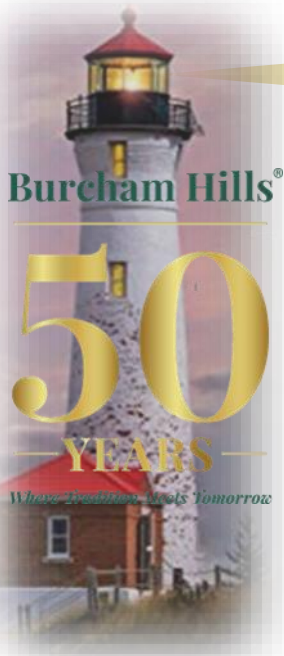


Burcham Beacon

Volume 17; Issue 34

April 2024



Spring into March

March was quite the busy month full of fun and activities. We had an amazing turnout for our St. Patrick's Day Social, all in attendance had a wonderful time listening to our favorite musical duo Ricky and Nicky. Of course, the snacks were delicious, especially the punch, which was an on-theme green.



Once again the Burcham Hills community came together to support the annual Easter Egg Hunt with candy donations and stuffing an impressive 1,250 eggs. It was a hopping good time as we welcomed friends and family to join in on the annual fun!

Featured Extraordinary Promise

We anticipate your needs and act accordingly.

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Newsletter Co-Editors

Matthew Bebermeyer
Nancy Hanford

More photos on page 11 & 12



2700 Burcham Dr. ~ East Lansing, MI 48823 ~ (517) 351-8377



From the Desk of the Executive Director . . .

by Kari Rennie

Happy 50th Anniversary Burcham Hills!

April 2024, the month that marks Burcham Hills' 50th Anniversary. What an exciting time to be part of this amazing community and to serve so many people over 50 years is truly an honor and a privilege. As we're working on different aspects of our milestone year, we are hearing so many stories about our community through residents, families, team members, business leaders, partners and friends. To serve at Burcham Hills continues to be an honor and a blessing for all.

As we celebrate 50 years of community, it's a great moment to reflect on each aspect of senior living Burcham Hills specializes in –

- **Resident Center** – licensed for 266 HFA (Home for the Aged) apartment homes when developed in 1974 as an age in place concept for independent and assisted living and later adding memory care.
 - **Center for Health & Rehabilitation** – licensed originally for 72 skilled nursing beds in 1974, which expanded to 133 skilled nursing beds in 1989. In 2012, an addition of 24 private rooms and the conversion of the existing semi-private to private rooms on the 1st floor was completed along with adding new common areas and a rehab therapy gym.
 - **Clusters Condominium Homes** – 38 condo association homes developed in 1993.
 - **StoneBriar at Burcham Hills** – 44 entrance fee apartment homes developed in 2021.

We look forward to continuing to evolve and grow as we are a community *Where Tradition Meets Tomorrow*, we are *Dedicated to the Journey of Life* for all we serve and *Believe the Future is for Us to Create, not just Waiting for Us to Experience!*

“In the evolution of a town, neighborhood or community, there comes a point when the decisions of the past, the conditions of the present and the prospects for the future collide.” ~ Jeff Smith

We have our first **Residential Town Hall** coming up on **Friday, April 5, at 2:00 pm in the Ada Whitehouse Room**. Those in attendance will have a chance to win prizes, meet your neighbors, ask questions and hear who the February and March Trivia question winners are! This is for all residents, and we look forward to seeing you and enjoying an afternoon of fun!

April's Trivia Question about Burcham Hills

How many acres of land does Burcham Hills consist of?

- A – 32 acres of land
- B – 35 acres of land
- C – 38 acres of land

Please make your selection at the Concierge Desk or the Scenic View Dining Room (SVDR). All submissions with the winning answer will be entered into a raffle for a \$500 monthly credit to your account! Only one submission each month per resident.

Burcham Hills Leadership Team

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All programs are subject to change, please check digital signage for updates.

Music Opportunities

Danny Paul's Grand Ole Opry
Wednesday, April 3 / 3:00 / AWR

Live-Stream Musical Performance
Sunday, April 7 & 21 / 2:00 pm / AWR

Peter Bergin
Wednesday, April 10 / 2:00 pm / AWR

Lansing Matinee Musical
Sunday, April 14 / 2:00 pm / AWR

New Horizon Band
Wednesday, April 17 / 2:00 pm / AWR

New Horizon Band*
Monday, April 29 / 7:00 pm / AWR

Jonathan Gerry
Tuesday, April 30 / 1:30 pm / AWR

The Grassroots Historian*

Michael Mumaugh
Friday, April 19 / 6:00 pm / AWR

Blurred Lines: Louisiana's Creoles & Free People of Color.

