

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>10:00 Living to Learn (2CHR) 1</p> <p>10:00 TV Mass (AWR)</p> <p>11:00 Weekend Exercise (3CHR)</p> <p>1:30 Activity Calendar Room Delivery (CHR)</p> <p>4:00 Vespers (AWR)</p>	<p>11:00 Exercise (2CHR) 2</p> <p>1:30 Virtual Reality (3CHR)</p> <p>3:00 Singfit (3CHR)</p>	<p>10:00 Story Time with Tomie Dale (2CHR) 3</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>2:00 Music with Jay Hill (AWR)</p> <p>3:30 Happy Hour (1CHR)</p> <p>7:00 Bingo (2CHR)</p>	<p>11:00 Reference a Librarian (2TS Lobby) 4</p> <p>11:15 Exercise (2CHR)</p> <p>1:15 Birthday Party (3CHR)</p> <p>2:30 Blockbuster Bash - "Irish Wish" Movie with Lucky Lime Mocktail & Popcorn (AWR)</p> <p>5:30 Mid-Michigan Stroke Support Group (PDR)</p>	<p>10:00 Brews & News Visits (1CHR) 5</p> <p>10:00 Rosary and Communion (AWR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>1:30 Bingo (3CHR)</p> <p>2:00 Virtual Connections ** (AWR)</p> <p>3:00 Card Club (2CHR)</p> <p>6:30 Spa Night (In Room Service)</p> <p>7:00 Literature with Linda: (AWR *)</p>	<p>11:00 Exercise (2CHR) 6</p> <p>1:30 Games Group (3CHR)</p> <p>3:00 Music Appreciation (3CHR)</p>	<p>10:00 Current Events (2CHR) 7</p> <p>11:00 Weekend Exercise (2CHR)</p> <p>1:30 Coffee & Conversation (3CHR)</p> <p>3:00 Bingo (3CHR)</p>
<p>Daylight Savings Time Begins 8</p> <p>10:00 Living to Learn (2CHR)</p> <p>10:00 TV Mass (AWR)</p> <p>11:00 Weekend Exercise (3CHR)</p> <p>2:00 Music Appreciation (2CHR)</p> <p>4:00 Vespers (AWR)</p>	<p>10:00 Singfit (3CHR) 9</p> <p>11:00 Exercise (2CHR)</p> <p>1:15 Virtual Reality (3CHR)</p>	<p>10:00 Story Time with Tomie Dale (2CHR) 10</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>2:00 Resident Education Series (Quality of Life & Navigator Support) (AWR)</p> <p>3:30 Happy Hour (1CHR)</p> <p>7:00 Bingo (2CHR)</p>	<p>11:15 Exercise (2CHR) 11</p> <p>11:30 Lunch Bunch Outing (P.F. Changs)</p> <p>1:30 Cooking Club (Leprechaun Lemonade) (3CHR)</p> <p>3:00 Fact or Myth? Trivia Game (2CHR)</p> <p>7:00 Peter Bergin Plays Ragtime (AWR)</p>	<p>10:00 Brews & News Visits (1CHR) 12</p> <p>10:00 Catholic Mass (AWR)</p> <p>10:00 Rosary and Communion (AWR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>1:30 Bingo (3CHR)</p> <p>3:00 Card Club (2CHR)</p> <p>4:00 Alzheimer's Caregiver Support Group (PDR)</p> <p>6:30 Spa Night (In Room Service)</p> <p>7:00 Literature with Linda: (AWR *)</p>	<p>11:00 Exercise (2CHR) 13</p> <p>1:30 Games Group (3CHR)</p> <p>3:00 Music Appreciation (3CHR)</p>	<p>10:00 Current Events (2CHR) 14</p> <p>11:00 Weekend Exercise (2CHR)</p> <p>1:30 Coffee & Conversation (3CHR)</p> <p>3:00 Bingo (3CHR)</p>
