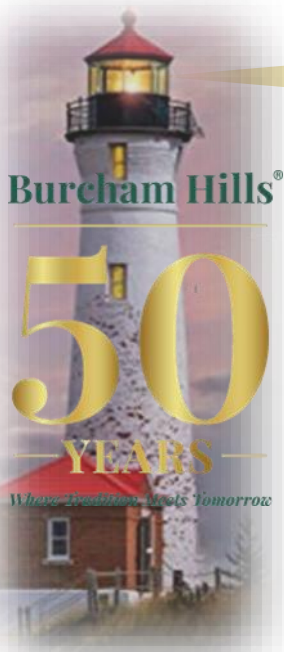


Burcham Beacon

Volume 17; Issue 5

May 2024



Burcham Hills at 50

This past month, Burcham Hills celebrated 50 years of service in our community for both residents and staff, and wow what a celebration it was! Our gala event featured photos of friends displayed throughout the community that brought back fond memories, and the evening's festivities surely created new ones.

We also took time to honor the friends we've lost recently at our Celebration of Life service, in partnership with Careline Health Group, where stories were shared over light refreshments.

On April 11, Burcham residents participated in a National Parkinson's Awareness Day event called Pump it for Parkinson's. We crushed our initial goal of 1,500 steps in the first hour and went on to take a whopping 18,740 steps toward awareness!

May marks the start of the patio season, and as spring firmly takes hold we look forward to warmer weather. Outdoor entertainment in the courtyard is around the corner as we begin preparing for our upcoming Americana themed Memorial Day BBQ later this month. Hope to see you there!

Featured Extraordinary Promise

We listen & respond enthusiastically in a timely manner.

Inside This Issue

- 3 Music & Enrichment
- 5, 6 Special Events
- 7 RC Happenings
- 8 CHR 2nd & 3rd floor Happenings
- 9 Places to Go
- 10 Fitness
- 14 Foundation
- 15 Memorials
- 16 Library
- 17 Spiritual Wellness & Support Groups
- 19 Movie Listings

Newsletter Co-Editors

Matthew Bebermeyer
Nancy Hanford

More photos on page 11 & 12



2700 Burcham Dr. ~ East Lansing, MI 48823 ~ (517) 351-8377



From the Desk of the Executive Director . . .

by Kari Rennie

50 years ago, we opened our doors for the first time to the East Lansing community. We were created from the dream of our main founder, Ada Hunt Whitehouse, whose will-power, ingenuity, persistence and financial aid made a dream into a reality. Ada watched over our construction for the four years while we were being built and she was our very first resident that moved in when our doors opened on April 15, 1974! I believe she watches over us all today and enjoys the legacy of the amazing community she helped bring to fruition.

When you reflect over 50 years on how many we have served - from the residents, to family members, to team members, it is truly a blessing and honor to be able to call Burcham Hills home.

Thank you to all who were able to join us in our Golden Anniversary Celebration! We are so appreciative of everyone's support, our relationships that continue to grow across mid-Michigan and we are ever grateful for the trust the community has in us. Serving in our community enables us to create memorable experiences, high quality care and compassion across our campus.

Burcham Hills celebrating 50 years is something not achieved by many organizations. What we do is a calling, a purpose and a mission. We are people serving people, some at the most vulnerable times of their lives and others now entering their golden years. All deserving excellence every day and this is what we strive to do.

Burcham Hills is "*Dedicated to the Journey of Life*" and believes "*the future is for us to create, not just waiting for us to experience*" as we serve all in Michigan's Capital Region.

Enjoy the photos of the Celebration and the stories throughout our community. ***Cheers to 50 more!***

May's Trivia Question about Burcham Hills

How many work orders (maintenance requests) are completed on an average per month at Burcham Hills?

- A - 788 work orders per month
- B - 888 work orders per month
- C - 688 work orders per month

Please make your selection at the Concierge Desk or the Scenic View Dining Room (SVDR). All submissions with the winning answer will be entered into a raffle for a \$500 monthly credit to your account! Only one submission each month per resident.

Please see Page 4 for answers to the Trivia Questions & Winners for February & March 2024.

Burcham Hills Leadership Team

Kari Rennie, NHA
Executive Director
827-1042

krennie@burchamhills.com

Nancy Hanford

Director of Admin. Services
827-1043

nhanford@burchamhills.com

Angela Brummette, NHA
CHR Administrator

827-1037

abrummette@burchamhills.com

Matt DeWolf

Director of Finance
351-4662

mdewolf@burchamhills.com

Matt Pray

Director of Food & Beverage
827-1025

mpray@burchamhills.com

Michelle Robbins

Resident Center Director
827-9029

mrobbins@burchamhills.com

Michelle Traill-Crosser

Director of Sales & Marketing
827-0703

mtraillcrosser@burchamhills.com

Petra Paca

Director of Human Resources
827-1057

ppaca@burchamhills.com

Mark Sarvis

Director of Building & Grounds
351-3642

msarvis@burchamhills.com

Lesa Smith, MPA, CFRE

Foundation Director
827-2924

lsmith@burchamhills.com

All programs are subject to change, please check digital signage for updates.