This program looks into the unique cultural and race dynamics within the territory and State of Louisiana from the 1600s to the era of Reconstruction (1870s).

Gadget Workshop*

Tuesday, April 16
1:30 - 3:30 pm / 2RC Lobby

East Lansing Public Library will host a drop-by table in the lobby to answer a variety of technology related questions.



"Oopsy Daisy" Flower Sales*

Wednesday, April 24
3:00 - 6:00 pm / 2RC Lobby



Cooking Through Time

Wednesday, April 4 / 2:00 pm / AWR

Ancient Egypt is perhaps known more for its arts, poetry, and extensive range of gods than for its food, but what *did* they eat? We'll take a look at



what kinds of ingredients were available to them, the diets of both rich and poor and the ceremonial as well as practical uses for their food.

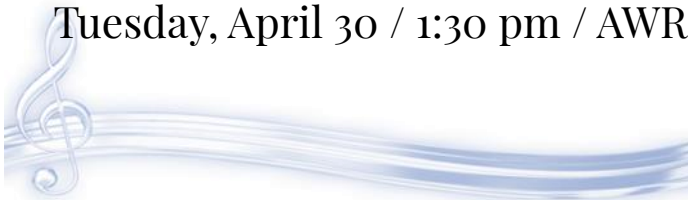
Additional April Holidays

- 3 National Walking Day
- 17 Haiku Poetry Day
- 20 Volunteer Recognition Day

**All programming complies with the Fair Housing Act (FHA). Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.*

Room Location Key

RC	Resident Center
CHR	Center for Health & Rehabilitation
SB	StoneBriar
AWR	Ada Whitehouse Room (1RC)
GLR	Great Lakes Room (3RC)
FC	Fitness Center (2RC)
PB1	Pebbles 1 Gym (1RC)
PB2	Pebbles 2 Exercise Room (1RC)
PDR	Private Dining Room (2RC)
SP	Stansell Patio (1CHR)
SVDR	Scenic View Dining Room (2RC)
WRAS	Wild Rose Art Studio (1SB)



Fascinating People & Places

Fridays @ 6:30 pm / 4RC Lobby

Friday, April 5 & 12 — Raul Julia: The World a Stage *(shown in 2-parts)*

This film is a revealing portrait of the charismatic actor, Raul Julia, who earned recognition across the world for his versatility on stage and on screen before his life was tragically struck short. From his early days on local stages in Puerto Rico to stardom on Broadway and in Hollywood, Raul's story is one of passion, determination and magic.

Friday, April 19

Cancelled*

Friday, April 26 — The Humming Bird Effect

Costa Rica is bursting with some of the most spectacular wildlife and pristine ecosystems in the world, which thrive thanks to a surprising little creature. Venture across wild and rugged landscapes and discover Costa Rica's dazzling diversity of hummingbirds.



Preuss Pets

Animal Encounter

Friday, April 26 / 2:00 pm / AWR

You may encounter the furry, feathered, or even scaled as you meet the friends brought in by Press Pets!

Let's Talk About Birds

Thursday, April 18

2:30 pm / AWR



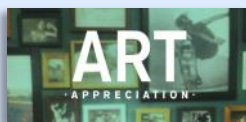
John Baumgartner, Clusters Resident, will provide an educational presentation on local birds. There will also be an opportunity for an open discussion about birds.

Art Appreciation w/ Ethel Anthony

Art Discussion: Jacob Lawrence

Monday, April 8

1:30 pm / Slate Room (1RC)

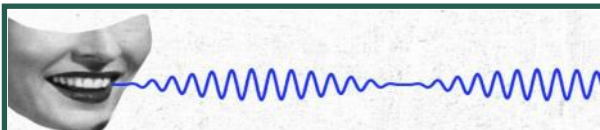


Local art enthusiast, Ethel Anthony, discusses art, the artist who made it and her experiences and knowledge.

Death Cafe
TUESDAY, APRIL 18
(4th Tuesday of each month)
9:30 - 11:00 am
Wild Rose Art Studio (StoneBriar)

Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.

Death can be scary, sad and strange. But it can also be empowering and motivational. So let's talk about it!



Strong Voices

Wednesdays @ 1:00 pm / Slate Room

"We can exercise to take care of our muscles and meditate to take care of our minds, but how often do we take care of our voice? It's such an important part of us! Lots of things affect our vocal health including lack of use. You might be surprised to find how much a few simple daily practices can make you more comfortable when speaking. This is a short 15-20 minute program based on the same techniques used by musicians. It is not a medically informed program or intended to treat specific conditions related to vocal health."

2024 Art Walk

Save The Date Tuesday, June 18, 2024

We are accepting submission forms for the Third Annual Art Walk at Burcham Hills. This year, we will be partnering with other organizations to make this the best Art Walk yet in celebration of Burcham Hills 50 Years in the greater Lansing community!

