



## Who to Contact

### Concierge Services

(517) 351-0087

**Ella Fisher**

Concierge Services

7 days per week

9:30 am - 6:00 pm

### Security

(517) 977-4581

### Life Enrichment

**Matt Bebermeyer**

Resident Life Manager

(517) 827-1068

### Administration

**Nancy Hanford**

Director of Admin Services

(517) 827-1043

Birthdays  
of the Month

March

## March Birthdays

4 Al Gibbs

6 Jim Pifer

6 Elizabeth Forro

9 Becky Blair

15 Nahid Iplakchi

26 Barbara Hamm

28 Connie Specker

31 Kieth McConnell



StoneBriar  
at Burcham Hills®

**Burcham Hills  
Leadership Team**

**Lisa Cummins**  
Executive Director  
827-1042  
lcummins@burchamhills.com

**Nancy Hanford**  
Director of Admin. Services  
827-1043  
nhanford@burchamhills.com

**Angela Brummette, NHA**  
CHR Administrator  
827-1037  
abrummette@burchamhills.com

**Dawn Nelson**  
Director of Finance  
351-4662  
dnelson@burchamhills.com

**Matt Pray**  
Director of Food & Beverage  
827-1025  
mpray@burchamhills.com

**Kyle Bucholz**  
The Summit Director  
220-2223  
kbucholz@burchamhills.com

**Michelle Traill-Crosser**  
Director of Sales & Marketing  
827-0703  
mtraillcrosser@burchamhills.com

**Petra Paca**  
Director of Human Resources  
827-1057  
ppaca@burchamhills.com

**Vacant**  
Director of Building & Grounds  
351-3642

**Lesia Smith, MPA, CFRE**  
Foundation Director  
827-2024  
lsmith@burchamhills.com

# MARDI GRAS PARADE



# Fitness Classes

Join any of our fitness classes to see which ones works best for you! Please note that some classes have a charge for specialty instructors. Amenity credits can be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Cost
M/W	10:15 am	AWR	Fall Prevention*	Free
M/W	11:15 am	AWR	Advanced Fit & Functional*	Free
T/Th	10:00 am	Pebble 1	Yoga	\$16
T/Th	11:15 am	AWR	Fit & Functional	Free
Fri	10:15 am	AWR	Combo Class*	Free
Fri	12:00 pm	Pebble 1	Tai Chi Class	\$16
Sat	11:30 am	Pebble 1	Restorative Yoga	\$16

## Fitness Updates

**March 9** – All fitness classes cancelled due to the Pebble 2 Re-Opening.

**March 13** – Combo Class is cancelled.

Please check digital signage for the most up-to-date information.



**Tuesday, March 3**

*(1st Tuesday of the month)*

**9:30 am / Bistro**

Join Matt Pray, Director of Food & Beverage, to discuss dining services.

JOIN US FOR HAPPY HOUR



Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company! *Dinner will begin at 5:00 pm on Thursdays.*

*Cornerstone  
Bistro*

Matt Pray  
Director of Food & Beverage  
(517) 827-1025

Open Daily

12:00 ~ 6:30 pm

Daily Lunch Specials

12:00 ~ 2:00 pm

Dinner Service

4:30-5:00 pm (take out service)

5:00-6:15 pm (table service)

6:15-6:30 pm (take out service)



# Resident Education Series

For Residents & Families

## About This Program

This program will provide education on pertinent topics to our residents and families of Burcham Hills. Each month, a new topic will be introduced.

**Tuesday, March 10**  
**2:00 pm**  
**Ada Whitehouse**  
**Room**

## What's New for You? Quality of Life & Navigator Support

Please join Sam Volk as we go over the exciting new services we've added! We would also love to hear your thoughts on what might be missing to improve your **Quality of Life** and how our **Health & Wellness Navigator** can best support you.

