

# Burcham Beacon

Volume 16; Issue 4

April 2023



## Springing into Fashion



Residents from all areas of the Burcham Hills Community took to the runway in a show-stopping fashion show! Each of our models took their turn stealing the show. Residents were able to model their own clothing items or off-the-rack from Kellie's Consignment in Okemos. Kellie herself was the MC for the event this year and we are grateful for her continued partnership. Everyone looked fabulous in their attire, but especially with their smiles! Thank you to all who helped make this event a success!



*Additional photos on page 11, 14 & 15*

*We embrace and value our differences.*

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#### Newsletter Staff

##### Co-Editors

Alesha Williams  
Nancy Hanford



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## *From the Desk of the Executive Director . . .*

*by Kari Rennie*

As we embark upon the last quarter of this fiscal year (April/May/June), I feel it is important to share some updates organizationally. In February, approximately 30 individuals – Board of Trustees, Leadership Team, Resident Representatives, LCS (Life Care Services) Management Team Members and an HJ Sims Representative (investment banker) ventured offsite for a 2-day Strategic Planning Retreat. This retreat allowed some time away from our everyday operations to reset, refocus and reorganize how we will continue to drive our mission and vision forward to continue to serve all within our community and beyond. At the end of the retreat, we agreed upon four Strategic Objectives, which task-forces will be formed, to move our organization forward into the future – Master Planning, Financial Stability, Resident Experience and Employee Experience.

April is our “*anniversary*” month, we have been serving the East Lansing community and beyond for 49 years and we look forward to serving for many more.

### **Burcham Hills Leadership Team**

**Kari Rennie, NHA**  
Executive Director  
827-1042

**Nancy Hanford**  
Director of Admin. Services  
827-1043

**Angela Brummette, NHA**  
CHR Administrator  
827-1037

**Arlone Hudson**  
Director of CHR Admissions  
827-1035

**Michelle Robbins**  
Resident Center Director  
827-9029

**Michelle Traill-Crosser**  
Director of Sales & Marketing  
827-0703

**Petra Paca**  
Director of Human Resources  
827-1057

**Jim Kaczmarczyk**  
Director of Finance/Controller  
351-4662

**Mark Sarvis**  
Director of Building & Grounds  
351-3642

**Jeff Davis**  
Director of Food & Beverage  
827-1025

**Alesha Williams, CTRS**  
Director of Life Enrichment  
827-1068

**Lesa Smith, MPA, CFRE**  
Foundation Director  
827-2924

Let's review each aspect of our community:

- Clusters Condo Homes – 38 condominium homes developed in 1993, consistent 95% occupancy rate.
- StoneBriar (SB) – 44 apartment homes developed in 2021, consistent 95% occupancy rate.
- Resident Center (RC) – licensed to serve 266 HFA (Home for the Aged) residents when developed in 1974. Operates at a capacity of 159 apartment homes, with a budget of 130 occupied apartment homes (81% occupancy) for 2023 fiscal year.
- Center for Health & Rehabilitation (CHR) – licensed to serve 133 SNF (Skilled Nursing Facility) residents/clients when developed in 1974. Budgeted at 80% occupancy for this fiscal year.

Our goal is to continue to increase our census in our original buildings developed in 1974. To do this, we will be embarking on some initiatives over the coming months:

- Investing dollars to upgrade the Resident Center second-floor common area and the Scenic View Dining Room (SVDR) with flooring, paint and common space furnishings.
- Opening the second-floor Resident Center apartments for Assisted Living level 1.
- Investing dollars in our Center for Health & Rehabilitation with a fresh coat of paint on all three floors; and
- Opening the opportunity to admit an additional 15 clients who need post-acute care in the Center for Health & Rehabilitation.

We look forward to continuing to evolve, grow and recover from the difficulties our community has faced. We are Dedicated to the Journey of Life for all we serve, and we believe the future is for us to create, not just waiting for us to experience!

*“In the evolution of a town, neighborhood or community, there comes a point when the decisions of the past, the conditions of the present and the prospects for the future collide.” ~ Jeff Smith*



All programs are subject to change, please check digital signage for updates.

### Music Opportunities

#### Music & Schmooze

Sunday, April 2 / 11:30 am / AWR

#### Finger Family Band

Thursday, April 6 / 7:00 pm / AWR

#### Lansing Matinee Musicale

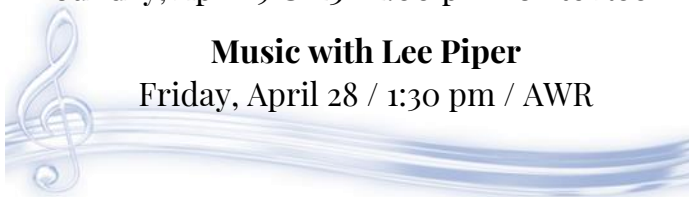
Wednesday, April 19 / 1:30 pm / AWR

#### Live-Stream Music Performance

Sunday, April 9 & 23 / 2:00 pm / Slate Room

#### Music with Lee Piper

Friday, April 28 / 1:30 pm / AWR



### Travel with Tom to Republic of Malta

Monday, April 3 / 1:30 pm / AWR

Tom is the manager of the Haslett Public Library and has prepared a travel series



that he is excited to share with you! Join him in April to learn about Malta.

### Art Appreciation w/ Ethel Anthony

Art Discussion: "Art Isms"

Monday, April 10  
4:00 pm / Slate Room (1RC)



Local art enthusiast, Ethel Anthony, discusses art, the artist who made it and her experiences and knowledge.

### Gadget Workshop\*

Tuesday, April 18  
1:30 - 3:30 pm / 2RC Lobby



East Lansing Public Library will host a drop-by table in the lobby to answer a variety of technology related questions.