We will feature art that you have created, appreciate or is important to you. We will accept art in all forms; such as painting, drawing, sculpture, fiber art, performance, audio, video and even collections of something. If you feel it is art, we are interested in your submission!

We are not ready to take the art just yet. Now is the time to complete a submission form and tell us about the art you want to submit. Art will be collected beginning the week prior to the event

If you have questions, contact:

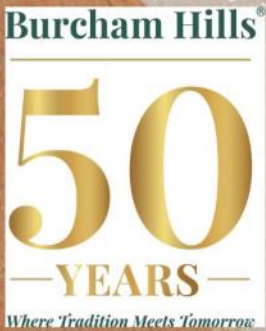
Alesha Williams

(517) 319-6958 or awilliams@cityofeastlansing.com

Matt Bebermeyer

(517) 220-2215 or mbebermeyer@burchamhills.com.

EVERYONE is welcome to participate and all submission forms are due by Friday, May 17.



Community Memorial Service:

A Celebration of Life

Tuesday, April 16

10:00 am

Ada Whitehouse Room

Please join us as we honor those loved ones who have passed over the last six months. We offer this memorial service in partnership with Elara Caring. A reading of names will occur and we will offer the opportunity to share stories and memories of your loved ones.

Refreshments will be served.





MICHIGAN STATE UNIVERSITY
College of Human Medicine



A HEALTH & WELLNESS SERIES:
FUTURE PRESENTATIONS

Save the Date

WEDNESDAY, JUNE 19, 2024
WEDNESDAY, AUGUST 21, 2024
WEDNESDAY, OCTOBER 16, 2024

BREAKFAST WITH A DOCTOR

A HEALTH & WELLNESS SERIES

WEDNESDAY, APRIL 17, 2024

9:30 AM

ADA WHITEHOUSE ROOM

RSVP TO (517) 319-6958

BY APRIL 12

Hurry! Seating is limited.
Reservation Required.

Burcham Hills, East Lansing Prime Time & Michigan State University College of Human Medicine welcome you to join us for this educational series featuring local physicians and researchers focusing on topics relevant to older adults and healthy aging!

SUPPORTING HEALTHY AGING:

ADVANCES IN DELAYING/PREVENTING NEURODEGENERATION & MORE
PRESENTER: DR. JAMIE K. ALAN RPH, PHARM.D, PHD

Dr. Alan is an award winning and published researcher and pharmacist and an associate professor in the department of Pharmacology and Toxicology. She will present on her work with uncovering the role of lipids in neurodegenerative diseases such as Alzheimer's and Parkinson's Diseases. She will also discuss the research on wheat and its affect on health and life spans.

BURCHAM HILLS ♦ 2700 BURCHAM DRIVE ♦ EAST LANSING, MI 48823



Managed by Life Care Services*

BURCHAMHILLS.COM

World Parkinson's Day

Thursday, April 11, 2024

8:00 am - 3:00 pm



Senior living communities across the country are joining together to raise awareness for Parkinson's Disease. Our Community has a goal to reach 1500 steps in one day and we need YOU to help us!

Sign-up with any of the fitness team members for a 15-minute block of time to get your steps in! Sign-up sheets are also available in both gyms for convenience. NuSteps will be available in both Fitness Centers and walk-ins are welcome based on NuStep availability. You will have your own personal cheerleader during your time block and we encourage everyone to come cheer on the participants.

RC Neighborhood Meetings



- 2RC: Tuesday, April 16**
2:00 pm / PDR
- 3RC: Tuesday, April 9**
11:00 am / Looking Glass (3RC)
- 4RC: Tuesday, April 2**
1:30 pm / 4th Flr Lobby
- 5RC: Tuesday, April 23**
3:00 pm / 5th Flr Lobby

Open forum for questions, suggestions and concerns with Michelle Robbins, Resident Center Director.

Burcham Hills
A Life Plan Community

Resident Center Education Series
For Residents & Families

About This Program
This program will provide education on pertinent topics to our residents and families of the Resident Center at Burcham Hills. Each month a new topic will be introduced.

Tuesday, April 9
2-3:00 pm
Ada Whitehouse Room

Presenter & Topic:
To Be Determined

(571) 351-8377 | mrobbins@burchamhills.com | 2700 Burcham Drive, East Lansing, MI



Resource Reminder

Tech Time

Fridays / 10:30 am / 4RC

Do you need some insight or practice with the features available on your phone or tablet? Troubles with emails or internet connection? Whatever your question our recreation staff will do our best to find a solution.

Let Us Know

What kind of small groups would you be interested in attending? In what areas of the building would you like to have activities? At what time? Recreation would love to hear your suggestions.



