

The StoneBriar Flyer

May 2024

Volume 3; Issue 5

**LET'S FIRE
UP THE GRILL!**



In celebration of
Memorial Day

**Thursday, May 23
11:30 am - 1:00 pm
Courtyard Patio**

Invite your friends, neighbors and family to join us for this annual event with lots of food, entertainment and socialization! Seating is first-come, first-served.

Entertainment will provided
Menu: TBD

Who to Contact

Security

(517) 977-4581

Concierge Services

(517) 351-0087

Madison Crosser

Lorayne Bouck

Concierge Services

7 days per week

9:30 am - 6:00 pm

Life Enrichment

Matt Bebermeyer

Resident Life Manager

(517) 220-2215



May 6

Henry Kopek

May 13

Nancy Pollack

May 23

David Cobb

May 24

Pat White

May 31

Roy Switzer



StoneBriar
at Burcham Hills®



From the Desk of the Executive Director . . .

by Kari Rennie

50 years ago, we opened our doors for the first time to the East Lansing community. We were created from the dream of our main founder, Ada Hunt Whitehouse, whose will-power, ingenuity, persistence and financial aid made a dream into a reality. Ada watched over our construction for the four years while we were being built and she was our very first resident that moved in when our doors opened on April 15, 1974! I believe she watches over us all today and enjoys the legacy of the amazing community she helped bring to fruition.

When you reflect over 50 years on how many we have served - from the residents, to family members, to team members, it is truly a blessing and honor to be able to call Burcham Hills home.

Thank you to all who were able to join us in our Golden Anniversary Celebration! We are so appreciative of everyone's support, our relationships that continue to grow across mid-Michigan and we are ever grateful for the trust the community has in us. Serving in our community enables us to create memorable experiences, high quality care and compassion across our campus.

Burcham Hills celebrating 50 years is something not achieved by many organizations. What we do is a calling, a purpose and a mission. We are people serving people, some at the most vulnerable times of their lives and others now entering their golden years. All deserving excellence every day and this is what we strive to do.

Burcham Hills is "*Dedicated to the Journey of Life*" and believes "*the future is for us to create, not just waiting for us to experience*" as we serve all in Michigan's Capital Region.

Enjoy the photos of the Celebration and the stories throughout our community. **Cheers to 50 more!**

May's Trivia Question about Burcham Hills

How many work orders (maintenance requests) are completed on an average per month at Burcham Hills?

A - 788 work orders per month

B - 888 work orders per month

C - 688 work orders per month

Please make your selection at the Concierge Desk or the Scenic View Dining Room (SVDR). All submissions with the winning answer will be entered into a raffle for a \$500 monthly credit to your account! Only one submission each month per resident.

Burcham Hills

Leadership Team

Kari Rennie, NHA

Executive Director

827-1042

krennie@burchamhills.com

Nancy Hanford

Director of Admin. Services

827-1043

nhanford@burchamhills.com

Angela Brummette, NHA

CHR Administrator

827-1037

abrummette@burchamhills.com

Matt DeWolf

Director of Finance

351-4662

Mdewolf@burchamhills.com

Matt Pray

Director of Food & Beverage

827-1025

mpray@burchamhills.com

Michelle Robbins

Resident Center Director

827-9029

mrobbins@burchamhills.com

Michelle Traill-Crosser

Director of Sales & Marketing

827-0703

mtraillcrosser@burchamhills.com

Petra Paca

Director of Human Resources

Fitness Classes

Join any of our fitness classes to see which ones works best for you! Please note that some classes have a charge for specialty instructors. Amenity credits can be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Cost
T/Th	10:00 am	Pebble 1	Yoga	\$15
Th	1:00 pm	Pebble 1	Power of Play	Free
Sat	11:30 am	Pebble 1	Restorative Yoga	\$15
M/W/F	10:15 am	4RC	Fall Prevention	Free
M/W/F	11:15 am	AWR	Advanced Fit & Functional	Free
T/Th	11:15 am	AWR	Fit & Functional	Free

Fit Notice

Cardio Drumming has been canceled due to low enrollment.



COFFEE CHAT  **Tuesday, May 7**
(1st Tuesday of every month)
with Matt **9:30 am / Bistro**
Join Matt Pray, Director of Food & Beverage, to discuss dining

JOIN US FOR HAPPY HOUR  Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour! Enjoy some wine or beer and good company!
Dinner will begin at 5:00 pm on Thursdays.

*Cornerstone
 Bistro* 

Matt Pray
 Director of Food & Beverage
 (517) 827-1025

Open Daily
 12:00 ~ 6:30 pm

Daily Lunch Specials
 12:00 ~ 2:00 pm

Dinner Service
 4:30-5:00 pm (take out service)
 5:00-6:15 pm (table service)
 6:15-6:30 pm (take out service)



Burcham Hills®

50 Years | *Where Tradition Meets Tomorrow*

Good Friends Make Great Neighbors

A new referral program for Residents of Burcham Hills

About The Program

Think of individuals you'd like to have as neighbors - folks who'd benefit from the great lifestyle at Burcham Hills. Then refer them to us!