### "Oopsy Daisy" Flower Sales

Wednesday, April 26  
3:00 - 6:00 pm / 2RC Lobby



ROYAL  
OPERA  
HOUSE

This exciting program streams performances from one of the world's leading opera houses. Showcasing classical opera and dance, as well as candid insight into the process of creating and preparation of performances!

Thursday, April 27

1:30 pm / Slate Room

Presentation: The Cellist (66 min)

### Cooking Through Time

Thursday, April 13  
1:30 pm / AWR



Did you know that bananas are a berry? Or that there were as many as 15,000 varieties of apples in the US in the 1800's? In April we are going to look at the prestigious, colorful, and sometimes misshapen history of grown food. Also, you will have the opportunity to sample some of these amazing foods when you "make and take" a fruit parfait.

### Room Location Key

- AWR Ada Whitehouse Room (1RC)
- CHR Center for Health & Rehabilitation
- GLR Great Lakes Room (3RC)
- PDR Private Dining Room (2RC)
- RC Resident Center
- SB StoneBriar
- SP Stansell Patio (1CHR)
- SVDR Scenic View Dining Room (2RC)
- WC Wellness Center (2RC)

### Additional April Holidays

- 2 Palm Sunday
- 6 Detroit Tigers Opening Day
- 17 National Stress Awareness Day
- 20 Volunteer Recognition Day

\*All programming complies with the Fair Housing Act (FHA). Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.

**Fascinating People & Places****Fridays at 6:30 pm / 4RC Lobby****April 7: “The Race Underground”**

As America's cities grew increasingly congested in the late 19<sup>th</sup> century, it became necessary to replace horse-drawn trolleys with a more efficient form of transportation. Boston (not New York) was the first city to overcome the engineering challenges, greed-driven interests of businessmen and fears of its citizenry to construct America's first subway.

**April 14 & 21: “Every Little Step”**

Broadway groupies will love this documentary about the audition process for the 2006 Broadway revival of *A Chorus Line*, which mirrors the *Chorus Line* plot (which is about dancers auditioning for a Broadway show). The film includes performances from the current actors, audio clips from taped sessions with dancers which were used to write the show and rare footage from the 1975 Broadway production. **This film will be shown in two parts.**

**April 28: “Inside the Mind of Agatha Christie”**

Agatha Christie is the most successful writer of all time, surpassed only by the Bible and Shakespeare. Many know her characters and incredible plot twists, but what about Agatha herself? This film includes rare access to Agatha's family, her personal archives and statements from experts on her writing to reveal what made this successful crime writer tick.



**SATURDAY,  
APRIL 1, 2023**

**SCHEDULE****10:00 - 10:30 AM**

CHILDREN WILL GATHER IN THE AWR AND PLAY GAMES  
RESIDENTS AND STAFF WILL HIDE EGGS IN EACH  
NEIGHBORHOOD

**10:30 - 11:30 AM**

THE CHILDREN WILL HOP ALONG TO EACH  
NEIGHBORHOOD TO HUNT FOR EGGS. FIND A SEAT IN  
THE FOLLOWING COMMON AREAS TO WATCH THEM  
HUNT FOR EGGS!

**HUNT LOCATIONS:**

2RC LOBBY  
3RC GREAT LAKES ROOM  
4RC LOBBY  
CORNERSTONE BISTRO  
1CHR ELEVATOR LOBBY  
2CHR LOBBY & SOLARIUM  
3CHR LOBBY & SOLARIUM



# Earth Week Series

APRIL 18-21, 2023

Tuesday, April 18 2:00 pm/AWR

Urban Farming & Community Empowerment

with Tom Martin, Assistant Farm Manager of the Allen Neighborhood Center

Tom will discuss the Hunter Park GardenHouse project, a hub that began in 2008 for year-round farm & garden education, where neighbors volunteer to grow food, flowers, and community, and youth develop job and life skills in service to the neighborhood.

Wednesday, April 19 2:45 pm/AWR

Earth Talks with Nick Hitsman (B.S. Community Sustainability & Environmental Science)

Come together for a roundtable discussion to share, listen and enjoy the beauty of the world around us! We will read and discuss several poems and short stories related to our awesome planet! Please feel free to bring photographs, stories and a smile to share and inspire our Burcham Community.

Thursday, April 20 1:30 pm & 2:45 pm/AWR

MSU Sustainability Initiatives with Carla Iansiti, Chief Sustainability Officer

Learn about sustainability initiatives on MSU's campus and how students are taking action to address today's environmental challenges and ensure a better environment for future generations.

Let's Talk About Birds with John Baumgartner

This reoccurring program will be a featured presentation this month and John will discuss how and why birds defend their territory.

Friday, April 21 2:30 pm/AWR

Animal Experience with Preuss Pets Visit

Our partners at Preuss Pets will be bringing their fuzzy, feathered and perhaps even hard-shelled friends to us, along with education on the animals and their relationship to our environments.



## Restoring Damaged Photos: Questions & Answers



**Tuesday, April 4**  
**2:00 pm / AWR**

Joseph Yarbrough, Light & Shadows Photography, will provide a basic understanding of what is possible and what is not in the art of photo restoration. He will provide samples of before and after images to show the myriad of ways finished restorations can be presented.

Death Cafe  
BECAUSE DEATH IS NOT A SECRET

Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.

**Tuesday, April 25**  
(4th Tuesday of each month)  
**9:30 - 11:00am**

**Wild Rose Art Studio**  
**StoneBriar**



Death can be scary, sad and strange. But it can also be empowering and motivational. So let's talk about it!



## **Ann Larabee: The Dynamite Fiend**

**Tuesday, April 11 / 2:00 pm / AWR**

About the Author: Ann Larabee is a professor emerita at Michigan State University and the former editor of *The Journal of Popular Culture*. She has published widely on American literature and history and is currently working on a novel featuring early twentieth-century singing societies, set against the backdrop of World War I.