Mondays
3:30 pm
Cornerstone Bistro

A cocktail will be featured each week as you join together with your friends and neighbors for this weekly event.

Wine & Cheese Social

3:00 pm / 2RC Lobby
Friday, April 5 & 19

Come mingle and munch with music by Shaoming!



Birthday Party



Tuesday, April 2
1:00 pm / 4RC

Join us in celebrating those with **February** birthdays!

RC Food & Dining Committee

Thursday, April 25
1:30 pm / PDR

All RC Residents are welcome to attend!

★ Resident Spotlight - Brandon Cassel ★

“I’ve seen perseverance and a will towards happiness in a place I never would have thought I belonged. I’ve learned invaluable things from wonderful individuals I would never have met if not for a hopeful referral to Burcham Hills. Thank you Burcham!”
~ Brandon Cassel



CHR Outing & Event Details for April

Birthday Party

Wednesday, April 3 / 1:30 pm (3CHR)

Happy Hour

Wednesday, April 10 / 3:30 pm (2CHR)

Lunch Outing to Culvers

Wednesday, April 24 / 11:30 am

**sign-up with a recreation staff or call (517) 827-1061*

CHR Food & Dining Meeting

Tuesday, April 30 / 10:30 am (3CHR)

Resident Council Meeting

Tuesday, April 30 / 11:00 am (3CHR)

Lunch Bunch Outing

Coral Gables

Tuesday, April 9

Depart: 11:30 am

Return approx.: 2:00 pm

Cost: \$20 - \$25



Please sign-up by April 5

Save the Date

SIX The Musical

Tuesday, May 14

Depart: 6:45 pm

Show time: 7:30

Cost: \$91 + \$10 for BH Transportation



Reservation previously required

Movie Theater Outing

Movie to be determined

Tuesday, April 16

Departure time: TBD

Cost: \$10.00 movie

Snack \$ optional



Movie times cannot be selected more than one week ahead of outing due to changing show times at the theater. Movie times will be posted the week prior to the outing.

Please sign-up by April 14



Outings Sign-up Procedure

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 48-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

NOTE: Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

Silent Movie: Steamboat Bill Jr.

With live musical accompaniment

Sunday, April 28

Depart: 2:15 pm

Return approx.: 5:00 pm

Cost: \$12-\$15



RSVP Due April 16

Moulin Rouge! Wharton Center

Thursday, April 11

Depart: 6:45 pm

Show time: 7:30 pm

Cost: \$81/ticket + \$10 for BH Transportation



Reservation previously required

Fitness Specialist Hours

Monday - Friday
7:00 am — 4:30 pm
Fitness Centers
always open

Group Exercise Schedule

Fall Prevention

Mon / Wed / Fri
10:15 am / AWR

Fit & Functional

Tue / Thurs
11:15 am / AWR

Advanced Fit & Functional

Mon / Wed / Fri
11:15 am / AWR

Cardio Drumming

Wednesdays
1:30 pm / Pebble 1



Monthly Wellness Focus:



Health Services

Health Services pertains to medical screenings and regular exams, along with the proper management and organization of healthcare needs.

Special Notice:

Fitness classes will be held at 10:15 am on 4RC
April 12, 17, 19, 25, 26



**SPRING INTO FITNESS
CHALLENGE
WINNERS!**



StoneBriar:
Larry Combs

Resident Center:
Jeanne McKowen &
David Ronk

Clusters:
Peggy Garver

Burcham Hills®

50
—YEARS—
Where Tradition Meets Tomorrow

MC:
Alice Piggott

CHR:
Embry Williams

**THANK YOU TO ALL THAT PARTICIPATED IN THE
MARCH CHALLENGE. PRIZES WILL BE DELIVERED
BY YOUR FRIENDLY FIT SPECIALIST.**



30 Days to a Healthier You!

Save the Date: Wellness Clinic May, 15 / 9:00 am –11:00 am / Pebble 1





The Salon Team

Hair and Nail Stylists

Tammy Stump
Jodi Rice

Massage Therapist

Amy Vandenberghe

PS Salon & Spa offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.



Hair & Nail Appointments

Monday-Friday / 9:00 am - 3:00 pm

Massage Therapy Appointments

Thursday / 9:00 am - 2:00 pm

Or by appointment

From Down the Hill . . .

By Peggy Garver, Clusters Association Liaison



Every other month, a small group of people go on a literary adventure. They may plunge into chapters of indigenous wisdom, scientific knowledge and the teachings of plants in the book "Braiding Sweetgrass" by Robin Wall Kimmerer. Perhaps they participate in the search for clues in "The Thursday Murder Club" by Richard Osman. Or they may track the adventures of Okie as he flees the brutality of the Lincoln Indian School in "This Tender Land" by William Kent Kruger.

