

SUN	MON	TUE	WED	THUR	FRI	SAT							
	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Singfit (3CHR)	1	10:00 Story Time with Tomie Dale (2CHR) 11:00 Cardio Drumming (3CHR) 1:30 Creative Expressions (Diorama Ornaments) (2CHR) 3:00 Happy Hour (1CHR) 7:00 Bingo (2CHR)	2	11:00 Reference a Librarian (2RC Lobby) 11:15 Exercise (2CHR) 1:30 Birthday Party (3CHR) 3:00 Holiday Sweater Creation (2CHR) 5:30 Mid-Michigan Stroke Support Group (PDR)	3	10:00 Brews & News (2CHR) 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:30 Bingo (3CHR) 3:00 Holiday Sweater Creation (3CHR) 6:30 Spa Night (In Room Service)	4	11:00 Exercise (2CHR) 1:30 Tree Decorating Parties (Community Wide)	5	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	6	
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Music Appreciation (2CHR) 4:00 Vespers (AWR)	7	Wear Green & Red Day 10:00 Secretary of State Mobile Office (AWR) 11:00 Exercise (2CHR) 1:30 Holiday Card PhotoBooth (3CHR) 3:00 Singfit (3CHR)	8	Twinkle Tuesday 10:00 Story Time with Tomie Dale (2CHR) 11:00 Cardio Drumming (3CHR) 2:00 Resident Education Series (AWR) 3:30 Happy Hour (1CHR) 6:30 Holiday Light Tours (East Lansing Area) 7:00 Bingo (2CHR)	9	Santa's Workshop 11:15 Exercise (2CHR) 1:00 Gingerbread and Wreath Making (AWR) 3:00 Cooking Club (Gingerbread Eggnog Mocktail) (3CHR)	10	Ugly Sweater Day 10:00 Brews & News (2CHR) 10:00 Catholic Mass (AWR) 11:00 Cardio Drumming (3CHR) 1:30 Bingo (3CHR) 3:00 Card Club (2CHR) 4:00 Alzheimer's Caregiver Support Group (PDR) 6:30 Spa Night (In Room Service)	11	Dress in Your Holiday Best 11:00 Exercise (2CHR) 3:00 Music Appreciation (3CHR)	12	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	13
Hanukkah 10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:30 Spiritual Holiday Music Program (AWR) 4:00 Vespers (AWR)	14	11:00 Exercise (2CHR) 2:00 Jack Nelson Saxophone Quartet (AWR)	15	10:00 Story Time with Tomie Dale (2CHR) 11:00 Cardio Drumming (3CHR) 11:30 CHR Lunch Outing (Olive Garden) 1:30 Creative Expressions (Community Hand Tree) (2CHR) 3:00 Happy Hour (1CHR) 3:00 Lansing Area Parkinson's Support Group* (AWR) 7:00 Bingo (2CHR)	16	11:00 Reference a Librarian (2RC Lobby) 11:15 Exercise (2CHR) 2:00 The Brothers Ralph (AWR) 3:30 Happy Hour (2CHR)	17	10:00 Brews & News (2CHR) 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:00 Community Wide Movie Outing (NCG Cinema - Showtime TBD) 1:30 Bingo (3CHR) 6:30 Spa Night (In Room Service) 7:00 Finger Family Band * (AWR)	18	11:00 Exercise (2CHR) 2:00 CHR Holiday Party (2CHR)	19	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	20
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 4:00 Vespers (AWR)	21	11:00 Exercise (2CHR) 2:00 Holiday Concert with Marie Blaire (AWR) 3:30 Singfit (3CHR)	22	10:00 Story Time with Tomie Dale (2CHR) 11:00 Cardio Drumming (3CHR) 11:30 Lunch Bunch Outing (Lucky's Steakhouse) 1:30 Creative Expressions (Holiday Pinecone Trees) (2CHR) 3:00 Happy Hour (1CHR) 7:00 Bingo (2CHR)	23	Christmas Eve 11:00 Oopsy Daisy Flower Sales* (2RC Lobby) 11:15 Exercise (2CHR) 1:30 Cooking Club (Bacon Wrapped Water Chestnuts) (3CHR) 3:00 Holiday Movies (3CHR)	24	Christmas Day 10:00 Holiday Gift Giving (CHR) 3:30 Bingo (3CHR)	25	Kwanzaa 11:00 Exercise (2CHR) 1:30 Games Group (3CHR) 3:00 Bingo Basket (2CHR)	26	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	27
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Music Appreciation (2CHR) 4:00 Vespers (AWR)	28	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Singfit (3CHR)	29	10:00 Story Time with Tomie Dale (2CHR) 10:30 CHR Food for Thought Committee Meeting (3CHR) 11:00 Cardio Drumming (3CHR) 11:00 Resident Council (3CHR) 1:30 Creative Expressions (Ice Skating Paper Craft) (2CHR) 3:00 Happy Hour (1CHR) 7:00 Bingo (2CHR)	30	New Year's Eve 11:15 Exercise (2CHR) 1:30 Activity Calendar Room Delivery (CHR) 3:00 Year In Review (3CHR) 7:00 New Year's Eve Bash with Kathy Ford (AWR)	31	LOCATION KEY 1CHR - 1st Floor Center for Health & Rehab 2CHR - 2nd Floor Center for Health & Rehab 2RC Lobby - 2nd Floor Resident Center Lobby 3CHR - 3rd Floor Center for Health & Rehab AWR - Ada Whitehouse Room		PDR - Private Dining Room			

December 2025

Center For Health & Rehabilitation