Music Opportunities

Live-Stream Musical Performance
Sunday, May 5 & 19 / 2:00 pm / AWR

Finger Family Band
Thursday, May 9 / 7:00 pm / AWR*

Johnathan Stars
Friday, May 10 / 2:00 pm / AWR

Tom Timlin
Thursday, May 16 / 2:00 pm / AWR

Sarah Seelye
Monday, May 20 / 7:00 pm / AWR*



Room Location Key

RC	Resident Center
CHR	Center for Health & Rehabilitation
SB	StoneBriar
AWR	Ada Whitehouse Room (1RC)
GLR	Great Lakes Room (3RC)
FC	Fitness Center (2RC)
PB1	Pebbles 1 Gym (1RC)
PB2	Pebbles 2 Exercise Room (1RC)
PDR	Private Dining Room (2RC)
SP	Stansell Patio (1CHR)
SVDR	Scenic View Dining Room (2RC)
WRAS	Wild Rose Art Studio (1SB)

Art Appreciation w/ Ethel Anthony

Art Discussion: Paintings of Love
Monday, May 13
1:30 pm / Slate Room (1RC)



Local art enthusiast, Ethel Anthony, discusses art, the artist who made it and her experiences and knowledge.

Gadget Workshop*

Tuesday, May 21

1:30 - 3:30 pm / 2RC Lobby

East Lansing Public Library will host a drop-by table in the lobby to answer a variety of technology related questions.



"Oopsy Daisy" Flower Sales*

Wednesday, May 22

3:00 - 6:00 pm / 2RC Lobby



Cooking Through Time

Wednesday, May 22 / 3:15 / AWR

Ancient Egypt is perhaps known more for its arts, poetry and extensive range of gods than for its food, but what *did* they eat? We'll take a look at what kinds of ingredients were available to them, the diets of both rich and poor and the ceremonial as well as practical uses for their food.



Additional May Holidays

- May 8 National Coconut Cream Pie Day
- May 14 Bond With Your Dog Day
- May 30 National Senior Health & Fitness Day

**All programming complies with the Fair Housing Act (FHA). Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.*

Fascinating People & Places

Fridays @ 6:30 pm / 4RC Lobby

Friday, May 3—Secrets of Althorp: The Spencers

Althorp, childhood home and final resting place of Princess Diana, is currently the home of Diana's brother, Charles, the 9th Earl Spencer. Althorp House has hosted some of the kingdom's most distinguished guests, and its rooms have witnessed scenes of great celebration. In this film, Charles Spencer takes us on a personal tour around the manor that is his family home.

Friday, May 10 & 17—Smothered: The Censorship Struggles of The Smothers Brothers

Comedy Hour

Shown in two parts

Politics and comedy seem to go hand-in-hand these days. However, in the 1960s, the emphasis was entertainment over politics, escape over strife. Tom and Dick Smothers challenged that expectation. This film, with commentary and/or footage from Joan Baez, Pete Seeger, Rob Reiner and Harry Belafonte, explores the challenges the Smothers Brothers faced as they attempted to merge politics and comedy.

Friday, May 24 & 31—American Oz

Shown in two parts

This film explores the life and times of L. Frank Baum, the creator of *The Wizard of Oz*. In 1900, Baum was a 44 year-old Chicago journalist who had spent much of his life in restless pursuit of success, but he never lost his childlike sense of wonder. This led to his creation of a magical tale of survival, adventure and self-discovery, which the Library of Congress has called "America's greatest and best-loved homegrown fairytale."

Name that Tune Trivia

Tuesdays @ 1:00 pm / 4RC

See if you can guess that tune! We play the first few notes of any song from the 20's to the 60's and see who is the first to guess it. We'll also learn some fun trivia about the singers and composers of many iconic tunes.



Mindful Meditation

Wednesdays @ 3:30 pm / Slate Room

Using various resources from well-crafted videos to ambient music and live scripted meditations, we hope this weekly experience will help you slow down, refresh your mind and give you some practice in facing day-to-day stress with mindfulness and optimism.

Strong Voices

Wednesdays @ 1:00 pm / Slate Room

This is a short 15-20 minute program based on the same techniques used by singers to strengthen the voice. It is not a medically informed program or intended to treat specific conditions related to vocal health.