Clusters resident Nancy Martling leads a book club the third Monday of January, March, May, July, September and November at 1:00 pm in the Wild Rose Art Studio at Stonebriar. Books are provided. Everyone is welcome. Contact Nancy if interested @ mimartling45@gmail.com.

The next meeting is May 20, 2024.

**CITY OF
EAST LANSING
ELECTION**

**TUESDAY,
MAY 7**

Ada Whitehouse Room

Polls
Open at 7:00 am
Close at 8:00 pm

**Burcham Hills is a
Voting Precinct for the
City of East Lansing.**

Burcham Hills®
50
YEARS
Where Tradition Meets Tomorrow

**TRIVIA
CONTEST**

April's Question

How many acres of land does Burcham Hills consist of?

A – 32 acres of land
B – 35 acres of land
C – 38 acres of land

All submissions with the winning answer will be entered into a raffle for a \$500 monthly credit on your account! A drawing of the correct guesses will be held and then announced at our August Residential Town Hall Meeting in April so be sure you come on down to Ada Whitehouse Room to see who your lucky neighbors are - it could be YOU!!



News from the Burcham Hills Foundation

By Lesa Smith, Foundation Director

Your Gift is Valued Support

As a nation, Americans continually set new records for charitable support. Qualified charitable organizations thrive in part because of this pervading generosity. The list of organizations that depend wholly on the private support of individuals, families and businesses would number into the hundreds, even thousands of pages. Indeed, the work of Burcham Hills depends on private individual expressions of support coming its way through charitable gift donations received through the Burcham Hills Foundation. Generous donors support Burcham Hills with gifts given through the Foundation's annual campaign as well as other specific fundraising opportunities.

There are many ways you can give a gift to the Burcham Hills Foundation, including writing a check or giving cash. You may also plan today for a future gift by naming Burcham Hills as a bequest beneficiary in your estate.

These two ways of giving represent either end of a charitable spectrum – the first providing immediate support and the latter representing a final communication of a philanthropic heart. Additionally, between these two points on the giving spectrum exists several other ways in which you can provide critical support to Burcham Hills. Often the way a gift is given can have a dramatic impact on helping to meet your long- and short-term charitable giving objectives.

Almost every gift given through the Burcham Hills Foundation comes with certain tax benefits. In many situations, it is possible to receive more than just a charitable income tax deduction. Certain ways of giving make it possible to bypass capital gains taxes on appreciated assets, significantly reduce estate taxes and even establish a whole new source of income for you and your family. When it comes to expressing your philanthropic wishes, you may find a dollar's worth of value can be dramatically increased. The critical ingredient is careful planning.

We would be happy to talk with you regarding gifting opportunities and provide you with information on tax benefits aligning with your specific charitable gift. Please contact Lesa Smith, Director of the Burcham Hills Foundation, at (517) 827-2924 or lsmith@burchamhills.com to begin this discussion.

One thing is certain, no matter what form your philanthropic expression may take, there is no way we can adequately express the value of your charitable support of the Burcham Hills Community. Thank you!

All information provided regarding charitable giving is intended to outline general gift planning and assist donors to achieve their philanthropic giving intentions. The Burcham Hills Foundation staff is not qualified to provide specific legal, tax or investment advice. For such advice, please consult with your own legal and/or financial advisor before giving any charitable gift.

In Loving Memory . . .

We take this time to honor and remember those we have loved who passed away during the month of **March** . We express our sincere thoughts and prayers to their families and friends.

Lue Della Henderson ~ Feb 29

Lucille Walker ~ March 5

Robert Arens ~ March 10

Patricia Vogel ~ March 16

Susan Wilkis ~ March 25

Howard Walker ~ March 28

Terry Canfield ~ March 31

James Clark ~ March 3

Bernadette Russo ~ March 9

Mary “Joan” Mangiaracina ~ Mar 13

Kenneth Fockler ~ March 16

Vivian Lamond ~ March 27

Paula Rhines ~ March 30



Burcham Hills Library Scoop

“Oh, to be in England now that April’s there.” ~ Robert Browning

An anonymous donor seems to have donated to the Library forty paperbacks by the dean of modern romance writing, Georgette Heyer. Set in England, they proceed on the premise that true love is challenged mightily but wins out in the end. We will have these books ready to loan within a few days.

