Blend Vegetables Wheat Roll Chilled Peaches Coffee Cake	Cream of Asparagus Soup Shrimp Alfredo w/ Fettuccine Broccoli Garlic Breadstick Watermelon Peach Cobbler	Black-Eyed Pea Soup Herbed Pork Loin Baked Sweet Potato Green Bean Almondine Wheat Roll Fresh Grapes Cookies & Cream Mousse
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Beef Cabbage Soup Pulled Pork on Bun Baked Beans Dill Pickle Spear Broccoli Slaw Mandarin Oranges Caramel Apple Oatmeal Cookies Milk/Beverage	Ham & Lentil Soup Glazed Baked Ham Mashed Potatoes Buttered Corn Wheat Roll Cantaloupe Banana Cream Pie Milk/ Beverage	Cheesy Chicken Tortilla Soup Chicken Kiev Baked Potato Sour Cream & Chives Broccoli French Bread Chilled Pears Dutch Apple Pie Milk/Beverage	Vegetable Quinoa Soup Antipasto Salad Vegetable Lasagna Green Beans Garlic Toast Fresh Cut Pineapple Eclair Cake Milk/Beverage	French Onion Soup Macaroni & Cheese Stewed Tomatoes Wheat Roll Chilled Peaches Mandarin Orange Dessert Milk/Beverage	Cream of Asparagus Soup Lemon Herb Chicken Garlic Red Roasted Potatoes Spinach & Onions Wheat Roll Watermelon Double Choc Chip Cookies Milk/Beverage	Black-Eyed Pea Soup Rosemary Garlic Cod Lemon & Tartar Sauce Lemon Rice Pilaf aby Carrots Wheat Roll Fresh Grapes Caramel Apple Pie Bars Milk/Beverage

Menu items reflect our regular nourishing diet. A different item or modified portion may be served if a therapeutic or texture altered diet is ordered.

Maureen C Lamperis MS RDN

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Registered Dietitian
Burcham Hills

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Where Tradition Meets Tomorrow