

Menu

week of April 19, 2026

Sun 04/19/2026	Mon 04/20/2026)	Tue 04/21/2026	Wed 04/22/2026	Thu 04/23/2026	Fri 04/24/2026	Sat 04/25/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Eggs Choice of Hot or Cold Cereal Cinnamon Bun Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Sausage Breakfast Potatoes Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Pancakes Syrup Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Canadian Bacon, Egg & Cheese Breakfast Sandwich Choice of Hot or Cold Cereal Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Garden Omelet Bacon Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Sausage Gravy Biscuit Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage	Choice of Eggs Choice of Hot or Cold Cereal Breakfast Corned Beef Hash Choice of Toast Fruit of the Day Assorted Juice Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Poppy Seed Spinach Salad w/Mandarin/Almonds Baked Dill Salmon Baked Sweet Potato Buttered Asparagus ***** Chicken Marsala Green Beans w/ Red Pepper Baked Roll Boston Cream Pie	Mixed Green Salad Minestrone Soup Ham & Scalloped Potatoes Buttered Corn ***** Russian Chicken Buttered Bowtie Pasta Mixed Vegetables Baked Roll Lemon Tart	Ramen Noodle Soup Sweet & Sour Chicken Fried Rice Spring Roll Asian Slaw Fortune Cookie ***** Cherry Bourbon Pork Loin Garlic Red Roasted Potatoes Parisian Carrots Angel Peach Dessert	Mixed Green Salad Ham Navy Bean Soup Beef Burgundy Buttered Egg Noodles Roasted Baby Carrots & Onions ***** Citrus Grilled Tilapia Garden Blend Rice Collard Greens Cream Puffs	Cheesy Chicken Tortilla Soup Taco Salad Spanish Rice Fiesta Corn Salad ***** Ranch Style Chicken Breast Buttered Peas Tres Leches Cake	Mixed Green Salad New England Clam Chowder Beer Battered Cod Battered French Fries Coleslaw ***** Jambalaya Stewed Tomatoes Cornbread Strawberry Rhubarb Pie	Hearty Vegetable Beef Soup Pork Tenderloin w/ Peppercorn Melange Cream Sauce Herb Roasted Potatoes Meadow Blend Vegetables ***** Chicken Scampi w/Tomatoes Baked Roll Italian Cut Green Beans Lemon Bar
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Turkey Noodle Soup Herb Roasted Chicken Thigh Ranch Roasted Potatoes Buttered Peas & Carrots ***** Philly Cheesesteak Pickled Beets Fresh Cut Pineapple Red Velvet Cake Milk/Beverage	Minestrone Soup Stuffed Green Pepper California Blend Vegetables Baked Roll ***** Fish & Cheese Sandwich w/Tartar Sauce Coleslaw Sweet Potato Puffs Fruit Cocktail Macadamia Nut Cookies Milk/Beverage	Ramen Noodle Soup Bratwurst on Bun Sauerkraut German Potato Salad Carrot & Celery Sticks ***** Tuna Noodle Casserole Broccoli Florets Baked Roll Watermelon Peanut Butter Brownie Milk/Beverage	Ham Navy Bean Soup Turkey Ala King over Biscuit Capri Vegetable Blend ***** Olive Burger Potato Chips Marinated Cucumber & Onions Chilled Pears Black Forest Cake Milk/Beverage	Cheesy Chicken Tortilla Soup Beef Lasagna Italian Blend Vegetables Garlic Breadstick ***** Pulled Pork on Bun Dill Pickle Spear Brown Sugar Baked Beans Broccoli Slaw Honeydew Melon Tiramisu Pudding Cup Milk/Beverage	New England Clam Chowder Fried Chicken Mashed Potatoes Corn Casserole Honey Butter Biscuit ***** Crab Meat Salad on Croissant Fried Green Tomatoes Carrot & Celery Sticks Chilled Peaches Snickerdoodle Cookies Milk/Beverage	Hearty Vegetable Beef Soup Country Fried Steak Homemade Mashed Potatoes Country Gravy Carrot Coins ***** Lemon Pepper Chicken Thigh Peas & Pearl Onions Baked Roll Fresh Grapes Cherry Pie Milk/Beverage

Maureen C Lamperis MS RDN
Maureen C Lamperis, MS RDN
Registered Dietitian
Burcham Hills