While we are underwhelmed by the return on last month’s call for “lost books”, we continue to look for books that walked away from the Library before COVID when policies for borrowing and returning books were non-existent. No questions will be asked if you find an old Library book in your possession labeled Burcham Hills Library, just please return it to us. The remainder of our list is as follows:

M. Sarton, A Self Portrait

G. Gardner, Pictorial History, Gone with the Wind

C. Finch, Norman Rockwell; 332 Magazine Covers

L. Branin, Liz: The Pictorial Biography of Elizabeth Taylor

A. Cooke, America

A Lovins, Eryri, The Mountains of Longing

B. Chatterjee, The Poison Tree

A. Christie, After the Funeral

K. Kelly, The House on Malcolm Street

J. Lescroat, The Hunt Club

F. Michaels, Home Free

A. Nafisi, Reading Lolita in Tehran

E. Peters, The Snake, the Crocodile & the Dog

T. Chastain, Perry Mason

M. Hodges, The Promise

O. King & S. King, Sleeping Beauties

L. Lippman, The Best American Mystery Stories

J. Patterson, Lost

AND, the Library has about 70 new books ready for readers and donated by the East Lansing Public Library. Their generosity is most appreciated. These books are to be found on the cart and on the ‘Good Reads’ shelves; some are large print and some mysteries. Moreover, on our rectangular table, we offer a group of fiction and nonfiction reads about living in an authoritarian society. And, finally, after cataloguing, we will be offering to our readers the best seller “Oath and Honor” by Lynn Cheney and “The Women of the Copper Country” by Mary Doria Russell.

We thank you for thinking of us as the custodian of your books.

Be a Reader & Learner Now!



Personal Invitations coming soon!

RESIDENTIAL TOWN HALL



FRIDAY, APRIL 5, 2024

2:00 pm

Ada Whitehouse Room



Kari Rennie
Executive Director

NEW COMMUNICATION PLATFORM

Join us for the **first Residential Townhall**. An opportunity for all — Resident Center, Center for Health & Rehabilitation, Cluster Condo and StoneBriar residents to get to know each other better and hear from the Leadership Team members, and potentially resident leaders and resident peers about what is happening within our community! Learn who the winners are of the February & March Trivia Contest – it could be YOU!



Alzheimer's Association Caregiver Support Group

Thursday, April 11 (every 2nd Thursday)
4:00 - 5:00 pm, Private Dining Room

It's a family affair. You are not alone in the fight against Alzheimer's disease. This Caregiver Support Group can help. The support group is designed to offer emotional support and provide helpful information on coping with the challenges of Alzheimer's disease. The group is facilitated by trained support group professionals. The group is confidential, free and open to the public. Everyone needs support, especially those caring for loved ones with Alzheimer's Disease.



Lansing Area Parkinson's Support Group

Tuesday, April 16 (every 3rd Tuesday)
3:00 - 5:00 pm, Ada Whitehouse Room

Join this local organization for education, comradery and social activities. Learn coping technology, share knowledge and experiences and make new friends. Offer and receive support from those who understand.



Religious Services

Open Bible Study (Non-Denominational)*

Hosted by Pastor Peter Robinson
from Pilgrim Congregational UCC
Tuesdays, 10:00 am / Slate Room

Rosary & Communion*

Hosted by volunteers from St. Thomas Aquinas
Thursdays, 10:00 am / AWR
Catholic Mass will be April 11

TV Mass (Catholic)

Hosted by volunteers from St. Thomas Aquinas
Sundays, 10:00 am / AWR

The Peoples Church Live-Stream Service

Sundays, 10:30 am / 5RC

Vespers (Non-Denominational)

Sundays, 4:00 pm / Ada Whitehouse Room

- | | |
|----------|--|
| April 7 | Rev. Stan Parker
Faith Fellowship Baptist |
| April 14 | Rev. Dr. Shawnthea Monroe
The Peoples Church |
| April 21 | Rev. Perter Robinson
Pilgram Congregational UCC |
| April 28 | Rev. Betsy Aho
Haslett Community Church UCC |



Call for Ministers



Our Vespers Program relies on Ministers in our community willing to volunteer their time. If you know of a minister who may be willing to officiate services at Burcham Hills, please contact Jayme Sweten, Volunteer Coordinator at (517) 827-1060 to provide information. We will call the ministers to provide details and gauge interest.

American History (Tues., 7:00pm/AWR): Dive into history from the prehistoric to history in the making. Join us for the video, lectures and open discussion.

Artist Studio (Wed., 2:00 pm/553): Each session offers an opportunity to create something new. Everything from props for our socials to gifts around the holidays. We are also open to suggestions.

Brain Boosters (Sat., 10:15 am/4RC): Test your knowledge on a variety of subjects using both trivia and other brain games such as word searches, word scramble puzzles and crossword puzzles. These are often focused on a timely topic such as a holiday or based on a theme.

Bridge (Thurs., 1:30 pm/5RC; Mon., 1:30pm/4RC): Join your neighbors in playing this classic trick-taking card game.

Exploring Architecture (Thur., 3:15pm/Slate Room): Do you love really beautifully designed buildings? Are you intrigued by the flaws in buildings that weren't designed as well as they could have been? We are excited to use our virtual reality headsets which give us the chance to explore all the beautiful flaws and flawlessness of the world's most intriguing architecture.