Trivia Answers & Winners to February & March 2024 Questions:

February ~ James Campana (RC)

On average, how many meals per month do we serve in our community? **A. 15,531 meals per month**

March ~ Pat White (SB)

How many square feet in total is our community building that has the Resident Center, Center for Health & Rehabilitation & StoneBriar? **A. 336,700 Square Feet**

2024 Art Walk

Save The Date

Tuesday, June 18, 2024

We are accepting submission forms for the Third Annual Art Walk at Burcham Hills. This year, we will be partnering with other organizations to make this the best Art Walk yet in celebration of Burcham Hills 50 Years in the greater Lansing community!

We will feature art that you have created, appreciate or is important to you. We will accept art in all forms; such as painting, drawing, sculpture, fiber art, performance, audio, video and even collections of something. If you feel it is art, we are interested in your submission!

We are not ready to take the art just yet. Now is the time to complete a submission form and tell us about the art you want to submit. Art will be collected beginning the week prior to the event

If you have questions, contact:

Alesha Williams

(517) 319-6958 or awilliams@cityofeastlansing.com

Matt Bebermeyer

(517) 220-2215 or mbebermeyer@burchamhills.com.

EVERYONE is welcome to participate and all submission forms are due by Friday, May 17.



BREAKFAST WITH A DOCTOR

A HEALTH & WELLNESS SERIES

Burcham Hills, East Lansing Prime Time & Michigan State University College of Human Medicine welcome you to join us for this educational series featuring local physicians and researchers focusing on topics relevant to older adults and healthy aging!

Save the Date

WEDNESDAY, JUNE 19, 2024

WEDNESDAY, AUGUST 21, 2024

WEDNESDAY, OCTOBER 16, 2024



MICHIGAN STATE UNIVERSITY
College of Human Medicine



BURCHAM HILLS ♦ 2700 BURCHAM DRIVE ♦ EAST LANSING, MI 48823

Managed by Life Care Services®

BURCHAMHILLS.COM

Burcham Hills®
50
 —YEARS—
 Where Tradition Meets Tomorrow





MEMORIAL
Day
BBQ


THURSDAY, MAY 23

BURCHAM HILLS COURTYARD
 11:30 AM - 1:00 PM
 RAIN LOCATION ADA WHITEHOUSE

SPECIAL PERFORMANCE BY

THE CLARKSONS


Mothers Day
BRUNCH
Sunday, May 12
 11:00 am, Noon & 1:00 pm
 Scenic View Dining Room
 Invite your family and friends to join us!

Please make your reservations and indicate how many guests will be in your party by signing the reservation book in the SVDR or contacting Reception, at (517) 351-8377.

The Guest Meal Charge is \$25.00 per person.


 Burcham Hills®
 50 Years | Where Tradition Meets Tomorrow

... Continued from Page 14— Foundation

Can I Name More Than One Agent? You can name more than one agent to act at the same time. Include in your durable power of attorney whether the agents will act separately or as one. You should also name successor agents who will act if your agent becomes unavailable or unwilling to act on your behalf.

What are the Agent's Duties? Your agent must follow your instructions and act in your best interest. The agent must keep receipts and accurate records about your assets. The agent must keep a record of the actions taken on your behalf. If you ask your agent to keep you informed of his or her actions, then he or she must do so. If you ask your agent for an accounting, then your agent must provide you with one.

What if My Agent Abuses the Authority? Anyone interested in your welfare can ask the probate court to get involved, cancel the durable power of attorney and either appoint a conservator to handle your affairs or enter some other protective order on your behalf.

Should you need assistance finding an estate planning attorney or financial planner, contact Lesa Smith, Director of the Burcham Hills Foundation, at (517) 827-2924 or lsmith@burchamhills.com.

All information provided regarding charitable giving is intended to outline general gift planning and assist donors to achieve their philanthropic giving intentions. The Burcham Hills Foundation staff is not qualified to provide specific legal, tax or investment advice. For such advice, please consult with your own legal and/or financial advisor before giving any charitable gift.

Copyright 2016 Probate & Estate Planning Section of the State Bar of Michigan. (2016). *Probate Information Durable Power of Attorney*. State Bar of Michigan. <https://www.michbar.org/>

RC Neighborhood Meetings

2RC: Tuesday, May 21

2:00 pm / PDR



3RC: Tuesday, May 14

11:00 am / Looking Glass (3RC)

4RC: Tuesday, May 7

1:30 pm / 4th Flr Lobby

5RC: Tuesday, May 28

3:00 pm / 5th Flr Lobby

Open forum for questions, suggestions and concerns with Michelle Robbins, Resident Center Director.

Let Us Know

What kind of small groups would you be interested in attending? In what areas of the building would you like to have activities? At what time? Recreation would love to hear your suggestions.



Mondays

3:30 pm

Cornerstone Bistro

A cocktail will be featured each week as you join together with your friends and neighbors for this weekly event.

Planting Day

Tuesday, May 17

9:00 am — 2:00 pm

Join us as the seniors from Okemos High School help beautify our gardens and grounds. Come on out and watch, interact with the students or volunteer to assist.