About *Dynamite Fiend*: A Biography set during the American Civil War about the nephew of a famous brewer in Halifax, Nova Scotia, who began a business moving money and goods for Confederate blockade runners. He was a swindler, and would cheat everyone he knew, growing ever more evil in his pursuit of ill-gotten gains. Eventually, his greed would lead to one of the most bloody deeds of the century. It is an international true-crime story of ruthlessness and greed set against the backdrop of the Civil War and its aftermath.

*\*Members of the audience will receive a free copy of the *Dynamite Fiend's* Biography.*

 A poster for the Burcham Hills Art Walk. The background is a light purple and pink watercolor wash with gold confetti. On the left, there is a purple circle containing the text "Burcham Hills Art Walk" in a white, cursive font. In the center, the text "SAVE THE DATE" is written in a purple, serif font, followed by "BURCHAM HILLS ART WALK" in a black, serif font, and "JUNE 21, 2023" in a black, serif font. At the bottom, there is a purple rounded rectangle containing white text.
 

**Burcham Hills Art Walk**

**SAVE THE DATE**  
**BURCHAM HILLS ART WALK**  
**JUNE 21, 2023**

We are hosting our second Art Walk. This year, the theme will be "Art Memories".

We want to feature art that is memorable to you or art that provokes a memory for you. The art displayed can be created by you or by someone else and we are accepting all types of art forms; such as painting, drawing, sculpture, fiber art, performance, audio, video and even collections of something. If you feel it is art and it has a memory attached to it, we are interested in your submission!

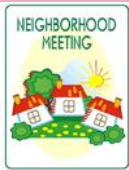
We are not ready to take the art just yet. Now is the time to just tell us about the art you want to submit. Submission forms are located at all reception desks or by calling the Recreation Office at (517) 827-1061. If you have questions, contact Alesha Williams at (517) 827-1068.

**EVERYONE is welcome to participate and all submissions are due to RC Reception, StoneBriar Concierge or Alesha Williams by Friday, May 15.**



**RC Neighborhood Meetings**

- 2RC: Tuesday, April 11**  
2:00 pm / PDR
- 3RC: Tuesday, April 18**  
11:00 am / Looking Glass (3RC)
- 4RC: Tuesday, April 4**  
1:00 pm / 4th Flr Lobby
- 5RC: Tuesday, April 25**  
3:00 pm / 5th Flr Lobby



Open forum for questions, suggestions and concerns with Michelle Robbins, Resident Center Director.

**Burcham Hills**  
*A Life Plan Community*

**Resident Center Education Series for Residents & Families**

**About This Program**  
This program will provide education on pertinent topics to our residents and families of the Resident Center at Burcham Hills. Each month a new topic will be introduced.

Beginning April 11, 2023, this program will be held the second Tuesday of each month at 6:30 pm in the Ada Whitehouse Room

**April 11, 2023 / 6:30pm / AWR**  
**Topic: Meet the RC Operations & Clinical Team**  
Michelle Robbins, Resident Center Director  
Buffy Torok, Resident Center Clinical Director  
Kyle Bucholz, Wellness Operations Coordinator  
Mallory Matthews, Wellness Navigator

- Future Topics**
- Dr. Raza Haque & MSU Geriatrics
  - Life Enrichment & the 8 Dimensions of Wellness
  - Medication Management, Pharmacy Services, and Levels of Care
  - Durable Power of Attorney & Competency
  - Safety & Security in our Community

# Sewing for a Cause

**Thursday, April 13 / 1:30 pm**  
**Slate Room**

Our current project combines crocheting and recycling. No experience necessary and there are lots of tasks to do. We are currently making plastic mats for the homeless. These mats will keep them off the ground and are surprisingly warm to sleep on.

*Plastic bag donations appreciated.*

## Our Stories: Then & Now

- Wednesday, April 5 / 3:15 pm**  
Topic: Favorite spring time activity
- Wednesday, April 19 / 3:45 pm**  
Topic: Pets  
**Slate Room**



Gather with friends and share topical anecdotes from the past and today. Have a treasure with a story? Bring it along!

## Birthday Party

**Tuesday, April 4**  
**1:30 pm / 4RC**



Join us in celebrating those with April birthdays!



**Mondays**  
**3:30 pm**  
**Cornerstone Bistro**

A cocktail will be featured each week as you join together with your friends and neighbors for this weekly event.

## Wine & Cheese Social

**3:00 pm / 2RC Lobby**  
**Friday, April 7 & 28**

*Performance by Shaoming*



**RC Food & Dining Committee**  
**Thursday, April 27**  
**1:30 pm / PDR**

**Join us for lunch  
I.H.O.P.**

**Wednesday, April 5  
Departing at 11:30 am**



\*Please let a Recreation staff member know if you are interested in attending this outing or Call (517) 827-1061.

**Get crafty at Art Expression!**

**Wednesdays @ 11:00 am / 3CHR**



**CHR Resident Council Meeting**

**Tuesday, April 25 @ 11:00 am  
Located on 3CHR  
Pigeon River Conference Room**

**Bingo Cart**



Have bingo bucks? Keep a lookout for our traveling bingo cart! Don't forget, you can also use your bingo bucks toward a pizza party!

**CHR Birthday Party**

**Tuesday, April 4  
3:30 pm  
3CHR Dining Room**



**Happy Hour**

**Tuesday, April 18  
3:30 pm / 3CHR**

Come join your peers for a social! There will be cheese, crackers and sparkling juice.

**CHR Food & Dining Meeting**

**Wednesday, April 26  
10:30 am / 3CHR**

Join the dining team for an open discussion on food and dining topics. They are happy to answer any questions you may have.