*What topics would you  
like to see covered?*



(517) 827-1078



svolk@burchamhills.com



2700 Burcham Drive, East Lansing, MI



# Community-Wide Outings



## Community Outing: Afternoon at the Movies

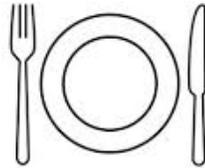
Thursday, March 26  
Depart: TBD  
Return approx.: TBD  
Cost: \$10 + concessions



*Please sign-up by March 23*

## Lunch Bunch: PF Changs

Wednesday, March 11  
Depart: 11:30 pm  
Return approx.: 2:30 pm  
Cost: \$20-\$30



*Please sign-up by March 5*

## Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 72-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

**NOTE:** Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.



**Do you have ideas on where  
we should go for  
Community-Wide outings?**

**Matt Bebermeyer**  
*Resident Life Manager*  
(517) 220-2215

# StoneBriar Outings

## Lunch Outing

### SanSu

Friday, March 13

Depart: 12:00 pm

Reservation for: 12:30 pm

Return approx.: 2:30 pm

Cost: \$20-\$30

*Please sign-up by March 10*

## Michigan Historical Center

Tuesday, March 24

Depart: 1:30 pm

Return approx.: 4:00 pm

Cost: \$6

*Please sign-up by March 19*

## Riverwalk Theatre

### Singers on the Grand:

### “The Grand American Road Trip”

Saturday, March 21

Depart: 6:15 pm

Showtime: 7:00 pm

Cost: \$20

*Please sign-up by March 7*

## No Place Like Home: Michigan’s Frogs & Toads

Friday, March 20

1:30 - 2:30 pm / AWR

Cost: \$15 per resident



*Seating is limited, there are only 17 spaces.*



**Tuesday, March 24  
(4th Tuesday of each month)**

**9:30 - 11:00 am**

**Wild Rose Art Studio (StoneBriar)**

Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.



**Death can be scary,  
sad and strange.  
But it can also be  
empowering and  
motivational.  
So let's talk  
about it!**

ADA WHITEHOUSE PUB

# St. Patrick's Day Gathering

Monday, March 16  
2:30 pm in AWR

Let's get ready for St. Patrick's Day with a  
Fun Pub-Themed Event!

GAMES 🍀 SNACKS 🍀 CRAFTS 🍀 FRIENDS

## Did You Know?

Inside your refrigerator there is a filtered water dispenser.



## What's Left: A Storytelling & Movement Workshop

Tuesday, March 31

1:30 pm - 3:00 pm / Pebble 1

Class Cost: Free

*Please see page 11 for more information.*

## Book Club

Mar 16 / 1:30 pm / WRAS



This group is hosted by Clusters Residents. We will be discussing The Island of Sea Women by Lisa See. Any and all are welcome. Please contact Nancy Martling if you have questions or need a book. **The Book Club meets every other month and all are welcome to join!**

## StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

**Next Meeting: March 12 / 2:15 pm / AWR**

## Ted Talks

March Topic:

What's Wrong with Medicine

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please inform Art Feinberg or Jim White.

**Mondays @ 2:30 pm / Slate Room**

## Great Courses Dinner Night

Every Saturday

5:15 pm / Slate Room

*Hosted by: Keith McConnell*

Each Saturday night will feature a different video from professors selected by the Great Courses. Bring your dinner into the Slate Room and join this new program to learn and discuss with your friends and neighbors!

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**Pebble 2**  
**Grand Re-Opening**  
**Celebration**

March 9

10:00 am-Noon

*Light refreshments provided*

**Come meet the dedicated Fitness Team and explore the upgraded Fitness Center.**

**You'll have the opportunity to get answers to your exercise questions and take a tour of the various workout options available within the community.**

✦✦✦ New Staffed Gym Hours ✦✦✦  
 Mondays 1-2:00 pm



**“The Body Remembers What Words Leave Behind.”**

**An Interactive Storytelling & Movement Workshop Series**

In “What’s Left” participants explore memories that stay with us. You will work with a partner to share personal stories, listen actively, and bring each other’s stories to life using voice and movement. Through gestures and expressions, the stories reveal what stays with us after they are shared. This series encourages creativity, fosters connection, and celebrates the magic of shared experiences.

SUPPORT PROVIDED BY:



**TUESDAY, MARCH 31**

**1:30 -3:00**

**PEBBLE 1**

# Enviro Speak

Presenter

Ellen Holste, PhD, CIG

Friday, March 20

1:30 - 2:30

AWR

Sign-up by March 16



Celebrate World Frog Day by exploring the fascinating lives of Michigan's frogs and toads. Learn to spot local species, recognize their distinctive calls, and build a cozy "toad abode" (home) designed to welcome a backyard guest. Join us for a "toad-ally" good time mixing natural curiosity, creativity, and lighthearted fun.

## TERARRIUM BUILDING CLASS

