

The StoneBriar

Flyer

May 2026



Volume 5; Issue 5



Burcham Planting Day
Tuesday, May 19
10:00 am – 3:00 pm

Looking for a gardening project?
Join our Master Gardeners as they spruce up
the grounds and prepare our beautiful
courtyard for this season's blooms!

Contact the Recreation Team at (517) 827-1068
for more information or Alanna Harvey
at AHarvey@Burchamhills.com

Who to Contact

Concierge Services

(517) 351-0087

Ella Fisher

Concierge Services

7 days per week

9:30 am - 6:00 pm

Security

(517) 977-4581

Life Enrichment

Matt Bebermeyer

Resident Life Manager

(517) 827-1068

Administration

Nancy Hanford

Director of Admin Services

(517) 827-1043



May Birthdays

2	Jane Marin
6	Henry Kopek
8	Ruth Cumbow
13	Nancy Pollack
23	Ruth Johnson
24	Pat White



StoneBriar
at Burcham Hills®



From the Desk of the Executive Director . . .

by Lisa Cummins

Happy May!

May is such a special month where we honor our mothers. Take a moment to reflect on something you learned from your mother. My Mother taught me the value of knowing people's names and learning who they are. This is the start of building strong relationships. I have always treasured that gift she gave to me.

Also in May, we honor American service members who lost their lives in the line of duty. This year, Memorial Day is May 25.

Burcham Hills Leadership Team

Lisa Cummins
Executive Director

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CHR Administrator

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Resident Center Director

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Colt Ebarra

Director of Building & Grounds

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Lesia Smith, MPA, CFRE

Foundation Director

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lsmith@burchamhills.com

We salute you today.

Hear what we say.

Let our words speak eloquently

In this special way.

On this day,

Let us express our love and thanks

For the sacrifice you paid.

You served in honor

For many years and days,

And we will never forget

How you were strong and brave.

~ Susan R. Smith



Fitness Classes

Join any of our fitness classes to see which ones works best for you! Please note that some classes have a charge for specialty instructors. Amenity credits can be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Cost
M/W	10:15 am	AWR	Fall Prevention*	Free
M/W	11:15 am	AWR	Advanced Fit & Functional*	Free
T/Th	10:00 am	Pebble 1	Yoga	\$16
T/Th	11:15 am	AWR	Fit & Functional	Free
Fri	10:15 am	AWR	Combo Class*	Free
Sat	11:30 am	Pebble 1	Restorative Yoga	\$16

Fitness Updates

May 5, 13 & 20 — All fitness classes moved to the WRAS.

May 21 — All fitness classes cancelled for the Memorial Day Garden Party.

May 25 — All fitness classes cancelled for Memorial Day.

Please check digital signage for the most up-to-date information.

**COFFEE
CHAT**



with Matt

Tuesday, May 5

(1st Tuesday of the month)

9:30 am / Bistro

Join Matt Pray, Director of Food & Beverage, to discuss dining services.

**JOIN US
FOR HAPPY HOUR**



Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company! *Dinner will begin at 5:00 pm on Thursdays.*

*Cornerstone
Bistro*

Matt Pray
Director of Food & Beverage
(517) 827-1025

Open Daily

12:00 ~ 6:30 pm

Daily Lunch Specials

12:00 ~ 2:00 pm

Dinner Service

4:30-5:00 pm (take out service)

5:00-6:15 pm (table service)

6:15-6:30 pm (take out service)



PLEASE JOIN US FOR

Mother's Day Brunch

Sunday, May 10

Dining Services is excited to offer a Mother's Day Brunch throughout the Burcham Hills Community. In order to accommodate as many residents, families and loved ones as possible, we ask that reservations be kept to a total of six or less in your party. Special requests will be noted and followed up by the Director of Food & Beverage. Your dining room seating location will be determined by the area of the community in which you reside.

Thank you for your continued understanding and support.

The Summit - Scenic View Dining Room

- Two Meal Services
- 11:00 am & 12:30 pm

Memory Care - 3rd floor Dining Room & The Summit - 4th floor Dining Room & CHR

- Normal Meal Service

StoneBriar - Ada Whitehouse Room

- One Meal Service
- Noon



Guest Meal Charge is \$26.25 per person.

Please RSVP your intentions to the RC Receptionist at (517) 351-8377, ext. 0, and provide your preferred meal service, # of guests in your party or your regrets.

All residents must RSVP.

Mother's Day Menu will feature . . .
**Fresh Blueberry Spinach Salad, Seafood Stuffed Flounder,
 Chicken Scallopini & Assorted Cheesecakes
 among other selections.**



Community-Wide Outings

Community Outing:

Lansing Lugnuts

Wednesday, May 27

Depart: 10:00 am

Game Time: 11:05 am

Return approx.: 2:30 pm

Cost: \$23



Please sign-up by May 20

Please note there are only 15 tickets available for this outing.

Lunch Bunch:

Soup Spoon

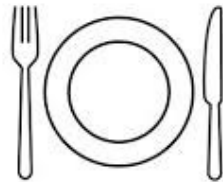
Wednesday, May 13

Depart: 11:30 pm

Reservation for: 12:00 pm

Return approx.: 2:30 pm

Cost: \$15-\$20



Please sign-up by May 10

Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 72-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

NOTE: Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

Do you have ideas on where we should go for Community-Wide outings?