**Every  
Wednesday  
3:30 pm  
1CHR**

A cocktail will be featured each week as you join together with your friends and neighbors for this weekly event.

**Folded Butterfly Exhibit: "Together We Heal, Grow and Soar"**  
MSU International Center

Thursday, April 6  
Depart: 1:30 pm  
Return approx.: 4:00 pm  
Cost: Free  
Special Note: Artist Zahrah Resh will be presenting to our group



*Please sign-up by April 5*

**Feighner Family Farm**  
Haslett, MI  
We are offering two opportunities to meet the Alpacas and learn all about them!



Saturday, May 6  
Trip 1: Depart 9:30 am; Return 11:30 am  
Trip 2: Depart 12:30 pm; Return 2:30 pm  
Cost: \$15

*Please sign-up by April 28*

**Movie Theater Outing**

*Movie to be determined*  
Thursday, April 13  
Departure time: TBD  
Cost: \$10.00 movie  
Snack \$ optional



Movie times cannot be selected more than one week ahead of outing due to changing show times at the theater. Movie times will be posted the week prior to the outing.

*Please sign-up by April 11*



**Outings Sign-up Procedure**

Please sign-up by calling the Recreation Department at (517) 827-1061 at least 48-hours in advance for ALL outings, unless otherwise advertised. If your call is not answered, please leave a message so we can return your call and complete your sign up. Please be aware that signing up does not guarantee attendance. Number of seats as well as the needs and safety of the individuals will be evaluated. You will be notified once a decision is made on the final attendance. To provide a fair opportunity for others, we may limit the number of outings individuals attend each month. *ALL trips depart from the 2RC Lobby.*

**NOTE:** Outing locations are accessible to ALL residents unless otherwise advertised. Accessible transportation is provided and wheelchairs can be requested in advance for your added convenience. If you require assistance or reasonable accommodations to attend, please indicate assistance needed when signing up.

**Broad Museum**  
MSU Campus

Monday, April 17  
Depart: 1:00 pm  
Return approx.: 3:00 pm  
Cost: Free (limit of 15 participants)



*Please sign-up by April 14*

**Lunch Bunch**  
Stillwater Grill

Wednesday, April 26  
Depart: 1:00 pm  
Return approx.: 3:00 pm  
Cost: Free (limit of 15 participants)



*Please sign-up by April 24*

**Fitness Specialist Hours**

Monday - Friday  
7:00 am — 4:30 pm

**Group Exercise Schedule****Fall Prevention**

Mon / Wed / Fri  
10:15 am / AWR

**Fit & Functional**

Tue / Thurs  
11:15 am / AWR

**Advanced Fit & Functional**

Mon / Wed / Fri  
11:15 am / AWR

**Cardio Drumming**

Wednesdays  
2:00 pm / Pebble 1

**Move to the Beat**

Every Tuesday  
2:15 pm / Pebble 1



## Monthly Wellness Focus:

**Health Services**

Health Services pertains to medical screenings and regular exams, along with the proper management and organization of healthcare needs.

**Special Notices:**

All fitness classes in the AWR on Tuesday, April 11, and Friday, April 14, are canceled.

There will be a Farewell Celebration on April 24 (time to be determined) to wish Ethan and Grace good luck in their new adventures as they prepare to leave their positions in the Fit Department. Please join us for cake and to hear about their plans!

## The Miracle of Meditation

Meditation has been practiced for thousands of years and was originally meant to deepen the understanding of the sacred and mystical forces of life. These days, meditation is commonly used for relaxation and stress reduction. Meditation can increase self-awareness, focus and creativity and has been shown to lower resting heart rate, blood pressure and decrease negative feelings. There are different types of meditation and most can be done anywhere and at anytime.

Kristen Trierweiler offers this meditation class every Monday and Wednesday at 9:30 am to help us start our days on a positive. Join her to explore these techniques and see if you can transcend to a new level of relaxation.



**Mondays &  
Wednesdays  
9:30 am / AWR**



# Lights ★ Camera ★ Action





## Burcham Hills *with MSU Health Care*

### **One Team. Shared Vision.** **One Goal: *Your Health.***

Burcham Hills and MSU Health Care have teamed up to deliver exceptional healthcare services to residents.

With MSU Health Care as our medical partner, residents now have the expertise and experience of one of the world's leading research universities on their side. The MSU team is involved in aging research in dementia and clinical care for older adults.

As a constant presence on campus, MSU Health Care providers form relationships with residents, instilling the confidence of care delivered by people they know. Offering care across the continuum, these gerontology experts ensure residents can comfortably and confidently age in place in the community they love.

### **Elevating the Burcham Hills Senior Living Experience.**

The only Life Plan Community in central Michigan, Burcham Hills provides residents with the peace of mind of an on-site care continuum – assisted living, memory care, skilled nursing and rehabilitation. If needs change, the care they need



is right here. Our partnership with MSU Health Care provides residents with consistent care delivered by experienced gerontologists throughout all levels of care.

Burcham Hills is also the choice of seniors who need care and support; we welcome direct admissions to all levels of care.

### **From the campus of MSU to the campus of Burcham Hills: Our partnership with MSU Health Care brings world-class care to every resident.**

The MSU Health Care practitioners support residents as they age in place, elevate the quality of care delivered across the continuum, boost support services and bring the depth and breadth of the MSU Health Care department right here to us.

### **Primary Care and Gerontology Expertise. Here at Home.**

As our medical partner, the MSU Health Care providers are on site to deliver preventative and maintenance health care to residents.

From delivering preventative care to keep independent living residents feeling their best to serving as consistent, trusted providers to residents as they move through care levels within the community, the MSU Health Care team brings extraordinary expertise and commitment to Burcham Hills.



