

Menu

week of August 9, 2026

Sun 08/09/2026	Mon 08/10/2026	Tue 08/11/2026	Wed 08/12/2026	Thu 08/13/2026	Fri 08/14/2026	Sat 08/15/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Choice of Hot or Cold Cereal Cheesy Eggs Breakfast Ham Slice Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Egg & Sausage on Croissant Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal French Toast Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Assorted Donuts Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Ham & Veggie Omelet Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Eggs Benedict Casserole Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Denver Scramble Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Blueberry Walnut Salad Baked Trout Baked Sweet Potato Broccoli ***** Chicken Cordon Bleu Garden Blend Rice Green Bean Almondine Cheese Herb Biscuit Cheesecake w/Topping	Mixed Green Salad Minestrone Soup Almond Chicken Basmati Rice Buttered Corn ***** Teriyaki Glazed Pork Tenderloin Peas & Pearl Onions Baked Roll Oatmeal Cookies	French Onion Soup Open Faced Turkey Sandwich w/ Gravy Mashed Potatoes California Blend Vegetables ***** Baked Cod w/ Dill & Lemon Steamed Carrots Baked Roll Oreo Cookie Dessert	Mixed Green Salad Spinach Tortellini Soup Bake Cheese Lasagna Roll Up w/ Tomato Relish Italian Cut Green Beans Garlic Toast ***** Chicken Stir Fry Steamed White Rice Spring Roll Fortune Cookie Caramel Apple Pie Bars	Cream of Broccoli Soup BBQ Glazed Meatloaf Mashed Potatoes Dill Buttered Carrots Baked Roll ***** Grilled Chicken Breast Sandwich Marinated Cucumber & Onions Sun Chips Blonde Brownie	Mixed Green Salad Chicken & Sausage Gumbo Fried Shrimp Cocktail Sauce Southern Coleslaw Sweet Potato Fries ***** Manicotti with Marinara Sauce bh Broccoli bh Garlic Breadstick bh Cherry Cobbler bh	Tomato Basil Soup Grilled Cheese Sandwich Buttered Peas ***** Crab Salad on Bed of Lettuce Tomato Wedges Hawaiian Roll Creamy Orange Cake
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Vegetable Soup Bell Pepper Beef Steak Fried Rice ***** Orange Chicken Oriental Vegetables Vegetable Egg Roll Fortune Cookie Tropical Fruit Chocolate Pudding Parfait Milk/Beverage	Minestrone Soup Beef Stew Biscuit ***** Baked Spaghetti Vegetable Medley Garlic Toast Fresh Apple Slices Coconut Cream Pie Milk/Beverage	French Onion Soup Salisbury Steak w/Gravy Mashed Potatoes Mixed Vegetables Baked Roll ***** Grilled Sausage w/ Peppers & Onions Bacon Ranch Pasta Salad Apricots Pound Cake w/Fruit Topping Milk/Beverage	Spinach Tortellini Soup Fried Chicken Mashed Potatoes Buttered Corn ***** Parmesan Crusted Tilapia Buttered Peas & Carrots Cantaloupe Banana Pudding Milk/Beverage	Cream of Broccoli Soup Beef Soft Tacos Spanish Rice Chips & Salsa ***** Glazed Baked Ham Herb Mashed Potatoes Steamed Brussel Sprouts Baked Roll Mandarin Oranges Double Choc Chip Cookies Milk/Beverage	Chicken & Sausage Gumbo Beef Goulash Roasted Root Vegetables Baked Roll ***** Tuna Salad on Croissant Potato Chips Carrot & Celery Sticks Honeydew Melon German Chocolate Cake Milk/Beverage	Tomato Basil Soup Breaded Chicken Tenders Battered French Fries ***** Sloppy Joes on Bun Pickled Beets Corn Medley Watermelon Peanut Butter Cookies Milk/Beverage

Menu items reflect our regular nourishing diet. A different item or modified portion may be served if a therapeutic or texture altered diet is ordered.

Maureen C Lamperis MS RDN

Maureen C Lamperis, MS RDN
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