Matt Bebermeyer
Resident Life Manager
 (517) 220-2215



StoneBriar Events/Outings

Lunch Outing

Altu Ethiopian Cuisine

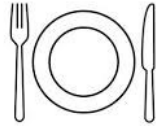
Monday, May 18

Depart: 12:00 pm

Return approx.: 2:00 pm

Cost: \$15-\$25

Please sign-up by May 15



Old Town Walk Around

Friday, May 22

Depart: 1:00 pm

Return approx.: 3:00 pm

Cost: Free

Please sign-up by May 19



Riverwalk Theatre

The Shark is Broken

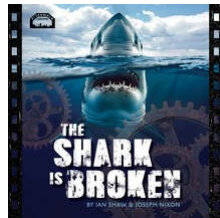
Saturday, May 16

Depart: 7:15 pm

Showtime: 8:00 pm

Cost: \$20

Please sign-up by May 3



Williamston Theatre

Bad Books

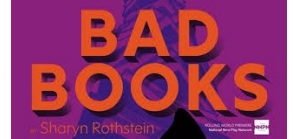
Saturday, May 23

Showtime: 2:00 pm

Cost: \$43

Please note there are only 15 seats reserved for this outing and transportation will not be provided.

Please sign-up by May 11



Events

Shibori Tie Dye

Tuesday, May 26 / 2:30 pm / WRAS

Cost: \$20

More information on page 9

Please sign-up by May 20



Watercolor Basics

Hosted By: Ruth Cumbow

Wednesday, May 20 / 1:30 pm / WRAS

Cost: \$15

Please sign-up by May 15



Tuesday, May 26
(4th Tuesday of each month)

9:30 - 11:00 am

Wild Rose Art Studio (StoneBriar)

Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.



Death can be scary, sad and strange. But it can also be empowering and motivational. So let's talk about it!

Shibori Scarf Making

Tuesday, May 26
2:30 pm / WRAS

Shibori is a traditional Japanese shaped-resist dyeing technique that involves folding, twisting, pleating, stitching or binding fabric to create intricate, often blue-and-white patterns. Primarily used on cotton or silk with indigo dye, it creates unpredictable, organic designs.

Sign-up by May 20. Cost is \$20.



Resident Education Series

For Residents & Families

About This Program

This program will provide education on pertinent topics to our residents and families of Burcham Hills. Each month, a new topic will be introduced.

Tuesday, May 12
2:00 pm
Ada Whitehouse Room

Meet The Summit Clinical Team

Learn about our new Clinical Leadership Team in The Summit.

Q & A Session

What topics would you like to see covered?

CITY OF EAST LANSING SPECIAL ELECTION

TUESDAY, MAY 5

Ada Whitehouse Room

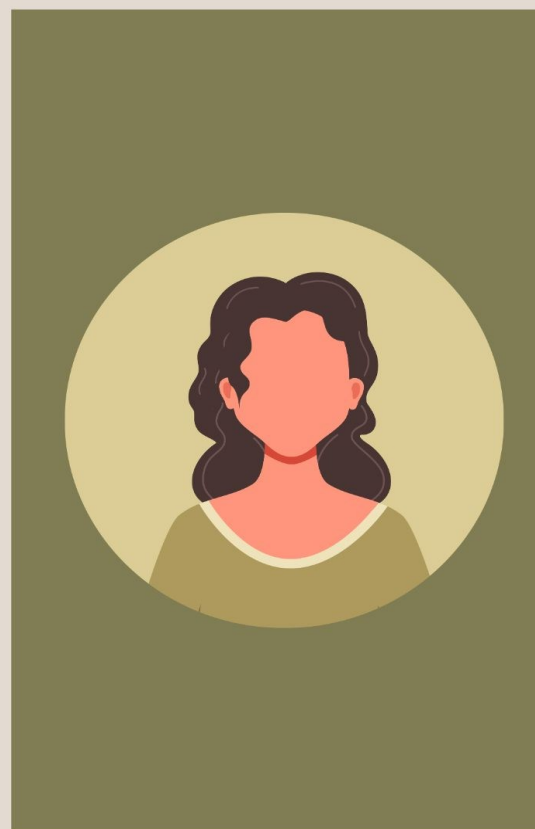
Polls
Open at 7:00 am
Close at 8:00 pm

Burcham Hills is a Voting Precinct for the City of East Lansing.

Friday, May 8
**StoneBriar
 Picture Day**

2:00 - 4:00 pm
 StoneBriar Conference Room

Please stop by the StoneBriar Conference Room
 anytime between 2-4:00 pm so that we may take a
 photo of you for our medical records.



Book Club

May 18 / 1:30 pm / WRAS



This group is hosted by Clusters Residents. We will be discussing The Light Pirate by Lily Brooks-Dalton. Any and all are welcome. Please contact Nancy Martling if you have questions or need a book. **The Book Club meets every other month and all are welcome to join!**

Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please inform Art Feinberg or Jim White.

May Topic: *Social Media, the Good, Bad, and the Ugly.*

Mondays @ 2:30 pm / Slate Room

StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

Next Meeting: May 14 / 2:15 pm / AWR

Great Courses Dinner Night

Every Saturday

5:15 pm / Slate Room

Hosted by: Keith McConnell

Each Saturday night will feature a different video from professors selected by the Great Courses. Bring your dinner into the Slate Room and join this new program to learn and discuss with your friends and neighbors!

4TH ANNUAL BURCHAM DERBY *Race for the Roses*

**FRIDAY, MAY 1 / 1:30 PM
ADA WHITEHOUSE ROOM**

Activities will include:

- **Voting for your favorite hat**
- **Themed games**
- **Race horse naming**

Don't miss the inflatable costume race and a whole lot of fun. Mystery staff members will be dressed in our inflatable costumes and "race" around the course. We need you to cheer them on and celebrate our winners!

MEMORIAL DAY GARDEN PARTY

Thursday, May 21
11:30 am - 1:00 pm
Courtyard Patio

Musical Guest: Steve Spees

Invite your friends, neighbors and family to join us for this annual event with lots of food, entertainment and socialization! Seating is first-come, first-served.