## Raza Haque, MD

### *Medical Director*

The medical director of our program, Raza Haque, MD, ABIM, AGSF, is an MSU Health Care physician who believes that senior people of all ages should live better. He is committed to supporting residents with aging in place, strengthening the care continuum and providing resources for support and education through MSU.

He performs clinical work, geriatric assessments, skilled nursing facility care and medical directorships. Dr. Haque teaches medical students and resident physicians. His scholarly activities include research in aging and clinical geriatrics as Director of Geriatrics Division and Associate Chair of Virtual Health for MSU College of Human Medicine, Department of Family Medicine.



Dr. Haque earned his medical degree at Dow Medical College, University of Karachi. This was followed by a residency in Internal Medicine at Oakwood Hospital in Dearborn, and completion of the Geriatric Fellowship at MSU in 2004.

He is an American Board of Internal Medicine Diplomate, an American Geriatrics Society Fellow and has a certificate in geriatric medicine.

## A Community Committed to Your Care.

At Burcham Hills, we're committed to the health and well-being of each and every resident we have the privilege of caring for.

**Learn more about receiving world-class care as part of your senior living experience.**

We invite you to call today to learn more about our community, our partnership with MSU Health Care and how Burcham Hills can help you live your best life.

**(517) 827-1072**



2700 Burcham Drive | BurchamHills.com  
East Lansing, MI 48823

Managed by Life Care Services®





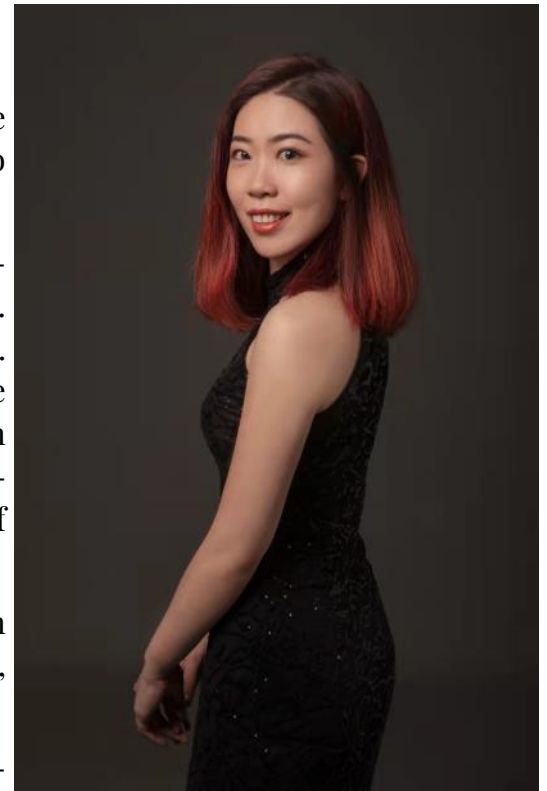
## Meet Shaoming Yang

Hello! I am Shaoming Yang and I am the pianist for the Wine & Cheese Socials held every other Friday. I am really glad to share my music with all of you!

This is my second year at Michigan State University in Doctoral of Musical Arts, which is equal to PhD degree in other fields. I anticipate graduating at the end of this year or next spring. After graduation, I anticipate teaching at a university and hope to be able to teach while also performing regularly. I am from China and came to the US in 2015 to complete my undergraduate degree in Oberlin Conservatory of Music at University of Cincinnati.

My parents are both teachers at the university level. My mom teaches biology and my dad teaches history. They are in China, Liaoning Province.

I started to play the piano when I was 5 years old. Piano occupies most of my life and I spend at least 5-6 hours daily practicing. Outside the piano world, I like to read and practice yoga!



OFF THE  
SHELF



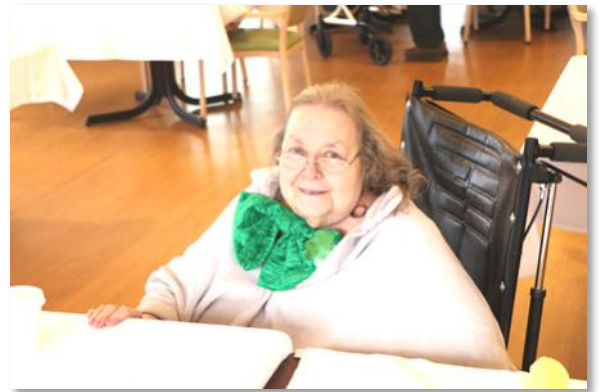
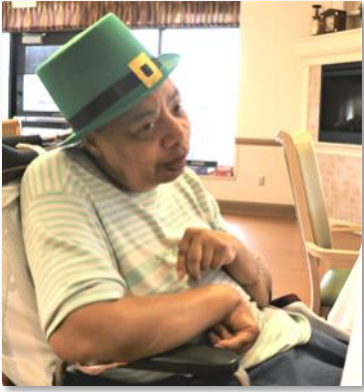
From the wilds of French Canada to the intrigue of Nazi Germany,  
Medieval England to modern Peru,  
War-torn Saigon to the streets of Dublin,  
the Isle of Guernsey to a ravaged Afghanistan,

**Adventure and Suspense await us.** Our Library's theme for April will be "**PAGE-TURNERS**". We offer two definitions though surely many more exist:

- books that are so compelling that we read them avidly and speedily to experience and end the suspense;
- books that are so deeply interesting that we cannot lay them aside.

