

Menu

week of September 6, 2026

Sun 09/06/2026	Mon 09/07/2026	Tue 09/08/2026	Wed 09/09/2026	Thu 09/10/2026	Fri 09/11/2026	Sat 09/12/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Choice of Hot or Cold Cereal Cinnamon Bun Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Sausage Breakfast Potatoes Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Pancakes Syrup Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Breakfast Croissant Sandwich Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Ham & Cheese Omelet Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Sausage Gravy Biscuit Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Breakfast Corned Beef Hash Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Michigan Cherry Salad Shrimp Scampi Buttered Linguini Broccolini Cheddar Biscuit ***** Beef Pot Roast Boiled Potatoes Baby Carrots Lemon Meringue Pie	Mixed Green Salad Michigan Corn Chowder Smoked Beef Brisket Herb Roasted Potatoes Corn on the Cob ***** BBQ Chicken Thigh Baked Beans Coleslaw Apple Pie	Cream of Asparagus Soup Swiss Steak Mashed Potatoes Buttered Peas & Carrots ***** Parmesan Crusted Tilapia Brown Rice Cape Cod Vegetable Blend Mocha Brownie	Mixed Green Salad Chicken & Rice Soup Sweet & Sour Pork Fried Rice Sugar Snap Peas Egg Roll ***** Roast Turkey with Gravy Herb Stuffing Green Beans Gingersnaps	Italian Wedding Soup Breaded Pork Chop Baked Potato Broccoli & Cauliflower French Bread ***** Quiche Lorraine Marinated Tomato Salad Carrot Cake w/ Cream Cheese Frosting	Mixed Green Salad Black-Eyed Pea Soup Southern Fried Catfish Lemon & Tartar Sauce Southern Coleslaw Fried Okra Hush Puppies ***** Beef & Noodles Roasted Butternut Squash Pecan Pie	Cabbage, Sausage & Potato Soup Herb Roasted Chicken Oven Roasted Potato Medley Baked Roll ***** Rosemary Garlic Cod Cheesy Cauliflower Glazed Applesauce Cake
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Potato Soup Swedish Meatballs Buttered Egg Noodles Succotash Baked Roll ***** Turkey Club on Croissant Carrot & Raisin Salad Breaded Zucchini Tropical Fruit Cherry Tart Milk/Beverage	Michigan Corn Chowder Potato Crunch Pollock Seasoned Rice Brussel Sprouts w/ Cheese Sauce ***** Stuffed Cabbage Roll Wax Beans w/ Pimento Watermelon Pumpkin Mousse Milk/Beverage	Cream of Asparagus Soup Chili Cheese Dog Fried Mushrooms Carrot & Celery Sticks ***** Chicken Alfredo Over Penne Broccoli Garlic Breadstick Chilled Pears Lemon Layer Dessert Milk/Beverage	Chicken & Rice Soup Chicken Cordon Bleu Casserole Buttered Carrots ***** Hot Roast Beef & Cheddar on Bun Horseradish Sauce Coleslaw Tater Tots Dill Pickle Spear Fresh Cut Pineapple Strawberry Poke Cake Milk/Beverage	Italian Wedding Soup Cheese Stuffed Shells w/ Marinara Italian Cut Green Beans Garlic Toast ***** Chicken Salad on Croissant Potato Chips Sweet Pickles Chilled Peaches Sweet & Salty Cookie Milk/Beverage	Black-Eyed Pea Soup Tuscan Beef Steamed White Rice Roasted Squash & Zucchini Baked Roll ***** Baked Potato Bar w/choice Cheddar Cheese Bacon Sour Cream & Chives Broccoli Fresh Apple Slices Chocolate Cake Milk/Beverage	Cabbage, Sausage & Potato Soup Tortellini Alfredo Italian Blend Vegetables Garlic Breadstick ***** Open Faced Pork Tenderloin Sandwich Mashed Potatoes & Gravy Buttered Peas Apricots Raisin Rice Pudding Milk/Beverage

Menu items reflect our regular nourishing diet. A different item or modified portion may be served if a therapeutic or texture altered diet is ordered.

Maureen C Lamperis MS RDN
Maureen C Lamperis, MS RDN
Registered Dietitian
Burcham Hills