For more information, contact:
Jayme Sweten at (517) 827-1061.



**Resource
Reminder**

Tech Time

Fridays / 10:30 am / 4RC

Do you need some insight or practice with the features available on your phone or tablet? Troubles with emails or internet connection? Whatever your question our recreation staff will do our best to find a solution.

Birthday Party



Tuesday, May 7

1:00 pm / 4RC

Join us in celebrating those with May birthdays!

RC Food & Dining Committee

Thursday, May 23

2:30 pm / PDR

All RC Residents are welcome to attend!

Wine & Cheese Social

3:00 pm / 2RC Lobby

Friday, May 3 & 17

Come mingle and munch with music by Shaoming!





April Showers Bring May Flowers



CHR Outing & Event Details for May

Birthday Party

Tuesday, May 7 / 1:30 pm (3CHR)

Happy Hour

Wednesday, May 15 / 1:30 pm (2CHR)

Lunch Outing to Blondie's Barn

Wednesday May 22 / 11:30 am

**sign-up with a recreation staff or call (517) 827-1061*

CHR Food & Dining Meeting

Tuesday, May 28 / 10:30 am (3CHR)

Resident Council Meeting

Tuesday, May 28 / 11:00 am (3CHR)

Lunch Bunch Outing
Applebee's

Tuesday, May 7

Depart: 11:30 am

Return approx.: 2:00 pm

Cost: \$20 - \$25



Please sign-up by May 5

Do you have ideas on where we should go for outings?

Please share your ideas by calling:

Matt Bebermeyer

Resident Life Manager

(517) 220-2215

We would love to hear your ideas!

Movie Theater Outing

Movie to be determined

Tuesday, May 28

Departure time: TBD

Cost: \$10.00 movie

Snack \$ optional



Movie times cannot be selected more than one week ahead of outing due to changing show times at the theater. Movie times will be posted the week prior to the outing.

Please sign-up by May 23



Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 48-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

NOTE: Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

Community Outing



Thursday, May 9

Depart: 12:45 pm

Return approx.: 3 pm

Please sign-up by May 7

SIX The Musical
Wharton Center

Tuesday, May 14

Depart: 6:45 pm

Show time: 7:30

Cost: \$91 + \$10 for BH Transportation



Reservation previously required

Fitness Specialist Hours

Monday - Friday
7:00 am — 4:30 pm
Fitness Centers
always open

Group Exercise Schedule

Fall Prevention
Mon / Wed / Fri
10:15 am / AWR

Fit & Functional
Tue / Thurs
11:15 am / AWR

Advanced Fit & Functional
Mon / Wed / Fri
11:15 am / AWR



Monthly Wellness Focus:



Spiritual

Spiritual Wellness is related to your values and beliefs that help you find meaning and purpose in your life. Spiritual Wellness may come from activities such as volunteering, self-reflection, meditation, prayer or spending time in nature.

Special Notice:

Fitness classes have been moved to 4RC at 10:15 am on the following dates: May 7, May 13 & May 21.

Fitness classes have been cancelled on the following dates: May 15, May 23 & May 27.

See a FIT Specialist to schedule your appointment today!



WELLNESS CLINIC

MAY 15, 9:00- 11:00AM
PEBBLE 1 STUDIO



RendeverFit™



The future of fitness for seniors is here.

RendeverFit™ combines physical activity with social engagement and cognitive stimulation to make for the ultimate exercise experience designed for seniors.

Physical activity reduces the risk of numerous diseases and chronic conditions. The benefits are clear, but the exercise experience for older adults has been...lacking.

PARTICIPATING VENDORS

- Careline Health Group
- Capital Urology Associates
- Burcham Fit Team
- East Lansing Prime Time
- TMC Physical Therapy
- Burcham Foundation
- Resident Volunteer Program
- Clinical Department

Looking to update your work out routine?
Introducing RendeverFit - Stop by for a demo



50



50





BH Burcham Hills®
50 Years | Where Tradition Meets Tomorrow



BH Burcham Hills®
50 Years | Where Tradition Meets Tomorrow



The Salon Team

Hair and Nail Stylists

Tammy Stump
Jodi Rice

Massage Therapist

Amy Vandenberghe

PS Salon & Spa offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.



Hair & Nail Appointments

Monday-Friday / 9:00 am - 3:00 pm

Massage Therapy Appointments

Thursday / 9:00 am - 2:00 pm

Or by appointment

From Down the Hill . . .

By Peggy Garver, Clusters Association Liaison



- ◆ We have several new Clusters residents in the neighborhood or soon to be. Please Welcome:
 - Jeanie Crosby, Patricia Kent, Joanne and Don Ricks, Judy and Lowell Seyburn and Debbie Sydlowski, whose mother, Sally Cassady, lived here for many years.

