

Menu

week of September 27, 2026

Sun 09/27/2026	Mon 09/28/2026	Tue 09/29/2026	Wed 09/30/2026	Thu 10/01/2026	Fri 10/02/2026	Sat 10/03/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Oatmeal or Cream of Wheat Cinnamon Bun Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Sausage Links Breakfast Potatoes Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Pancakes w/ Syrup Fresh Strawberries Topping Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Breakfast Frittata Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Ham & Cheese Omelet Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Sausage Gravy Biscuit Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Oatmeal or Cream of Wheat Breakfast Corned Beef Hash Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Michigan Cherry Salad Lemon Chicken Orzo Soup Shrimp Scampi Linguine Noodles Broccolini Crusty Baguette w/ Butter Tropical Fruit Lemon Meringue Pie	Michigan Corn Chowder Roasted Pork Loin Dijonnaise Herb Roasted Potatoes Collard Greens Fresh Apple Slices Apple Pie	Chicken & Rice Soup Swiss Steak Mashed Potatoes Buttered Peas & Carrots Wheat Roll Chilled Pears Mocha Brownie	Cabbage, Sausage & Potato Soup Roast Turkey w/ Gravy Cranberry Sauce Herb Stuffing Green Bean Casserole Fresh Cut Pineapple Pumpkin Mousse	Italian Wedding Soup Quiche Lorraine Fresh Fruit Salad Roasted Asparagus French Bread Chilled Peaches Sweet And Salty Cookie	Black-Eyed Pea Soup Southern Fried Catfish Lemon & Tartar Sauce Southern Coleslaw Fried Okra Hush Puppies Watermelon Pecan Pie	Chicken w/ Farro & Vegetable Soup Herb Roasted Chicken Roasted Potato Medley Cheesy Cauliflower Wheat Roll Apricots Glazed Applesauce Cake
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Chicken Orzo Soup Swedish Meatballs Buttered Egg Noodles Corn Wheat Roll Tropical Fruit Cherry Tart Milk/Beverage	Michigan Corn Chowder Chicken Cordon Bleu Herb Mashed Potatoes Broccoli & Cauliflower French Bread Fresh Apple Slices Gingersnaps Milk/Beverage	Chicken & Rice Soup Baked Dill Salmon Lemon & Tartar Sauce Wild Rice Pilaf Broccoli Wheat Roll Chilled Pears Lemon Layer Dessert Milk/Beverage	Cabbage, Sausage & Potato Soup Hot Roast Beef & Cheddar on Bun Horseradish Sauce Battered French Fries Coleslaw Dill Pickle Spear Fresh Cut Pineapple Dbl Chocolate Chip Cookies Milk/Beverage	Italian Wedding Soup Chicken Scallopini Rice & Orzo Pilaf Italian Blend Vegetables Garlic Toast Chilled Peaches Carrot Cake w/Cream Cheese Frosting Milk/Beverage	Black-Eyed Pea Soup Beef Stroganoff Buttered Egg Noodles Roasted Squash & Zucchini Wheat Roll Watermelon Chocolate Cake Milk/Beverage	Chicken w/ Farro & Vegetable Soup Spaghetti w/ Meat Sauce Italian Cut Green Beans Garlic Breadstick Apricots Raisin Rice Pudding Milk/ Beverage

Menu items reflect our regular nourishing diet. A different item or modified portion may be served if a therapeutic or texture altered diet is ordered.

Maureen C Lamperis MS RDN

Maureen C Lamperis, MS RDN
Registered Dietitian
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