

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> 2RC Lobby - 2nd Floor Resident Center Lobby 3MC - 3rd Floor Memory Care	4RC - 4th Floor Resident Center AWR - Ada Whitehouse Room GLR - Great Lakes Room	PDR - Private Dining Room	9:00 Music Appreciation (3MC) <b>1</b> 10:00 Remember When... (GLR) 1:15 Boxing (GLR) 3:00 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Morning Moves (GLR) <b>2</b> 10:00 Living to Learn (3MC) 1:00 Social Visits (3MC) <b>3:00 MC Birthday Party (GLR)</b> 3:30 Virtual Reality Travels (GLR) <b>6:15 Kinky Boots at Riverwalk (Riverwalk Theater)</b>	9:00 Crafty Corner (3MC) <b>3</b> 10:00 Balloon Bop (GLR) <b>11:30 MC Lunch Outing (Old Chicago)</b> 1:15 Weight's Lifted (GLR) 3:00 Travel Series (GLR)	9:00 Pictionary (GLR) <b>4</b> 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR) 3:15 Cornhole (3MC)
10:00 TV Mass (AWR) <b>5</b> 1:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	9:00 Morning Moves (GLR) <b>6</b> 10:00 This Day in History (3MC) 1:15 Strength & Stretch (GLR) <b>1:30 Traveling with Tom (AWR)</b> 3:30 Games Group (3MC)	9:00 Wake up the Senses (3MC) <b>7</b> 10:00 Living to Learn (GLR) 1:15 Cardio Drumming (GLR) 2:00 Manicures (3MC) 3:30 Virtual Reality Travels (GLR)	9:00 Music Appreciation (3MC) <b>8</b> 10:00 Puzzle Palooza (GLR) 1:15 Boxing (GLR) 3:00 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Morning Moves (GLR) <b>9</b> 11:00 Manicures (3MC) 1:00 Social Visits (3MC) 3:00 Virtual Reality Travels (GLR) 3:30 Balloon Volleyball (GLR) 4:00 Alzheimer's Caregiver Support Group (PDR)	9:00 Crafty Corner (3MC) <b>10</b> 10:00 Balloon Bop (GLR) 1:15 Weight's Lifted (GLR) <b>3:00 MC Wine and Poetry (3MC)</b> 3:30 Travel Series (GLR)	9:00 Finish the Phrase (GLR) <b>11</b> 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR) 3:15 Table Games (3MC)
Daylight Savings Time Begins <b>12</b> 10:00 TV Mass (AWR) 1:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	9:00 Morning Moves (GLR) <b>13</b> 10:00 This Day in History (3MC) 1:15 Strength & Stretch (GLR) 2:30 Reading Club (GLR) 3:30 Games Group (3MC)	9:00 Wake up the Senses (3MC) <b>14</b> 10:30 Piano with Meghan (GLR) <b>1:00 Studio C! Movie Outing (Time TBD)</b> 1:15 Cardio Drumming (GLR) 2:00 Manicures (3MC) 3:30 Virtual Reality Travels (GLR)	9:00 Music Appreciation (3MC) <b>15</b> 10:00 Remember When... (GLR) 1:15 Boxing (GLR) <b>2:00 Lansing Matinee Musicale (AWR)</b> 3:30 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Morning Moves (GLR) <b>16</b> 10:00 Living to Learn (3MC) 1:00 Social Visits (3MC) <b>3:00 MC Wine &amp; Cheese Social (GLR)</b> 3:30 Virtual Reality Travels (GLR) <b>6:30 Music by Noteworthy* (AWR)</b>	St. Patrick's Day 3:45pm & 5:00 pm - St. Patrick's Dinner <b>17</b> 9:00 Crafty Corner (3MC) 10:00 Balloon Bop (GLR) 1:15 Weight's Lifted (GLR) <b>2:30 Double Play Flute and Tuba (AWR)</b>	9:00 Pictionary (GLR) <b>18</b> 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR) 3:15 Cornhole (3MC)
10:00 TV Mass (AWR) <b>19</b> 1:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	9:00 Morning Moves (GLR) <b>20</b> 10:00 This Day in History (3MC) 1:15 Strength & Stretch (GLR) 2:30 Reading Club (GLR) 3:30 Games Group (3MC)	9:00 Wake up the Senses (3MC) <b>21</b> 10:00 Living to Learn (GLR) <b>11:00 3rd Floor Family Monthly Meeting (GLR)</b> 1:15 Cardio Drumming (GLR) 2:00 Manicures (3MC) 3:00 Lansing Area Parkinson's Support Group (AWR) 3:30 Virtual Reality Travels (GLR)	Beginning of Ramadan <b>22</b> 9:00 Music Appreciation (3MC) <b>9:00 Wellness Clinic (2RC Lobby)</b> 10:00 Puzzle Palooza (GLR) 1:15 Boxing (GLR) <b>2:30 Tom Timlin (AWR)</b> 6:00 Evening Movies (3MC)	9:00 Morning Moves (GLR) <b>23</b> 11:00 Manicures (3MC) 1:00 Social Visits (3MC) <b>3:00 MC Canvas (GLR)</b> 3:30 Virtual Reality Travels (GLR)	9:00 Crafty Corner (3MC) <b>24</b> 10:00 Balloon Bop (GLR) 1:15 Weight's Lifted (GLR) <b>2:00 Lets Talk About Birds (AWR)</b> 3:30 Travel Series (GLR)	9:00 Finish the Phrase (GLR) <b>25</b> 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR) 3:15 Table Games (3MC)
10:00 TV Mass (AWR) <b>26</b> 1:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	9:00 Morning Moves (GLR) <b>27</b> 10:00 This Day in History (3MC) 1:15 Strength & Stretch (GLR) 2:30 Reading Club (GLR) 3:30 Games Group (3MC)	9:00 Wake up the Senses (3MC) <b>28</b> <b>1:00 Broad Museum (MSU Broad Museum)</b> 1:15 Cardio Drumming (GLR) 2:00 Manicures (3MC) 3:30 Virtual Reality Travels (GLR)	9:00 Music Appreciation (3MC) <b>29</b> 10:00 Remember When... (GLR) <b>2:30 Fashion Show (AWR)</b> 6:00 Evening Movies (3MC)	9:00 Morning Moves (GLR) <b>30</b> 10:00 Living to Learn (3MC) 12:30 Social Visits (3MC) <b>1:30 Easter Egg Stuffing (AWR)</b> 3:30 Virtual Reality Travels (3MC)	9:00 Crafty Corner (3MC) <b>31</b> 10:00 Balloon Bop (GLR) 1:15 Weight's Lifted (GLR) 3:00 Travel Series (GLR) <b>4:00 St Jude Lenten Fish Fry (St Jude of Dewitt)</b>	

# March 2023

Memory Care