CITY OF EAST LANSING ELECTION

TUESDAY, MAY 7

Ada Whitehouse Room

Polls
Open at 7:00 am
Close at 8:00 pm

Burcham Hills is a Voting Precinct for the City of East Lansing.

Burcham Hills®
50 YEARS
Where Tradition Meets Tomorrow

TRIVIA CONTEST

May's Question

How many work orders (maintenance requests) are completed on an average per month at Burcham Hills?

A – 788 work orders per month
B – 888 work orders per month
C – 688 work orders per month

All submissions with the winning answer will be entered into a raffle for a \$500 monthly credit on your account! A drawing of the correct guesses will be held and then announced at our Residential Town Hall Meeting in July so be sure you come on down to Ada Whitehouse Room to see who your lucky neighbors are - it could be YOU!!

\$500 Monthly Credit



News from the Burcham Hills Foundation

By Lesa Smith, Foundation Director

Probate Information Durable Power of Attorney

Provided by the Probate & Estate Planning Section of the State Bar of Michigan

What is a Durable Power of Attorney? A power of attorney is a document that allows you to give someone the authority to manage your financial affairs. This person is called your agent. Your agent can take care of your financial affairs as long as you are competent. A " **durable** " power of attorney is a power of attorney that remains in effect when you are unable to make your own financial decisions (no longer competent). If you want your agent to have authority when you are unable to make your own financial decisions, your power of attorney document must be durable. This is done by adding a clause to the document that makes it clear that you intend for this power of attorney to remain effective after your subsequent disability, incapacity or by the lapse of time.

What can Your Agent do?

An agent can:

- | | |
|--|--|
| <ol style="list-style-type: none"> 1. sign your checks 2. make deposits for you 3. pay your bills 4. contract for medical or other professional services | <ol style="list-style-type: none"> 5. sell your property 6. get insurance for you 7. do all the things you do to manage your everyday affairs |
|--|--|

You may give your agent authority to do anything you can do, or you may limit your agent's authority to do only certain things, such as sell your home.

How do I Make Sure My Durable Power of Attorney is Valid? You must sign the durable power of attorney before you become unable to do so (incapacitated) or it will not be valid. If you are incapacitated, it means you have a mental or physical condition preventing you from taking care of your own financial affairs. You must sign your durable power of attorney in front of a notary or two witnesses. Also, your agent must sign an acknowledgement of responsibilities and duties before exercising authority. The law sets forth the language that must be included in an acknowledgement of responsibilities and duties.

Why do I Need a Durable Power of Attorney if My Spouse and I Own Everything Jointly? If you and your spouse own a bank account jointly, then your spouse can sign checks and withdraw money from your joint bank accounts whether you are able to or not. However, the same is not true about your jointly owned stock or home. Your spouse needs your consent and signature to make changes to the legal title of your jointly owned home or stock. Your spouse does not have legal authority to name or change a beneficiary on your life insurance or retirement benefits either. To provide your consent and signature to these legal transactions after your disability or incapacity, your spouse must be named as your agent under a durable power of attorney.

May I Create a Durable Power of Attorney That is Effective Immediately? Yes, a durable power of attorney may express your intent to make it effective immediately.

Can I Make a Durable Power of Attorney That Becomes Effective Only if I Become Incapacitated? Yes, a durable power may express your intent to make it effective upon your disability or incapacity. You should also explain in the document how you would like your disability or incapacity determined.

How Do I Cancel a Durable Power of Attorney? You may cancel (revoke) your durable power of attorney, but only when you are able (competent). You must sign a written document that says the durable power of attorney is revoked. You should sign the document in front of a notary public or two witnesses, but it is not required. Deliver your signed document to your agent and to anyone with whom your agent is dealing (for example, your bank).

Whom Should I Name as My Agent? You may name any adult or a bank as your agent. You should have trust and confidence in whomever you select. Your agent should be willing to do this job for you.

... Continued on Page 6

In Loving Memory . . .

We take this time to honor and remember those we have loved who passed away during the month of **April**. We express our sincere thoughts and prayers to their families and friends.



Harold Weaver ~ April 5
Veronica Newberry ~ April 10
Judith Stinson ~ April 16
Virginia Davis ~ April 22
John Smith ~ April 28

Teresa Chines ~ April 5
Alfreda Schmidt ~ April 15
Mary Miller ~ April 17
William Clark ~ April 26



Good Friends Make Great Neighbors

A new referral program for Residents of Burcham Hills

About The Program

Think of individuals you'd like to have as neighbors - folks who'd benefit from the great lifestyle at Burcham Hills. Then refer them to us!

Benefits for You

- ✔ If your friend is already in our database, you will receive \$1,000 off your rent
- ✔ If your friend is not in our database, you will receive \$2,500 off your rent when your friend moves in **and** \$2,500 off your rent when your friend has lived at Burcham Hills for 6 months
- ✔ Quarterly drawings for anyone who submits a referral, whether your friend moves in or not

Have Someone in Mind?