Benefits for You

- ✔ If your friend is already in our database, you will receive \$1,000 off your rent
- ✔ If your friend is not in our database, you will receive \$2,500 off your rent when your friend moves in **and** \$2,500 off your rent when your friend has lived at Burcham Hills for 6 months
- ✔ Quarterly drawings for anyone who submits a referral, whether your friend moves in or not

Have Someone in Mind?

📞 517-827-9022

✉ mtraill-crosser@burchamhills.com

📍 Stop by the Marketing Office



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ACROSS

- 1 Numerous
- 5 Oscar de la ____
- 10 ____ all-time high
- 14 Robt. ____
- 15 Slippery as ____
- 16 Western pact
- 17 Razor brand
- 18 Madame de ____
- 19 ____ Three Lives
- 20 Threshold
- 22 Roast host
- 23 Approach
- 24 Actress Lollobrigida
- 26 Moving
- 29 Young bird
- 33 Backup procedure
- 34 Sub detector
- 35 Twosome
- 36 Do a number
- 37 Fortune-telling cards
- 38 Stiff
- 39 Dreyer's partner in ice cream
- 40 Alabama city
- 41 Gallows loop
- 42 Having no junction
- 44 Change
- 45 A Chaplin
- 46 Husband of a countess
- 48 Toothbrush brand
- 51 Detect
- 55 Graph prefix
- 56 Primed
- 58 Beguiling trick
- 59 Slightly open
- 60 Cosmetics Lauder
- 61 Son of Rebekah
- 62 Hightails it
- 63 Separated
- 64 Freeway access

DOWN

- 1 Anthropologist Margaret
- 2 Chorus member
- 3 Sleuth Wolfe
- 4 Longing
- 5 Dreadlocks wearer
- 6 PC key
- 7 Half-moon tide
- 8 Driver's aid
- 9 The lot
- 10 Beast
- 11 Bath powder
- 12 To ____ (perfectly)
- 13 Lymph ____
- 21 Balkan native
- 22 ____'acte (intermission)
- 24 Columbus's birthplace
- 25 The wolf ____ the door
- 26 Church recesses
- 27 Slip
- 28 Country singer Tucker
- 29 Standards
- 30 Fool
- 31 Suckle
- 32 Private Pyle
- 34 Chip dip
- 37 New driver, often
- 38 Disciple
- 40 Oscar Madison, for one
- 41 Pusher pursuer
- 43 Grinders
- 46 Breed of duck revered for its feathers
- 7 So far
- 8 Milky gem
- 9 Indian chief
- 0 Composer Khachaturian
- 1 Facts and figures
- 2 Passport endorsement
- 3 Jack of "Rio Lobo"
- 4 Enlist again
- 6 "Michael Collins" actor
- 7 Clairvoyant's claim

StoneBriar Outings

StoneBriar Lunch Outing

Soup Spoon Café - Lansing

Wednesday, May 29

Reservation for 12:00 pm

Cost: approx. \$20-\$25



Sign-up by May 23

Burcham Hills is unable to provide transportation.

Please indicate upon sign-up if you will need a ride and we will assist in arranging transportation.

Sign-up sheet located by mailboxes or contact Madison Crosser at (517) 351-0087.

Your StoneBriar amenity credit can be used for any outing costs.

Did you Know?

- Your Thermostat will need batteries from time to time so if you look at it closely, there will be a message telling you if the batteries are low. Maintenance will replace them for you—just place a work order with the Concierge.
- Gardening will be starting every Wednesday at 10:00 am. If you want to help enhance the beauty of our gardens, just show up at the garden shed in the courtyard and Alanna and Cathy, our master gardeners, will direct you.
- You can use your amenity credits to buy meals for fellow StoneBriar residents the same as you can for a guest. **NOTE:** See Keith McConnell for details.

Reminders and Notices:

Rummage Sale Collection

The Annual Rummage Sale, which benefits the Alzheimer's Association, will be in July. We have arranged a space on the first floor of StoneBriar in the 1E15 storage room (trash room at the far end of the hallway) to collect items you no longer want. Until the rummage sale, you are welcome to leave items there and take things you may want for yourself. Anything left in July will be put in the rummage sale.

NOTE: Please do not place items on the side of the room near the heating unit. Items need to be placed in the room neatly and kept in a tidy order.