Most of our choices are modern novels though if you missed 1984, Brave New World or the Mrs. Pollifax series in your youth, here's an opportunity to catch up. Please visit the Burcham Hills Library and check our page-turners out. **Be a READER!**

*We are saddened by the loss of another Library Volunteer, Barbara Potter. Barbara was a thoughtful and respected leader in the community, her church and Burcham Hills. She will be remembered and missed by many.*



**From Down the Hill . . .**

*By Peggy Garver, Clusters Association Liaison*

- ◆ Sadly, Phil Jager's wife, Jo Anne, passed away last month.
- ◆ We have been chatting with our "Resident Naturalist" John Baumgartner about animal sightings. Nancy Martling saw a red fox in her yard, Shelby Hollister saw a racoon, others have seen possums and skunks. Most of us think we have woodchuck babies under our decks and, of course, deer stroll through, sometimes 10 at a time, munching on our flowers.
- ◆ John's specialty is birds and a few keep eluding him.



## News from the Burcham Hills Foundation

*By Lesa Smith, Foundation Director*



*2023 marks a very special year for the **Burcham Hills Foundation** as we celebrate our 25<sup>th</sup> Anniversary.*

*Founded in 1998, the **Burcham Hills Foundation** has raised over \$2 million dollars in charitable gifts from individuals and corporations to maintain the buildings, services and programming quality that have been part of our retirement community since its inception.*

*Thank you to everyone for your generosity.  
Here's to another 25 years of support!*



## In Loving Memory . . .

We want to take this time to honor and remember those we have loved who passed away during the month of **March**. We express our sincere thoughts and prayers to their families and friends.

Alfred Martin ~ March 2  
Barbara McCleary ~ March 4  
Earvin Johnson, Sr. ~ March 8  
Robert Haller ~ March 12  
Donald Grimes ~ March 16  
James Crowley ~ March 23  
Jo Anne Jager ~ March 24  
David Hubbard ~ March 28

David Cusack ~ March 3  
Barbara Potter ~ March 7  
Lillian "Lee" Katlein ~ March 11  
Sharon Vanous ~ March 13  
Ruth Coppler ~ March 16  
John Forro ~ March 24  
Elizabeth Ruthruff ~ March 25  
Imogene Osman ~ March 29



Community Memorial Service:  
*A Celebration of Life*

Tuesday, April 11  
10:00 am  
Ada Whitehouse Room

Please join us as we honor those loved ones who have passed over the past year. We offer this memorial service in partnership with Elara Caring. A reading of names will occur and we will offer the opportunity to share stories and memories of your loved ones.

Refreshments will be served



### Meet Axel

He may look like a bear walking down the hallway, but Axel is an 8-year-old Newfoundland, full of drool and love! He wears his drool bib that reads "30% Stud; 70% Muffin" with pride as he visits the residents. Axel is the companion of Allison Ackels, who works in the therapy department in the Center for Health & Rehabilitation. When you see Axel in the community be sure to stop and give him some love!

**American History** (Tues., 7:00pm/AWR): Dive into history from the prehistoric to history in the making. Join us for the video, lectures and open discussion.

**Artist Studio** (Wed., 2:45 pm/553): Each session offers an opportunity to create something new. Everything from props for our socials to gifts around the holidays. We are also open to suggestions.

**Brain Boosters** (Sat., 10:30 am/4RC): Test your knowledge on a variety of subjects using both trivia and other brain games such as word searches, word scramble puzzles and crossword puzzles. These are often focused on a timely topic such as a holiday or based on a theme.

**Bridge** (Thurs., 1:30 pm/5RC; Mon., 1:30pm/4RC): Join your neighbors in playing this classic trick-taking card game.

**Card Making** (Thur., 2:00pm/4RC): We have all the supplies and lots of ideas to share to help create cards to send to your friends and family.

**Exploring Architecture** (Thur., 3:15pm/Slate Room): Do you love really beautifully designed buildings? Are you intrigued by the flaws in buildings that weren't designed as well as they could have been? We are excited to use our virtual reality headsets which give us the chance to explore all the beautiful flaws and flawlessness of the world's most intriguing architecture.

**Exploring Art** (Mon., 3:00pm/533): Sneak a peak at great performances, artistic inventions and incredible intangible heritage. We enjoy everything from the biographies of great artists to discussions about theatrical adaptations and the daily life of performers.

**Farkle** (Sat., 2:00/4RC): A fun dice game with easy to follow rules. Come roll with us, we will keep score!

**Fascinating People & Places** (Fri., 6:30 pm/4RC): Each Friday evening, a video is featured that focuses on a person's life or an interesting place.

**Interactive News** (Wed., 2:00 pm/5RC): Get information on interesting news from around the world and join in a friendly discussion with your neighbors.

**Living to Learn** (Mon., 2:00 pm/ 4RC): Watch for this educational program on your calendar. Each week, new topics will be introduced through presentations, discussion groups and hands-on activities.

**Manicures** (Mon., 11:00 am/5RC; Fri., 2:00 pm/4RC): Recreation staff will file, buff and paint your nails. This is a first come, first served opportunity. If time runs out, we will make every effort to schedule additional time.

**Reference a Librarian** (Wed., 12:30 pm/2RC Lobby): Angelo from the East Lansing Public Library provides books to loan and will take requests to bring for future visits.

**Social Visits** (Mon., 10:00 am/in your apartment): Do you ever feel just a bit too tired to come out and about, but could still use some company? We love a good conversation and would be happy to come to you. Call the Recreation Team at (517) 827-1061 if you would like to request a social visit.

**Tech Time** (Fri., 10:30 am/4RC): Do you have a question or need help with your tablet, laptop or cell phone? Sarah will provide one-on-one assistance to teach and assist with your questions.

**Travel Series** (Tues., 2:15 pm/4RC; Thurs., 11:00 am/553): Travel to a different time and place, no ticket necessary. Using videos, slideshows and historical information, you will feel as though you are traveling through time and experiencing the wonders of the world.

**Wii Bowling** (Tue., 4:00 pm/553): This fun interactive video game brings bowling to life without having to find a ball that isn't too heavy or has holes that fit your fingers! See if you can beat the high score!

