



# The StoneBriar Flyer

# December 2024

Volume 3; Issue 12

## Christmas Tree Decorating Parties

THURSDAY, DECEMBER 5  
1:30 PM

YOUR NEIGHBORHOOD TREE

Every neighborhood in our community has a tree that needs to be decorated for Christmas!

Join your friends and neighbors  
for tree trimming, hot cocoa  
and holiday music to kick  
off the season with cheer!



### Who to Contact

#### Security

(517) 977-4581

#### Concierge Services

(517) 351-0087

Madison Crosser

Lorayne Bouck

Nicole Hart

Concierge Services

7 days per week

9:30 am - 6:00 pm

#### Life Enrichment

**Matt Bebermeyer**

Resident Life Manager

(517) 220-2215

Birthdays  
of the Month

December

December 16  
George Rinaudo

December 30  
Irene Seahawk

December 31  
Eileen McIntyre



StoneBriar  
at Burcham Hills®



## *From the Desk of the Executive Director . . .*

I would like to take this opportunity to introduce myself to Burcham Hills! I am so excited to be here and proud to be a part of this amazing organization.

I am from Grand Rapids and most recently spent two years in Florida. I am happy to be back in Michigan and yes even at this time of the year! I am also happy to be back home with family and friends.

### **Burcham Hills Leadership Team**

**Lisa Cummins**

*Executive Director*

827-1042

[pcrane@burchamhills.com](mailto:pcrane@burchamhills.com)

**Nancy Hanford**

*Director of Admin. Services*

827-1043

[nhanford@burchamhills.com](mailto:nhanford@burchamhills.com)

**Angela Brummette, NHA**

*CHRA Administrator*

827-1037

[abrummette@burchamhills.com](mailto:abrummette@burchamhills.com)

**Todd Moeggenborg**

*Director of Finance*

351-4662

[tmoeggenborg@burchamhills.com](mailto:tmoeggenborg@burchamhills.com)

**Matt Pray**

*Director of Food & Beverage*

827-1025

[mpray@burchamhills.com](mailto:mpray@burchamhills.com)

**Michelle Robbins**

*Resident Center Director*

827-9029

[mrobbins@burchamhills.com](mailto:mrobbins@burchamhills.com)

**Michelle Traill-Crosser**

*Director of Sales & Marketing*

827-0703

[mtraillcrosser@burchamhills.com](mailto:mtraillcrosser@burchamhills.com)

**Petra Paca**

*Director of Human Resources*

827-1057

[ppaca@burchamhills.com](mailto:ppaca@burchamhills.com)

**Mark Sarvis**

*Director of Building & Grounds*

351-3642

[msarvis@burchamhills.com](mailto:msarvis@burchamhills.com)

**Les Smith, MPA, CFRE**

*Foundation Director*

827-2924

[lsmith@burchamhills.com](mailto:lsmith@burchamhills.com)

My husband is Vance, and he is also from West Michigan. We have been married for 6 years. Vance has three children who each have three children of their own. That means we have nine grandchildren already! I do not have children of my own. We have a dog named Milo who is full of personality and love. All of the animals I have enjoyed in my life have been rescue animals, which I am a huge advocate of.

In my career, I have worked in all areas of senior living and services. This includes primarily senior living campuses much like Burcham Hills. I started my career in Occupational Therapy. I have been a Nursing Home Administrator and am still licensed as such. I have also been a Rehabilitation Director, Assisted Living Director, Director of Home Care and the CEO of Hospice. All of which have given me a well-rounded experience and passion for serving the senior population.

I wish you all a blessed and magical holiday season! Christmas is my favorite holiday, and I am grateful to be able to spend this time with all of you, family and friends.

*“Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas.”*

~ Calvin Coolidge



## Fitness Classes

Join any of our fitness classes to see which ones works best for you! Please note that some classes have a charge for specialty

| Day   | Time     | Location | Classes                      | Cost |
|-------|----------|----------|------------------------------|------|
| T/Th  | 10:00 am | Pebble 1 | Yoga                         | \$15 |
| -     | -        | -        | Power of Play<br>Cancelled   | -    |
| Sat   | 11:30 am | Pebble 1 | Restorative Yoga             | \$15 |
| M/W/F | 10:15 am | 4RC      | Fall Prevention              | Free |
| M/W/F | 11:15 am | AWR      | Advanced Fit &<br>Functional | Free |
| T/Th  | 11:15 am | AWR      | Fit & Functional             | Free |

## Fit Notice

- Dec. Yoga Cancellations – Dec24 & Dec 31
- The Fit Dept will be closed Dec 23-27.

healthy  
· BODY ·  
healthy  
· LIFE ·

**COFFEE  
CHAT**



**with Matt**

**Tuesday, Dec 3**

*(1st Tuesday of every month)*

**9:30 am / Bistro**

Join Matt Pray, Director of Food & Beverage, to discuss dining services.

