

The StoneBriar Flyer

September 2026

Volume 5; Issue 9



Kona Ice stopped by
Burcham for a special treat!



Who to Contact

Concierge Services

(517) 351-0087

Liz Davison

Concierge Services

7 days per week

9:30 am - 6:00 pm

Security

(517) 977-4581

Life Enrichment

Matt Behermeyer

Resident Life Manager

(517) 827-1068

Administration

Nancy Hanford

Director of Admin Services

(517) 827-1043

Health & Wellness Navigator

Samantha Volk

(517) 827-1078

Birthdays
of the Month

SEPTEMBER

September Birthdays

8 Jan O'Berski

11 Larry Roche

28 Pat Foreman



StoneBriar
at Burcham Hills®



From the Desk of the Executive Director . . .

by Lisa Cummins

With Labor Day upon us, let us honor the invaluable contributions of all workers and the history of the labor movement. Labor Day is a time to celebrate the dedication, skill and perseverance of workers across all industries which provided the hands to build our country, to the current labor force that continues to grow in all industries. On Labor Day, may we honor the hands that build, the minds that innovate and the hearts that serve. When we labor together, we build not just structures, but futures. Have a happy Labor Day and Remember how we have all contributed!

Have a happy Labor Day and remember how we have all contributed!

Burcham Hills Leadership Team

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Executive Director

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Lesia Smith, MPA, CFRE
Foundation Director
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Aging is **LIVING WELL!**

UNDERSTAND. EMPOWER. THRIVE.

Join us for an engaging and practical seminar designed to help you age with knowledge, confidence and purpose.

IN THIS SEMINAR, YOU'LL DISCOVER:

- 1  **THE AGING PROCESS: WHAT'S NORMAL?**
Understand the natural physiological changes that occur with aging—brain, muscles, bones, balance, senses and more.
- 2  **MYTHS VS. FACTS**
Separate fact from fiction! Learn the common myths about aging and what science really says.
- 3  **BOOST YOUR QUALITY OF LIFE**
Practical, everyday strategies to stay active, independent, and engaged—physically, mentally and socially.
- 4  **HOW THERAPY MAKES A DIFFERENCE**
Discover how Physical, Occupational and Speech Therapy support your function, safety, communication and independence.
- 5  **FITNESS FOR LIFE**
Learn how the right exercise program improves strength, balance, flexibility, energy, mood and longevity.



JOIN US!

DATE: September 9

TIME: 3:00 pm

LOCATION: AWR

WHO SHOULD ATTEND:
All Seniors &
Care Partners

**THERAPY. MOVEMENT.
CONNECTION. CONFIDENCE.**

**We're here to help you
live your best life!**

PHYSICAL THERAPY OCCUPATIONAL THERAPY SPEECH THERAPY FITNESS PROGRAM

*Aging is a journey—let's
walk it together with
strength, knowledge and
compassion.*



EDUCATE TODAY. EMPOWER TOMORROW. ENJOY EVERY MOMENT.

We look forward to seeing you there!

Fitness Classes

Join any of our fitness classes to see which ones works best for you! Please note that some classes have a charge for specialty instructors. Amenity credits can be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Cost
M/W	10:15 am	AWR	Fall Prevention*	Free
M/W	11:15 am	AWR	Advanced Fit & Functional*	Free
T/Th	10:00 am	Pebble 1	Yoga	\$17
T/Th	11:15 am	AWR	Fit & Functional	Free
Fri	10:15 am	AWR	Combo Class*	Free
Sat	11:30 am	Pebble 1	Restorative Yoga	\$17

Fitness Updates

September 7 — Fitness Department closed due to Labor Day

September 25 — Combo Class is canceled

Please check the digital signage for the most up-to-date class information.

September is Senior Assessment month. Schedule your SFA during the month of September.

**COFFEE
CHAT**



Tuesday, September 1

(1st Tuesday of the month)

9:30 am / Bistro

Join Matt Pray, Director of Food & Beverage, to discuss dining services.