- 📞 517-827-9022
- ✉ mtrail-crosser@burchamhills.com
- 📍 Stop by the Marketing Office





OFF THE SHELF

Burcham Hills Library Scoop

Last month, when 40 paperback books in new condition by writer Georgette Heyer were anonymously donated to our Burcham Hills Library, we recognized that we lacked shelf space for that many books by one author. So, we chose to make them available directly to our readers for the taking. They do not need to be checked out or returned. They are there for your enjoyment. Feel free to trade among yourselves so that they are widely read.

Who was Georgette Heyer? A British writer who wrote from the 1920s to 1970, whose name is associated with romances, histories and mysteries set from the 1790s to 1837, and especially from 1809 to 1820, the **Regency Era**. George III was the King of England then but had been declared insane. His son was named Regent or ruler in his place, later to be known as George IV. This was a period of rapid and dramatic change in England, with political revolutions in the colonies and France, the dawning rumblings of the Industrial Revolution, rural poverty, rapid urbanization, increasing crime and violence.

In this tumultuous time, England had a wealthy aristocracy of perhaps 400-500 families whose social lives were dictated by the existence of a so-called marriage mart. Men of “the ton” sought wealthy and pretty women to marry, while women hoped to marry substantial men. Their marriage “choice” determined the rest of their lives. Women had no rights and failure to make a good marriage doomed them to genteel employment as governesses, dressers and housekeepers. To be found unchaperoned with a single man was to be forced to marry or fall into a life outside the “beau monde.” Men were never censured for the same behavior.

Heyer, who captures this world, as also did Jane Austin who lived in it, never aspired to be an author, but rather an entertainer who researched it for historical accuracy, mastering its eccentricities, and its slang. She depicted its social whirl of balls, theatre outings and house parties, and all arenas in which courting might occur, invented intricate plots and strong characters and left a treasure trove of novels that detail the age. We find crisp dialogue, spicy humor and a veritable catalogue of British slang, but little of the social commentary for which Austin is known. Slang began as a secret language of the underclasses in the 1740s but by the time the Regency had evolved into a picturesque part of the native tongue spoken by most men and some women. Heyer is a master of this new language.

A student and populizer of this era, Stephen Fry, actor, broadcaster and critic with *The Guardian* (October 1, 2021), has written on the enduring appeal of Georgette Heyer: “one of the wittiest, most insightful and rewarding prose writers imaginable, whose “style of literary historical fiction . . . is to research and reproduce the airs, modes and everyday details of a period with so much authenticity that you might almost be reading an author of that age.” One final note is that the *Encyclopedia Britannica* has never recognized Heyer as an author or historian of the Regency Era.

We thank you for thinking of us as the custodian of your books.

Be a Reader & Learner Now!

Alzheimer's Association Caregiver Support Group

Thursday, May 9 (every 2nd Thursday)
4:00 - 5:00 pm, Private Dining Room

It's a family affair. You are not alone in the fight against Alzheimer's disease. This Caregiver Support Group can help. The support group is designed to offer emotional support and provide helpful information on coping with the challenges of Alzheimer's disease. The group is facilitated by trained support group professionals. The group is confidential, free and open to the public. Everyone needs support, especially those caring for loved ones with Alzheimer's Disease.



Lansing Area Parkinson's Support Group

Tuesday, May 21 (every 3rd Tuesday)
3:00 - 5:00 pm, Ada Whitehouse Room

Join this local organization for education, comradery and social activities. Learn coping technology, share knowledge and experiences and make new friends. Offer and receive support from those who understand.



Religious Services

Open Bible Study (Non-Denominational)*

Hosted by Pastor Peter Robinson
from Pilgrim Congregational UCC
Tuesdays, 10:00 am / Slate Room

Rosary & Communion*

Hosted by volunteers from St. Thomas Aquinas
Thursdays, 10:00 am / AWR
Catholic Mass will be April 11

TV Mass (Catholic)

Hosted by volunteers from St. Thomas Aquinas
Sundays, 10:00 am / AWR

The Peoples Church Live-Stream Service

Sundays, 10:30 am / 5RC

Vespers (Non-Denominational)

Sundays, 4:00 pm / Ada Whitehouse Room

May 5 TBD

May 12 TBD

May 19 Rev. Dr. Shawnthea Monroe
The Peoples Church

May 26 Rev. Peter Robinson
Pilgram Congregational UCC



Call for Ministers



Our Vespers Program relies on Ministers in our community willing to volunteer their time. If you know of a minister who may be willing to officiate services at Burcham Hills, please contact Jayme Sweten, Volunteer Coordinator at (517) 827-1060 to provide information. We will call the ministers to provide details and gauge interest.