Exploring The Arts (Mon., 3:00pm/533): Sneak a peak at great performances, artistic inventions and incredible intangible heritage. We enjoy everything from the biographies of great artists to discussions about theatrical adaptations and the daily life of performers.

Farkle (Sat., 2:00/4RC): A fun dice game with easy to follow rules. Come roll with us, we will keep score!

Fascinating People & Places (Fri., 6:30 pm/4RC): Each Friday evening, a video is featured that focuses on a person's life or an interesting place.

Living to Learn (Mon., 2:00 pm/ 4RC): Watch for this educational program on your calendar. Each week, new topics will be introduced through presentations, discussion groups and hands-on activities.

Manicures (Mon., 11:00 am/5RC; Fri., 2:00 pm/4RC): Recreation staff will file, buff and paint your nails. This is a first come, first served opportunity. If time runs out, we will make every effort to schedule additional time.

Reference a Librarian (Wed., 12:30 pm/2RC Lobby): Phyllis from the East Lansing Public Library provides books to loan and will take requests to bring for future visits.

Social Visits (Mon., 10:00 am/in your apartment): Do you ever feel just a bit too tired to come out and about, but could still use some company? We love a good conversation and would be happy to come to you. Call the Recreation Team at (517) 827-1061 if you would like to request a social visit.

Tech Time (Fri., 10:30 am/4RC): Do you have a question or need help with your tablet, laptop or cell phone? Sarah will provide one-on-one assistance to teach and assist with your questions.

Travel Series (Thurs., 11:00 am/553): Travel to a different time and place, no ticket necessary. Using videos, slideshows and historical information, you will feel as though you are traveling through time and experiencing the wonders of the world.

Wii Bowling (Tue., 4:00 pm/553): This fun interactive video game brings bowling to life without having to find a ball that isn't too heavy or has holes that fit your fingers! See if you can beat the high score!

Do you have program ideas you would like to see on our calendar?
Contact Matt Bebermeyer, Resident Life Manager, at (517) 220-2215.

Wednesday MOVIES*

7:00 pm - AWR (1RC)*

April 3 - Air (2023)

Air reveals the unbelievable game-changing partnership between a then-rookie Michael Jordan and Nike's fledgling basketball division, which revolutionized the world of sports and contemporary culture with the Air Jordan brand. This moving story follows the career-defining gamble of an unconventional team with everything on the line, the uncompromising vision of a mother who knows the worth of her son's immense talent and the basketball phenom who would become the greatest of all time. [112 min]

Cast: Matt Damon, Jason Bateman, Ben Affleck

April 10 - Marlowe (2022)

Detective Phillip Marlowe becomes embroiled in an investigation with a wealthy family in Bay City, California, after a beautiful blonde hires him to find her former lover. [109 min]

Cast: Liam Neeson, Diane Kruger, Jessica Lange

This is an R-Rated Movie.

April 17 - Ticket to Paradise (2022)

A man and his ex-wife race to Bali, Indonesia, to stop their daughter from marrying a seaweed farmer. As they desperately try to sabotage the wedding, the bickering duo soon find themselves rekindling old feelings that once made them happy together. [104 min]

Cast: George Clooney, Sean Lynch, Julia Roberts

April 24 - Death on the Nile (2022)

Belgian sleuth Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short. [127 min]

Cast: Tom Bateman, Annette Bening, Kenneth Branagh



Saturday MOVIES*

1:30 pm - AWR (1RC)*

Encore Presentation at 7:00 pm

AWR (1RC)*

April 6 - Indiana Jones and the Kingdom of the Crystal Skull (2008)

It's the height of the Cold War and famous archaeologist Indiana Jones returning from his latest adventure finds out his job at Marshall College is in jeopardy. He meets Mutt, a young man who wants Indy to help him find the legendary Crystal Skull of Akator, and the pair set out for Peru. However, deadly agent Irina Spalko is searching for the powerful artifact too because the Soviets believe it can help them conquer the world. [122 min]

Cast: Harrison Ford, Cate Blanchett, Shia LaBeouf

April 13 - My Best Friend's Wedding (1997)

Childhood friends Julianne Potter and Michael O'Neal had a deal to marry each other if they were still single by age 28. Now, four days before her 28th birthday, O'Neil announces that he's marrying a gorgeous 20-year-old named Kimberly. Suddenly realizing that she's actually in love with him, Julianne vows to stop the wedding at all costs. However, when she is appointed maid of honor, things get even more complex. [104 min]

Cast: Julia Roberts, Dermot Mulroney, Cameron Diaz

April 20 - 80 The Flash (2023)