2ND ANNUAL BURCHAM DERBY

FRIDAY, MAY 3, AT 1:30 PM IN THE AWR

RACE FOR  THE ROSES

ACTIVITIES WILL INCLUDE:

- VOTING FOR YOUR FAVORITE HAT
 - THEMED GAMES
 - RACE HORSE NAMING
 - RAFFLE
-

Burcham Hills®

50
—YEARS—

Where Tradition Meets Tomorrow

Don't miss the inflatable costume race and a whole lot of fun. Mystery staff members will be dressed in our inflatable costumes and "race" around the course. We need you to cheer them on and celebrate our winners!

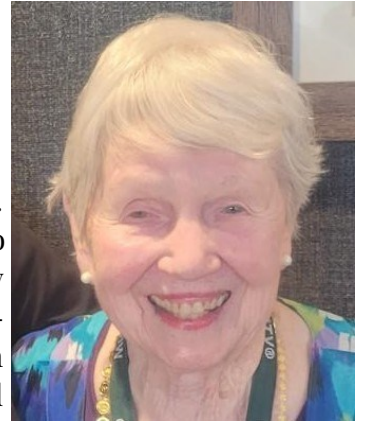




MEET: Shirley Noetzold

Get to Know Your Neighbors

Shirley grew up in Detroit, MI and met her husband, Bob, at Case Tech High School. Family was a big part of Shirley's childhood and adulthood. Her grandparents lived to be 98 and 101 and they were involved in wonderful family gatherings. Bob and Shirley had two daughters, Linda and Susan, graduates of MSU. Three of Shirley's four grandchildren also went to MSU. Her granddaughter, Megan, recently received her Masters in Special Ed. from MSU. Shirley entered college at the age of 33 and attended Oakland University in Rochester, MI, which, at that time, was a "sister college" of MSU. Shirley received her Masters in Library Science from New York State University.



Working as a teacher and librarian for 25 1/2 years in Michigan and New York was a wonderful experience, especially as a librarian at Andover High School for 20 years. Shirley retired in 2000 and moved to East Lansing, just three miles down Park Lake Road. A super perk was having her four grandchildren live with her off and on while they were attending college.

Shirley enjoys reading and family activities. Travels to the Outer Banks and other beach areas are favorite destinations. After retiring, Shirley did volunteer work teaching English to 13 Korean students under the 'English as a Second Language' program. She now continues her volunteering in the Burcham library. The caring and kind people at StoneBriar have brought joy to Shirley as well as the opportunity to participate in many interesting activities.

If you would like to share your story, please complete the spotlight form and return it to Madison Crosser.

Book Club



May 20 / 1:00 pm / WRAS

This group is hosted by Clusters Residents. The current book selection is The Thursday Murder Club by Richard Osman.

The Book Club meets every other month and all are

StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

Next Meeting: Thursday, May 9 / 2:15 pm / AWR

Geology Dinner Night

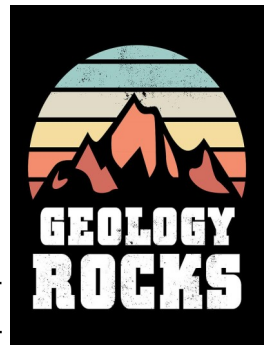
Every Saturday

5:15 pm / Slate Room

Hosted by: Keith McConnell

Each Saturday night will feature a different video of a geological wonder of the world.

Bring your dinner into the Slate Room and join this new program to learn and discuss with your friends and neighbors!



Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please let Pat F. or Alesha know.

**CITY OF
EAST LANSING
ELECTION**

**TUESDAY,
MAY 7**

Ada Whitehouse Room

Polls

**Open at 7:00 am
Close at 8:00 pm**

**Burcham Hills is a
Voting Precinct for the
City of East Lansing.**



WELLNESS CLINIC

**MAY 15, 9:00- 11:00AM
PEBBLE 1 STUDIO**



Physical Exercise



Cognitive Fitness



Social Engagement

RendeverFit™



The future of fitness for seniors is here.

RendeverFit™ combines physical activity with social engagement and cognitive stimulation to make for the ultimate exercise experience designed for seniors.

Physical activity reduces the risk of numerous diseases and chronic conditions. The benefits are clear, but the exercise experience for older adults has been...lacking.

PARTICIPATING VENDORS

- Careline Health Group
- Capital Urology Associates
- Burcham Fit Team
- East Lansing Prime Time
- TMC Physical Therapy
- Burcham Foundation
- Resident Volunteer Program
- Clinical Department

**Looking to update your work out routine?
Introducing RendeverFit - Stop by for a demo**

The Salon Team

Hair and Nail Stylists

Tammy Stump

Jodi Rice

Massage Therapist

Amy Vandenberghe

PS Salon & Spa offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.



Hair & Nail Appointments

Monday-Friday / 9:00 am - 3:00 pm

Massage Therapy Appointments



RESIDENT APP

Have you accessed your resident app? This will give you real time access to the activities calendar, dining menus and more. For an instruction card or assistance in setting up the