<p>10:00 Living to Learn (2CHR) 15</p> <p>10:00 TV Mass (AWR)</p> <p>11:00 Weekend Exercise (3CHR)</p> <p>2:00 Music Appreciation (2CHR)</p> <p>4:00 Vespers (AWR)</p>	<p>11:00 Exercise (2CHR) 16</p> <p>2:30 St. Patrick's Day Gathering (AWR)</p>	<p>St. Patrick's Day 17</p> <p>10:00 Story Time with Tomie Dale (2CHR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>11:30 CHR Lunch Outing (Buddies Pub & Grill)</p> <p>1:30 Creative Expressions (End of the Rainbow Paper Craft) (2CHR)</p> <p>3:00 Happy Hour (1CHR)</p> <p>3:00 Lansing Area Parkinson's Support Group* (AWR)</p> <p>7:00 Bingo (2CHR)</p>	<p>11:00 Reference a Librarian (2TS Lobby) 18</p> <p>11:15 Exercise (2CHR)</p> <p>1:30 Jeopardy (3CHR)</p> <p>3:00 Happy Hour (2CHR)</p>	<p>10:00 Brews & News Visits (1CHR) 19</p> <p>10:00 Rosary and Communion (AWR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>2:00 Defying Gravity: Understanding Balance and Preventing Falls (AWR)</p> <p>3:15 Bingo (3CHR)</p> <p>6:30 Spa Night (In Room Service)</p>	<p>11:00 Exercise (2CHR) 20</p> <p>1:30 Games Group (3CHR)</p> <p>3:00 Music Appreciation (3CHR)</p>	<p>10:00 Current Events (2CHR) 21</p> <p>11:00 Weekend Exercise (2CHR)</p> <p>1:30 Coffee & Conversation (3CHR)</p> <p>3:00 Bingo (3CHR)</p>
<p>10:00 Living to Learn (2CHR) 22</p> <p>10:00 TV Mass (AWR)</p> <p>11:00 Weekend Exercise (3CHR)</p> <p>2:00 Music Appreciation (2CHR)</p> <p>4:00 Vespers (AWR)</p>	<p>11:00 Exercise (2CHR) 23</p> <p>1:30 Virtual Reality (3CHR)</p> <p>3:00 Singfit (3CHR)</p>	<p>10:00 Story Time with Tomie Dale (2CHR) 24</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>1:30 Creative Expressions (Spring Egg Carton Birds) (2CHR)</p> <p>3:00 Happy Hour (1CHR)</p> <p>7:00 Bingo (2CHR)</p>	<p>11:00 Oopsy Daisy Flower Sales* (2RC Lobby) 25</p> <p>11:15 Exercise (2CHR)</p> <p>2:00 The Brothers Ralph (AWR)</p> <p>3:30 Cooking Club (Bacon Wrapped Asparagus) (3CHR)</p>	<p>10:00 Brews & News Visits (1CHR) 26</p> <p>10:00 Rosary and Communion (AWR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>1:00 Community Wide Movie Outing (NCG Cinema - Showtime TBD)</p> <p>1:30 Bingo (3CHR)</p> <p>6:30 Spa Night (In Room Service)</p>	<p>11:00 Exercise (2CHR) 27</p> <p>1:30 Bingo Basket (2CHR)</p> <p>7:00 Bingo Party with Delta Sigma Pi (AWR)</p>	<p>10:00 Current Events (2CHR) 28</p> <p>11:00 Weekend Exercise (2CHR)</p> <p>1:30 Coffee & Conversation (3CHR)</p> <p>3:00 Bingo (3CHR)</p>
<p>10:00 Living to Learn (2CHR) 29</p> <p>10:00 TV Mass (AWR)</p> <p>11:00 Weekend Exercise (3CHR)</p> <p>2:00 Music Appreciation (2CHR)</p> <p>4:00 Vespers (AWR)</p>	<p>11:00 Exercise (2CHR) 30</p> <p>1:30 Virtual Reality (3CHR)</p> <p>3:00 Singfit (3CHR)</p>	<p>10:00 Story Time with Tomie Dale (2CHR) 31</p> <p>10:30 CHR Food for Thought Committee Meeting (3CHR)</p> <p>11:00 Cardio Drumming (3CHR)</p> <p>11:00 Resident Council (3CHR)</p> <p>1:30 Activity Calendar Room Delivery (CHR)</p> <p>3:00 Happy Hour (1CHR)</p> <p>7:00 Bingo (2CHR)</p>	<p>LOCATION KEY</p> <p>1CHR - 1st Floor Center for Health & Rehab</p> <p>2CHR - 2nd Floor Center for Health & Rehab</p> <p>2TS Lobby - 2nd Floor The Summit Lobby</p> <p>3CHR - 3rd Floor Center for Health & Rehab</p> <p>AWR - Ada Whitehouse Room</p> <p>PDR - Private Dining Room</p>			

March 2026

Center For Health & Rehabilitation