Worlds collide when the Flash uses his superpowers to travel back in time to change the events of the past. However, when his attempt to save his family inadvertently alters the future, he becomes trapped in a reality in which General Zod has returned, threatening annihilation. With no other superheroes to turn to, the Flash looks to coax a very different Batman out of retirement and rescue an imprisoned Kryptonian -- albeit not the one he's looking for. [144 min]

Cast: Ezra Miller, Michael Keaton, Sasha Calle

April 27 - Marry Me (2022)

Pop superstar Kat Valdez is about to get married before an audience of her loyal fans. However, seconds before the ceremony, she learns about her fiance's cheating ways and in a moment of inspired insanity, Kat locks eyes with a total stranger in the crowd and marries him on the spot. [112 min]

Cast: Jennifer Lopez, Owen Wilson, Maluma



A Movie Committee selects the movies shown each month, which are based on resident requests.

If you would like to be a part of the committee or you have a movie to suggest, please contact Madison Crosser at (517) 351-0087

***All programming complies with the FHA. Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.**



April Birthdays

- 3 David Willis
- 5 Elysa Waltzer
- 8 Richard Allen
- 8 Gladys Schmidt
- 8 George Milekovich
- 9 Irma Gady
- 10 Lori Noblet
- 11 Jacqueline Lathrop
- 12 Kenneth Buxton
- 12 Frank Dennis
- 13 Sharon Simpson
- 13 Elizabeth Prudden
- 13 Marianne Rable
- 13 James Mullin
- 14 David Wiggert
- 15 Shirley Harkins
- 16 Legretta Williams
- 17 Debbie Kreutziger
- 19 Philip Jager
- 21 Paula Rhines
- 22 Rachel Roche
- 23 Kathleen Pervorse
- 23 Werner Bergen
- 25 Janet Feighner
- 26 Ellen Kern
- 26 Beatrice Linder
- 26 Robert McKnight
- 29 John Dickinson
- 29 William Mason

April Meetings

- 8 Resident Ctr Assn. Board Mtg
1:30 pm / PDR
- 25 RC Food & Dining Comm. Mtg
1:30 pm / PDR *(all RC residents welcome)*
- 30 CHR Food & Dining Meeting
10:30 am / 3CHR Pigeon
- 30 CHR Resident Council
11:00 am / 3CHR Pigeon

April Highlights

- 2 RC Birthday Party
- 3 Danny Paul's Grand Ole Opry
- 4 Cooking Through Time
- 5 RC Wine & Cheese Social
- 5 **Burcham Hills Residential Town Hall**
- 7 Live Steam Music
- 8 Art Appreciation with Ethel
- 9 Lunch Bunch: Coral Gables
- 10 Peter Bergin
- 11 Alzheimer's Caregiver Support Group
- 11 Pump it for Parkinson's
- 14 Lansing Matinee Musicale
- 16 Celebration of Life
- 16 Movie Theater Outing
- 16 Gadget Workshop
- 19 Lansing Parkinson's Support Group
- 17 New Horizon Band
- 17 Breakfast with a Doctor
- 18 Let's Talk About Birds
- 19 RC Wine & Cheese Social
- 19 The Grassroots Historian*
- 21 Live Stream Music
- 23 Death Café
- 24 Oopsy Daisy Flower Sales
- 25 **Burcham 50th Gala**
- 25 RC Food & Dining Committee
- 26 Preuss Pets Animal Encounter
- 28 Steamboat Bill, Jr. (1928)
- 29 New Horizon Band
- 30 Jonathan Gerry

Life Enrichment Team

Matthew Bebermeyer
Resident Life Manager
Ext. 205

Resident Center
Ext. 277 or 827-1061
Sarah Schimm
RC Recreation Assistant
Cheri Worrall
MC Recreation Assistant

Center for Health & Rehab

Ext. 281 or 827-2449
Jaidyn Schooley
Recreation Therapist
Diana Vogel
Recreation Therapy Assistant

Volunteers
Ext. 427 or 827-1060
Jayne Sweten
Volunteer Coordinator &
RC Recreation Assistant

Wellness Team
Ext. 410 or 827-2452

Tracy Wescott
Rachel McNamara
Olivia Logan
Noah Hagerty
Fitness Specialists

Transportation
(517) 410-1078
Terry Lickman
Driver

PS Salon & Spa
(517) 351-7241
Appointments available
Monday-Friday
9:00 am - 3:00 pm



BINGO LOCATIONS



Wednesdays 6:30 pm 2CHR
Thursdays 3:30 pm 3CHR
Saturdays 3:30 pm 3CHR

May Upcoming Events

- 3 Kentucky Derby
- 15 Wellness Clinic
- 21 Okemos Planting Day
- 23 Memorial Day BBQ