### **The Salon Team**

#### **Hair and Nail Stylists**

Ekbal Al Najjar  
Jodi Rice

#### **Massage Therapist**

Open Position



**PS Salon & Spa** offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.

### **Hair & Nail Appointments**

Monday-Friday / 9:00 am - 3:00 pm

### **Massage Therapy Appointments**

PS Salon is recruiting for a new massage therapist to fill this position. We will continue to keep you updated.



**Alzheimer's Association Caregiver Support Group**

Canceled this month (usually every 2nd Thursday)

4:00 - 5:00 pm, Private Dining Room

It's a family affair. You are not alone in the fight against Alzheimer's disease. This Caregiver Support Group can help. The support group is designed to offer emotional support and provide helpful information on coping with the challenges of Alzheimer's disease. The group is facilitated by trained support group professionals. The group is confidential, free and open to the public. Everyone needs support, especially those caring for loved ones with Alzheimer's Disease.



**Lansing Area Parkinson's Support Group**

Tuesday, April 18 (every 3rd Tuesday)

3:00 - 5:00 pm, Ada Whitehouse Room

Join this local organization for education, comradery and social activities. Learn coping technology, share knowledge and experiences and make new friends. Offer and receive support from those who understand.



**Religious Services**

**Open Bible Study (Non-Denominational)\***

Hosted by Pastor Peter Robinson from Pilgrim Congregational UCC Tuesdays, 10:00 am / Slate Room

**Rosary & Communion\***

Hosted by volunteers from St. Thomas Aquinas Thursdays, 10:00 am / AWR Catholic Mass will be April 13

**TV Mass (Catholic)**

Hosted by volunteers from St. Thomas Aquinas Sundays, 10:00 am / AWR

**The Peoples Church Live-Stream Service**

Sundays, 10:30 am / 5RC



**Vespers (Non-Denominational)**

Sundays, 4:00 pm / Ada Whitehouse Room

- April 2 Rev. Stan Parker Faith Fellowship Baptist
- April 9 Rev. Peter Robinson Pilgrim Congregational UCC
- April 16 Rev. Charles Herrick First Presbyterian Church of Lansing
- April 30 Rev. Betsy Aho Haslett Community Church UCC
- April 30 Rev. Dr. Shawnthea Monroe The Peoples Church

**Call for Ministers**



Our Vespers Program relies on Ministers in our community willing to volunteer their time. If you know of a minister who may be willing to officiate services at Burcham Hills, please contact Jayme Sweten, Volunteer Coordinator at (517) 827-1060 to provide information. We will call the ministers to provide details and gauge interest.



# Easter

## BRUNCH

**Sunday, April 9, 2023**

**Invite your family & friends to join us on Easter Sunday!**

**Serving Times:**

**CHR 11:30 am (all floors)**

**RC 10:45 am & 12:00 pm**

**Bistro 11:30 am**

*The guest charge for the buffet is \$25.00 per person.*

**Please make your reservations for the time of your choice and indicate the number of guests in your party by contacting:**

**CHR - Ken Peters at (517) 351-8377 or**

**RC/Bistro - Diane Peltier at (517) 827-0363**

**or on the sign-up sheet.**

**Main Entrees include:**

**Honey Glazed Ham, Lamb Curry & Grilled Salmon**





## Wednesday MOVIES\*

7:00 pm - AWR (1RC)\*

### April 5 — Babette's Feast (1987)

Philippa and Martina turn down a chance to leave their town, instead staying to care for their father. Decades later, Philippa and Martina take in a French woman who prepares a grand feast in gratitude — a lavish meal eclipsed only by her secret. [103 min]

Cast: *Stephane Audran, Bodil Kjer, Jarl Kulle*

### April 12 - The Tomorrow Man (2019)

Ed Hemsler spends his life preparing for a disaster that may never come. Ronnie Meisner spends her life shopping for things she may never use. In a small town somewhere in America, these two people will try to find love while trying not to get lost in each other's stuff. [94 min]

Cast: *John Lithgow, Blythe Danner, Derek Cecil*

### April 19 - Schindler's List (1993)

Reflecting Library Theme of the Month: Page-Turners

\*This film is Rated R

Oskar Schindler is a greedy German factory owner, made rich by exploiting cheap Jewish labor. But as WWII unfolds, he becomes an unlikely humanitarian, spending his entire fortune to help save 1,100 Jews from Auschwitz. [193 min]

Cast: *Liam Neeson, Ben Kingsley, Ralph Fiennes*

### April 26 - Pride & Prejudice (2005)

Reflecting Library Theme of the Month: Page-Turners

In this retelling of Jane Austen's novel set in 19th-century England, Mrs. Bennet is all atwitter in hopes of marrying her daughters to prosperous gentlemen callers, especially when a wealthy bachelor moves nearby. [129 min]

Cast: *Keira Knightley, Brenda Blethyn, Talulah Riley*

## Saturday MOVIES\*

1:30 pm - AWR (1RC)\*

*Encore Presentation at 7:00 pm*

*AWR (1RC)\**

### April 1 - Jurassic Park (1993)

Reflecting Library Theme of the Month: Page-Turners

A multimillionaire unveils a new theme park where visitors can observe dinosaurs cloned using advanced DNA technology. But when an employee tampers with the security system, the dinosaurs escape and force the visitors to fight for survival.

[127 min] Cast: *Jeff Goldblum, Sam Neill, Laura Dern*

### April 8 - The Wizard of Oz (1939)

Reflecting Library Theme of the Month: Page-Turners

There's no place like home for young Dorothy, who's been swept away from her farm in Kansas to a wonderland of munchkins, flying monkeys and different colored horses. Join her and her new friends as they follow the yellow brick road.