JOIN US
FOR HAPPY HOUR



Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company! *Dinner will begin at 5:00 pm on Thursdays.*

*Cornerstone
Bistro*

Matt Pray
Director of Food & Beverage
(517) 827-1025

Open Daily
12:00 ~ 6:30 pm

Daily Lunch Specials
12:00 ~ 2:00 pm

Dinner Service
4:30-5:00 pm (take out service)
5:00-6:15 pm (table service)
6:15-6:30 pm (take out service)

BURCHAM HILLS' HOEDOWN

HOSTED BY STONEBRIAR

ADA WHITEHOUSE ROOM

FRIDAY, SEPTEMBER 25, 2:00-3:00 PM

JOIN US FOR
GAMES 🤠 LINE DANCING 🤠 DELICIOUS SNACKS

CONGRATULATIONS TO PAT WHITE OF
STONEBRIAR!

WINNER OF OUR SAND CASTLE CONTEST



Community-Wide Outings

Lunch Bunch

Olgas Kitchen

Tuesday, September 8

Depart: 11:30 AM

Cost: \$15-\$20



Please sign-up by September 4.

Community Outing

University Reformed Church

Jazz Concert

Friday, September 25

Depart: 6:15pm

Return: 8:30 PM

Cost: Free



Please sign-up by September 22.

Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 72-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

NOTE: Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.



**Do you have ideas on where
we should go for
Community-Wide outings?**

Matt Bebermeyer
Resident Life Manager
(517) 220-2215

StoneBriar Events/Outings

Outings

Fiesta Charra

Monday, September 21

Depart: 12:30 pm

Cost: \$15-20

Please sign-up by September 17.



Funtime Adventure Park

Tuesday, September 29

Depart: 12:30 pm

Cost: \$10

Please sign-up by September 25.



Little Hawk Putting Course

Wednesday, September 23

Depart: 1:30 pm

Cost: \$10

Please sign-up by September 20.



Resident Portal User New Format Login

Due to some changes in our Full Count system, there is a new format to login to the Resident Portal:

Username: LastnameFirstname.BH (i.e., SmithDavid.BH)

Password: LastnameApt (i.e., Smith1001)

Visit: portal.fullcount.net/authorization/customers/customer-login



Tuesday, September 22
(4th Tuesday of each month)

9:30 - 11:00 am

Wild Rose Art Studio (StoneBriar)

Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.



**Death can be scary,
sad and strange.
But it can also be
empowering and
motivational.
So let's talk
about it!**



SEAHAWK SHUTTLE CAMPAIGN

Join us with your support of the Burcham Hills Foundation's Seahawk Shuttle Campaign to purchase this beautiful new bus for the Burcham Hills Community. Create a legacy with your gift through one of the naming opportunities listed below.

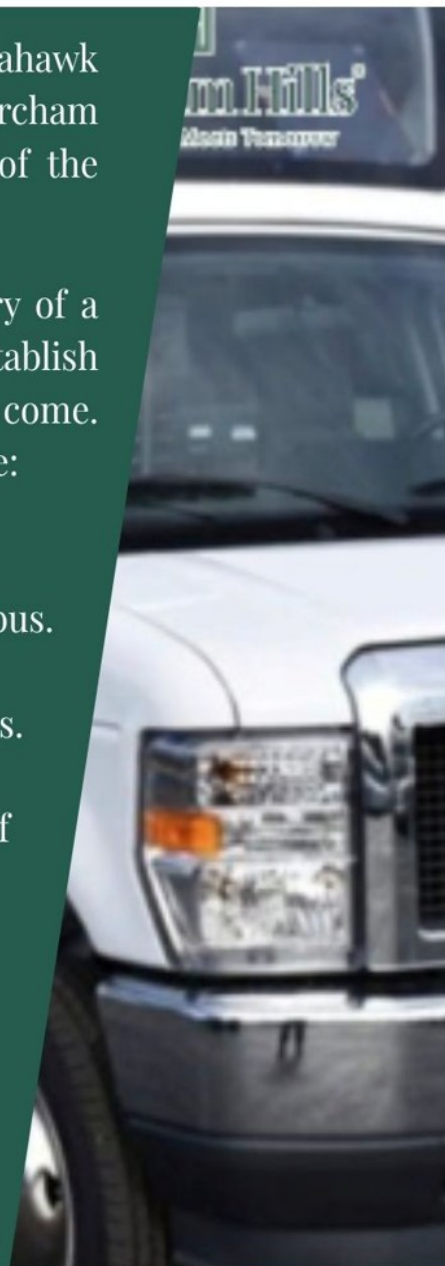
Give a gift in your name, company name or in honor or memory of a loved one, friend, caregiver or colleague. This generosity will establish your giving legacy at Burcham Hills and be recognized for years to come. Some examples of naming acknowledgement opportunities include:

Seahawk Shuttle Bus Wrap Recognition Gift Levels

- \$25,000 – Name/company logo displayed on three sides of the bus.
One Exclusive Donor
- \$15,000 – Name/company logo displayed on back side of the bus.
Four Donors Maximum
- \$10,000 – Name/company logo will be displayed on two sides of the bus. Four Donors Maximum

Named Room Recognition Within Burcham Hills Gift Levels

- \$10,000 – Courtyard
- \$10,000 – Gym
- \$5,000 – Library, Beauty Salon, Art Studio, Slate Room, Pebbles Studio



Naming opportunities may be secured through outright gifts, multi-year pledges and documented planned gifts. To discuss your personalized naming opportunity, please contact Lesa Smith, director of the Burcham Hills Foundation, at (517) 827-2924 or lsmith@burchamhills.com.

Candy donations needed!

Donate individually wrapped candy to be passed out during our

**Halloween Extravaganza
on Saturday, October 17**

All donations needed by Wednesday, October 1.

**Candy can be dropped off at any
of these locations:**

2TS Lobby

**Reception
1CHR**

**StoneBriar
Concierge**



Book Club

September 21 / 1:30 pm / WRAS

This group is hosted by Clusters Residents. We will be discussing The Dutch House, by Ann Patchett. Any and all are welcome. Please contact Nancy Martling if you have questions or need a book. **The Book Club meets every other month and all are welcome to join!**

StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

September Meeting Cancelled.

Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please inform Art Feinberg or Jim White.

Mondays @ 2:30 pm / Slate Room

Great Courses Dinner Night

Every Saturday

5:15 pm / Slate Room

Hosted by: Keith McConnell

Each Saturday night will feature a different video from professors selected by the Great Courses. Bring your dinner into the Slate Room and join this new program to learn and discuss with your friends and neighbors!



ONE CONVERSATION.
A Lifetime of Comfort.
 Your Life. Your Legacy.

As one season gives way to the next, it's a natural time to think about what matters most... and the peace of mind that comes from having a plan.

Together, we'll talk through the choices involved in making final arrangements, answer common questions, and show how one conversation today can make things easier for those you love tomorrow.

SEPTEMBER 10, 2026 | 3:00 PM

Burcham Hills - AWR

2700 Burcham Drive, East Lansing, MI 48823

Call or email to sign up:

517-375-3746 or mandy.tefft@dignitymemorial.com



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MEMORIAL

Burcham Hills®
 Where Tradition Meets Tomorrow



THE POWER OF MUSIC

MORE THAN SOUND

Saturday, September 12
1:30-4:30 pm
Burcham Hills - 1st Floor

A multi-genre, multi-sensory music festival featuring two stages of live performances, vibroacoustic experiences and curated food-and-music pairings at the Cornerstone Bistro.
Explore, discover and experience the power of music beyond sound.

1:30 - 2:30 pm / Quartz Stage



College of Music
 MICHIGAN STATE UNIVERSITY

2:30 - 3:15 pm / Wild Rose Music Lab

- Instrument Petting Zoo

2:30 - 3:15 pm / Slate Room

- Vibroacoustic Therapy
- Music Therapy

3:15 - 4:30 pm / Ada Whitehouse Stage

- Don Middlebrook
- Gregory Smith
- Elliot Milakaff
- El Capitain