American History (Tues., 7:00pm/AWR): Dive into history from the prehistoric to history in the making. Join us for the video, lectures and open discussion.

Artist Studio (Wed., 2:00 pm/553): Each session offers an opportunity to create something new. Everything from props for our socials to gifts around the holidays. We are also open to suggestions.

Brain Boosters (Sat., 10:15 am/4RC): Test your knowledge on a variety of subjects using both trivia and other brain games such as word searches, word scramble puzzles and crossword puzzles. These are often focused on a timely topic such as a holiday or based on a theme.

Bridge (Thurs., 1:30 pm/5RC; Mon., 1:30pm/4RC): Join your neighbors in playing this classic trick-taking card game.

Exploring Architecture (Thur., 3:15pm/Slate Room): Do you love really beautifully designed buildings? We are excited to use our virtual reality headsets which give us the chance to explore all the beautiful flaws and flawlessness of the world's most intriguing architecture.

Exploring The Arts (Mon., 3:00pm/533): Sneak a peak at great performances, artistic inventions and incredible intangible heritage.

Farkle (Sat., 2:00/4RC): A fun dice game with easy to follow rules. Come roll with us, we will keep score!

Fascinating People & Places (Fri., 6:30 pm/4RC): Each Friday evening, a video is featured that focuses on a person's life or an interesting place.

Living to Learn (Mon., 2:00 pm/ 4RC): Watch for this educational program on your calendar. Each week, new topics will be introduced through presentations, discussion groups and hands-on activities.

Manicures (Mon., 11:00 am/5RC; Fri., 2:00 pm/4RC): Recreation staff will file, buff and paint your nails. This is a first come, first served opportunity. If time runs out, we will make every effort to schedule additional time.

Mindful Meditation (Wed. 3:30/Slate Room) We meet for guided meditations to promote a calm and mindful approach to our day to day lives.

Name That Tune Trivia (Tues. 1:00pm/4RC) We play a tune from the 20's to the 60's and see if you can guess it. We'll also have some trivia about the writers and performers of iconic songs.

Social Visits (Mon., 10:00 am/in your apartment): Do you ever feel just a bit too tired to come out and about, but could still use some company? We love a good conversation and would be happy to come to you. Call the Recreation Team at (517) 827-1061 if you would like to request a social visit.

Tech Time (Fri., 10:30 am/4RC): Do you have a question or need help with your tablet, laptop or cell phone? Sarah will provide one-on-one assistance to teach and assist with your questions.

Travel Series (Thurs., 11:00 am/553): Travel to a different time and place, no ticket necessary. Using videos, slideshows and historical information, you will feel as though you are traveling through time and experiencing the wonders of the world.

Wii Bowling (Tue., 4:00 pm/553): This fun interactive video game brings bowling to life without having to find a ball that isn't too heavy or has holes that fit your fingers! See if you can beat the high score!

Reference a Librarian *Cancelled until further notice due to city transportation issues.

Do you have program ideas you would like to see on our calendar?

Contact Matt Bebermeyer, Resident Life Manager, at (517) 220-2215.

Wednesday MOVIES*

7:00 pm - AWR (1RC)*

May 1 - The Notebook (2004)

An elderly man reads to a woman with dementia the story of two young lovers whose romance is threatened by the difference in their respective social classes. . [124 min]

Cast: Gena Rowlands, James Garner, Rachel McAdams

May 8 - The Town (2010)

A proficient group of thieves rob a bank and hold an assistant manager hostage. Things begin to get complicated when one of the crew members falls in love with her. [124 min] *This is an R-Rated Movie.*

Cast: Ben Affleck, Rebecca Hall, Jon Hamm

May 15 - Sleepless in Seattle (1993)

A recently widowed man's son calls a radio talk-show in an attempt to find his father a partner. [105 min]

Cast: Tom Hanks, Meg Ryan, Ross Malinger

May 22- Bite the Bullet (1975)

A pair of ex-Rough Riders, a woman, a gunfighter, an aging cowboy and an English gentleman enter a 700-mile horse race through the Southwest desert in 1908. [131 min]

Cast: Gene Hackman, Candice Bergen, James Coburn

May 29- Julie & Julia (2009)

Julia Child's story of her start in the cooking profession is intertwined with blogger Julie Powell's 2002 challenge to cook all the recipes in Child's first book. [123 min]

Cast: Amy Adams, Meryl Streep, Chris Messina



Saturday MOVIES*

1:30 pm - AWR (1RC)*

Encore Presentation at 7:00 pm

AWR (1RC)*

May 4 - Jane Eyre (1997)

After placing an ad for employment as a governess, Jane Eyre journeys to Thornfield Hall to inquire about a possible position. She is hired by the housekeeper, Mrs. Fairfax, to care for young Adele, the daughter of the brooding Mr. Rochester, who lives at the estate. After much trepidation, Eyre and Rochester begin a romantic relationship, but dark secrets surrounding Rochester threaten to destroy the couple's love. [108 min]