JOIN US  
FOR HAPPY HOUR



Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company!

*Dinner will begin at 5:00 pm on Thursdays.*

*Cornerstone  
Bistro*

Matt Pray  
Director of Food & Beverage  
(517) 827-1025

Open Daily  
12:00 ~ 6:30 pm

Daily Lunch Specials  
12:00 ~ 2:00 pm

Dinner Service  
4:30-5:00 pm (take out service)  
5:00-6:15 pm (table service)  
6:15-6:30 pm (take out service)



BURCHAM HILLS PRESENTS

# CHRISTMAS

25TH DECEMBER, 2024

The Scenic View Dining Room will have two meal services - 11:00 am & 12:30 pm and the Ada Whitehouse Room will have one buffet-style meal service at Noon. All other dining rooms will be at the regular meal service time. We encourage you to invite your family and friends to join us.

Please RSVP your intentions to the RC Receptionist at (517) 351-8377, ext. 210 and provide your preferred meal service, # of guests in your party or your regrets. All residents must RSVP.

*RSVPs required by Wednesday, Dec 18.  
The Christmas Gues Meal Charge is \$26.25 per person.*

*Christmas menu includes Slow Roasted Prime Rib, Broiled Glazd Salmon, Fingerling Roasted Potatoes, Fresh Asparagus, Fresh Steamed Green Beans, Dinner Rolls, Assorted Cheesecakes*



# Community-Wide Outings

## Afternoon Movie Spectacular

**AWR / Monday, December 23 / 2:00 pm**

The Recreation Team is transforming the AWR again! Join us for a festive afternoon with popcorn, cookies co-coa, with this holiday



## **"Be The Light" Tree Lighting**

**Courtyard / Wednesday, Dec. 4 / 6:30 pm**

**Join us outside for Hot Cocoa!**

***(Don't worry, we have blankets!)***



## Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 48-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

**NOTE:** Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

**Do you have ideas on where we should go for Community-Wide outings?**

Please share your ideas by calling:

**Matt Bebermeyer**

*Resident Life Manager*

(517) 220-2215

***We would love to hear your ideas!***



## StoneBriar Outings

### StoneBriar Lunch Outing

**Mitchell's Fish Market**

Tuesday December 17

Reservation for 12:00 pm

Cost: approx. \$20-\$50



*Sign-up by December 6*

## StoneBriar Outings

**Wharton Theatre**

**Holiday Pops**

Sunday, December 15 3:00pm

Event time: 2:00 pm

Cost: 65\$

*Sign-up by December 2*

**Fireworks Glass Studios– Glass Tour**

119 S Putnam St, Williamston, MI 48895

Friday, December 13

Event time: 11:00 am

Cost: Free

*Sign-up by December 11*

**Let's Celebrate!**

DECEMBER 31 7:00-8:00 PM

**COME RING IN THE NEW YEAR WITH YOUR FRIENDS AND NEIGHBORS IN THE ADA WHITEHOUSE ROOM!**

**LIGHT REFRESHMENTS WILL BE SERVED. CHAMPAGNE TOAST AT 8:00 PM**



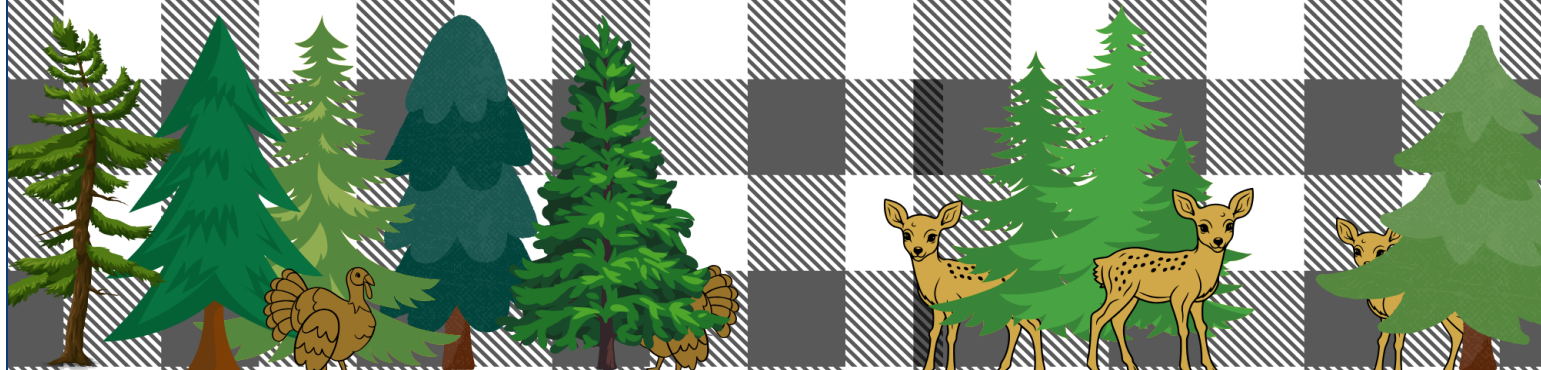
# HARVEST HUNT

LET THE HUNTING GAMES BEGIN

**Wednesday, December 4** 🎯 **1:30 pm** 🎯 **AWR**

Test your shooting skills and see how many of our moving targets you can hit or just come watch and enjoy some hunting treats and a shootin' good time!

We will be using nerf guns and no live targets,  
no staff will be hurt in the executing of this event!



**Gingerbread & Wreath Decorating**  
**Wednesday, December 11**

**1:00 pm in the Ada Whitehouse Room**

**Join us to create a beautiful gingerbread village  
that will be displayed throughout the holiday season!**



Get to Know Your Neighbors

## MEET: Barbara Schaefer

Barbara was born and bred in Midland, Michigan, but spent more than half of her life in the Cleveland, Ohio area. Barbara's family includes three brothers, four nieces and nine great nieces and nephews, most of whom live in the Lansing area. Barbara's father was a chemical engineer at Dow and was on the team that developed Saran Wrap.

Teaching facilitation skills classes and working with accountants to design and develop training programs used to train the entire firm were Barbara's vocational responsibilities. She especially enjoyed working on international projects.

Barbara has traveled extensively to over 60 countries, all 50 states and all 7 continents. Along with traveling, genealogy is one of her interests.

StoneBriar's residents and the sense of community make living at Burcham Hills enjoyable for her. Her goal is to write her family's history in the future.

*If you would like to share your story, please complete the spotlight form and return it to Madison Crosser.*

## Book Club



**January 20 / 1:00 pm / WRAS**

This group is hosted by Clusters Residents. Our book selection this month is Klara and the Sun by Kazuo Ishiguro. This author looks at our rapidly changing world through the eyes of an unforgettable narrator and asks the question, "What does it mean to love?" Please Contact Nancy Martling if you have questions or need a book. **The Book Club meets every other month and all are welcome to join!**

## StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

**Next Meeting: Thursday, Dec 12 / 2:15 pm / AWR**

## Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please inform Pat Foreman or Madison.

**Mondays @ 2:30 pm / Slate Room**

## Great Courses Dinner Night

**Every Saturday**

**5:15 pm / Slate Room**

*Hosted by: Keith McConnell*

Each Saturday night will feature a different video from professors selected by the Great Courses. Bring your dinner into the Slate Room and join this new program to learn and discuss with your friends and neighbors!





# Resident Center Education Series

For Residents & Families

## About This Program

This program will provide education on pertinent topics to our residents and families of the Resident Center at Burcham Hills. Each month a new topic will be introduced.

**Tuesday, Dec 10**  
**3:30 pm**  
**Slate Room**

*Your Presenters are*

**Mark Sarvis**

*Director of Building & Grounds*

**Emergency Operations**

**&**

**Matt Pray**

*Director of Food & Beverage*

**Dining Services**

What topic would you like to see covered?



(517) 351-8377



mrobbins@burchamhills.com



2700 Burcham Drive, East Lansing, MI



**P I A N O**

**B A R**



**Thursday, December 12**

**6:30 - 7:30 pm**

**Ada Whitehouse Room**

**ENTERTAINMENT BY: PETER BERGIN**

**LIGHT REFRESHMENTS WILL BE SERVED**

**RSVP Required:**

**Please call (517) 827-1061 or sign up  
at StoneBriar mailboxes (1st floor) by  
Monday, December 9.**

**The Salon Team**  
**Hair and Nail Stylists**

Tammy Stump  
Jodi Rice

**Massage Therapist**  
Amy Vandenberghe

PS Salon & Spa offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.

**PS**  
SALON & SPA

**Hair & Nail Appointments**

Monday-Friday / 9:00 am - 3:00 pm

**Massage Therapy Appointments**

Monday & Thursday / 9:00 am - 2:00 pm

**RESIDENT APP**

Have you accessed your resident app? This will give you real time access to the activities calendar, dining menus and more. For an instruction card or assistance in setting up the app, please visit Concierge Services.