

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY 2CHR - 2nd Floor Center for Health & Rehab 2RC Lobby - 2nd Floor Resident Center Lobby 3CHR - 3rd Floor Center for Health & Rehab AWR - Ada Whitehouse Room PDR - Private Dining Room	*Indicates that staff will not be present and residents may need support or assistance to attend. **Indicates specific special program offered		11:00 Exercise (2CHR) 1:30 Derby Hat Creation (3CHR) 6:30 Bingo (2CHR)	1 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:30 Bingo (3CHR)	2 11:00 Exercise (2CHR) 1:30 Burcham Derby (AWR) 6:30 Friday Night Bingo (3CHR)	3 11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)
10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 4:00 Vespers (AWR)	5 11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	6 11:00 Cardio Drumming (3CHR) 11:30 Lunch Bunch (Applebees) 1:30 Birthday Party (3CHR) 2:00 Afternoon Manicures (3CHR)	7 11:00 Exercise (2CHR) 1:30 Jeff The Magician (AWR) 3:00 Cooking Group (3CHR) 6:30 Bingo (2CHR)	8 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:00 CW outing to the East Lansing Public Library (ELPL) 1:30 Bingo (3CHR) 4:00 Alzheimer's Caregiver Support Group (PDR)	9 11:00 Exercise (2CHR) 2:00 Music with Johnathan Stars (AWR)	10 11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)
Mother's Day 10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Short Story Sunday (3CHR) 4:00 Vespers (AWR)	12 11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	13 11:00 Cardio Drumming (3CHR) 1:30 Creative Expressions (2CHR)	14 9:00 Wellness Clinic (Pebble 1 Studio) 11:00 Exercise (2CHR) 1:30 Happy Hour (2CHR) 6:30 Bingo (2CHR)	15 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 2:00 Tom Timlin Plays Guitar (AWR) 3:30 Bingo (3CHR)	16 11:00 Exercise (2CHR) 1:30 Games group (3CHR) 3:00 Bingo Pizza Party (3CHR) 6:30 Friday Night Bingo (3CHR)	17 11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)
10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 4:00 Vespers (AWR)	19 11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	20 9:00 Okemos Planting Day (Courtyard Patio) 11:00 Cardio Drumming (3CHR) 1:30 Creative Expressions (2CHR) 2:00 Afternoon Manicures (3CHR) 3:00 Lansing Area Parkinson's Support Group* (AWR)	21 11:00 Exercise (2CHR) 11:30 CHR Lunch Outing (Blondies Barn) 3:00 Oopsy Daisy Flower Sales (2RC Lobby) 6:30 Bingo (2CHR)	22 11:30 Memorial Day BBQ (Courtyard Patio) 3:00 Bingo (3CHR)	23 11:00 Exercise (2CHR) 1:30 Games group (3CHR)	24 11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Short Story Sunday (3CHR) 4:00 Vespers (AWR)	26 Memorial Day 11:00 Exercise (2CHR) 3:30 Bingo (3CHR)	27 10:30 CHR Food Committee Meeting (3CHR) 11:00 Cardio Drumming (3CHR) 11:00 Resident Council (3CHR) 1:00 Movie Outing: (NCG Cinema) 1:30 Creative Expressions (2CHR) 2:00 Afternoon Manicures (3CHR)	28 11:00 Exercise (2CHR) 1:30 Tie-Dye Party (2CHR) 6:30 Bingo (2CHR)	29 10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:30 Bingo (3CHR)	30 11:00 Exercise (2CHR) 1:30 Bingo Basket (3CHR) 6:30 Friday Night Bingo (3CHR)	31 11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)

May 2024

Center For Health & Rehabilitation