Cast: Deborah Findlay, Laura Harling, Joanna Scanlan

May 11 - A Star is Born (1937)

When a young actress arrives in Hollywood with hopes of stardom, a chance encounter places her under the wing of older actor Norman Maine. Adopting the stage name Vicki Lester, she co-stars with Norman in a major motion picture, but his success is clearly fading even as her career begins. After the couple wed, Vicki's fame continues to grow, but Norman descends into alcoholism, and she must decide between pursuing her dream and caring for him. [111 min]

Cast: Janet Gaynor, Fredric March, Adolphe Menjou

May 18 - Avatar (2009)

A paraplegic Marine dispatched to the moon Pandora on a unique mission becomes torn between following his orders and protecting the world he feels is his home. [162 min]

Cast: Sam Worthington, Zoe Saldana, Sigourney Weaver

May 25 - Mr. Popper's Penguins (20)

The life of a businessman begins to change after he inherits six penguins, and as he transforms his apartment into a winter wonderland, his professional side starts to unravel. [94 min]

Cast: Jim Carrey, Carla Gugino, Angela Lansbury



A Movie Committee selects the movies shown each month, which are based on resident requests.

If you would like to be a part of the committee or you have a movie to suggest, please contact Madison Crosser at (517) 351-0087

***All programming complies with the FHA. Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.**



May Birthdays

- 6 Henry Kopek
- 7 Eleanor Pinkham
- 9 Catherine Shier
- 9 Mary Daugherty
- 10 Louella Nelson
- 11 Mary Myers
- 13 Nancy Pollack
- 15 W Albert Hakala
- 17 Connie Kosloski
- 19 Michael Jost
- 19 Margaret MacFarlane
- 22 Ruth Barnes
- 22 Carl Bennett
- 23 Marvin Pullin
- 23 David Cobb
- 24 Pat White
- 25 Mary Sturdivant
- 26 Wynne Lewis
- 28 Nelson Jimenez
- 28 Stanley Stroh
- 28 Gordon Miracle
- 30 Robert Leipprandt
- 31 Roy Switzer
- 31 Gloria Epstein

May Meetings

- 13 Resident Ctr Assn. Board Mtg
1:30 pm / PDR
- 23 RC Food & Dining Comm. Mtg
2:30 pm / PDR *(all RC residents welcome)*
- 28 CHR Food & Dining Meeting
10:30 am / 3CHR Pigeon
- 28 CHR Resident Council
11:00 am / 3CHR Pigeon

May Highlights

- 3 Burcham Derby
- 3 RC Wine & Cheese Social
- 5 Live Stream Music
- 7 Special Election
- 7 Lunch Bunch: Applebee's
- 8 Jeff The Magician
- 9 East Lansing Public Library Outing
- 9 Alzheimer's Caregiver Support Group
- 9 Finger Family Band*
- 10 Johnathan Stars
- 13 Art Appreciation with Ethel
- 14 SIX the Musical
- 15 Burcham Wellness Clinic
- 16 Tom Timlin Performs
- 17 RC Wine & Cheese Social
- 19 Live-Stream Music
- 20 Sarah Seely Piano Recital
- 21 Okemos High School Planting Day
- 21 Gadget Workshop
- 21 Lansing Parkinson's Support Group
- 22 Cooking Through Time
- 22 Oopsy Daisy Flower Sales
- 23 **Memorial Day BBQ**
- 23 RC Food & Dining Committee
- 27 Memorial Day
- 28 Death Café
- 28 Movie Theater Outing

Life Enrichment Team

Matthew Bebermeyer
Resident Life Manager
Ext. 205

Resident Center
Ext. 277 or 827-1061
Sarah Schimm
RC Recreation Assistant
Cheri Worrall
MC Recreation Assistant

Center for Health & Rehab

Ext. 281 or 827-2449
Jaidyn Schooley
Recreation Therapist
Diana Vogel
Recreation Therapy Assistant

Volunteers
Ext. 427 or 827-1060
Jayne Sweten
Volunteer Coordinator &
RC Recreation Assistant

Wellness Team
Ext. 410 or 827-2452

Tracy Wescott
Rachel McNamara
Olivia Logan
Noah Hagerty
Fitness Specialists

Transportation
(517) 410-1078
Terry Lickman
Driver

PS Salon & Spa
(517) 351-7241
Appointments available
Monday-Friday
9:00 am - 3:00 pm



BINGO LOCATIONS



Wednesdays 6:30 pm 2CHR
Thursdays 3:30 pm 3CHR
Saturdays 3:30 pm 3CHR

June Upcoming Events

- 5 Community Health Talk
- 19 Breakfast with a Doctor
- 28 Frankie & the Crooners