[103 min] Cast: *Judy Garland, Frank Morgan, Ray Bolger*

### April 15 - Dr. Zhivago (1965)

Reflecting Library Theme of the Month: Page-Turners

As the political landscape changes during the Russian Revolution, the Czarist regime comes to an end, and Dr. Zhivago's relationships reflect the political turmoil raging about him. This epic, sweeping romance, told in flashback, captures the lushness of Moscow before the war and the violent social upheaval that followed. [200 min]

Cast: *Omar Sharif, Julie Christie, Rod Steiger*

### April 22 - Star Wars - A New Hope (1977)

Obi-Wan Kenobi guides intrepid Luke Skywalker on a valiant bid to save the captured Princess Leia from Darth Vader. With his trusty droids and smuggler Han Solo, Skywalker must also destroy the Galactic Empire's all-powerful weapon: the Death Star. [121 min] Cast: *Mark Hamill, Harrison Ford, Carrie Fisher*

### April 29 - Pink Panther (1963)

After arriving at a winter resort with her "Panther," a large priceless diamond with the image of a leaping feline inside, a sexy princess meets debonair professional thief. Can the ever-inept Inspector Clouseau stop him from pinching the gem?

[115 min] Cast: *David Niven, Peter Seller, Robert Wagner*



A Movie Committee selects the movies shown each month, which are based on resident requests.

If you would like to be a part of the committee or you have a movie to suggest, please contact Maxine Hewett or Alesha Williams, Director of Life Enrichment.

\*All programing complies with the FHA. Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.



- Apr 3 David Willis
- Apr 5 Elysa Waltzer
- Apr 8 Gladys Schmidt
- Apr 8 Thomas Holcomb
- Apr 8 George Milekovich
- Apr 9 Irma Gady
- Apr 10 Lori Noblet
- Apr 12 Ken Buxton
- Apr 12 Frank Dennis
- Apr 13 Marilyn Koitek
- Apr 13 Lois Walker
- Apr 13 Sharon Simpson
- Apr 15 Shirley Harkins
- Apr 17 Debbie Kreutziger
- Apr 19 Philip Jager
- Apr 20 Donna Anderson
- Apr 22 Rachel Roche
- Apr 24 Lydia Kazewych
- Apr 25 Janet Feighner
- Apr 26 Beatrice Linder
- Apr 26 Robert McKnight
- Apr 28 Jan Salmons



**April Meetings**

- 10 Resident Ctr Assn. Board Mtg  
1:30 pm / PDR
- 20 RC Food & Dining Comm. Mtg  
1:30 pm / PDR
- 25 CHR Resident Council  
11:00 am / 3CHR Pigeon
- 26 CHR Food & Dining Meeting  
10:30 am / 3CHR Pigeon

**April Highlights**

- 1 Easter Egg Hunt
- 2 Music & Schmooze
- 3 Travels w/ Tom
- 4 RC Birthday Party
- 4 Restoring Damaged Photos: Q&A
- 5 Our Stories: Then & Now
- 6 Folded Butterfly Art Exhibit
- 6 Finger Family Band
- 7 RC Wine & Cheese Social
- 9 Live Steam Music
- 10 Art Appreciation w/ Ethel
- 11 A Celebration of Life Memorial
- 11 The Author Talks: Anne Larabee
- 11 RC Education Series
- 13 Movie Theater Outing
- 17 Broad Museum Outing
- 18 Gadget Workshop
- 18 Urban Farming & Community Engagement
- 18 Lansing Area Parkinson's Disease Support Group
- 19 Lansing Matinee Musicale
- 19 Earth Talks w/ Nick
- 19 Our Stories: Then & Now
- 20 MSU Sustainability Initiatives
- 20 Let's Talk About Birds
- 21 Preuss Pets Animal Experience
- 23 Live Stream Music
- 23 Cooking Through Time
- 25 Death Café
- 26 Lunch Bunch Outing
- 26 Oopsy Daisy Flower Sales
- 27 RC Food & Dining Committee
- 27 Royal Opera Presents: The Cellist
- 28 Music w/ Lee Piper
- 28 RC Wine & Cheese Social

**Life Enrichment Team**

**Alesha Williams, CTRS**  
Director of Life Enrichment  
Ext. 417 or 827-1068

**Matthew Bebermeyer**  
Resident Life Manager  
Ext. 205

**Resident Center**  
Ext. 277 or 827-1061

**Sarah Schimm**  
RC Recreation Assistant  
**Mwandiko Hamisi**  
MC Recreation Assistant

**Center for Health & Rehab**  
Ext. 281 or 827-2449

**Jaidyn Schooley**  
Recreation Therapist  
**Nickolaus Hltsman-Gottler**  
Recreation Therapy Assistant  
**Diana Vogel**  
Recreation Therapy Assistant

**Volunteers**  
Ext. 427 or 827-1060

**Jayne Sweten**  
Volunteer Coordinator &  
RC Recreation Assistant

**Wellness Team**  
Ext. 420 or 827-2452

**Kristen Trierweiler**  
Fitness Specialist  
**Ethan Kulaszewski**  
Fitness Specialist  
**Rachel McNamara**  
Fitness Specialist  
**Grace Blauwiekel**  
Fitness Specialist

**Transportation**  
(517) 410-1078  
**Terry Lickman**  
Driver

**PS Salon & Spa**  
(517) 351-7241  
Appointments available  
Monday-Friday  
9:00 am - 3:00 pm

**May Upcoming Events**

- 6 Feighner Farm Outing
- 16 Okemos High School Planting Day
- 25 Memorial Day BBQ

**BINGO LOCATIONS**



**Sundays 11:00 am 3CHR**  
**Tuesdays 6:30 pm 3CHR**  
**Thursdays 1:30 pm 3CHR**

