

SUN	MON	TUE	WED	THUR	FRI	SAT
			9:00 Good Mornings! (3MC) 10:00 Remember When... (GLR) 1:15 Boxing (GLR) 2:30 Music with Johnathan Gerry (AWR) 6:00 Evening Movies (3MC)	Groundhog Day 9:00 Good Mornings! (3MC) 10:00 Puzzle Palooza (GLR) 1:00 Social Visits (3MC) 2:00 Virtual Reality Travels (3MC) 3:00 MC Birthday Party (GLR)	9:00 Good Mornings! (3MC) 10:00 Crafty Corner (3MC) 11:30 MC Lunch Outing (Coral Gables) 1:15 Weight's Lifted (GLR)	9:00 Good Mornings! (3MC) 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR)
9:00 Good Mornings! (3MC) 10:00 TV Mass (AWR) 2:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	9:00 Good Mornings! (3MC) 1:15 Strength & Stretch (GLR) 1:30 Traveling with Tom (AWR)	9:00 Good Mornings! (3MC) 1:15 Cardio Drumming (GLR) 2:00 Mardi Gras Float Planning (GLR) 3:30 Virtual Reality Travels (3MC)	9:00 Good Mornings! (3MC) 1:15 Boxing (GLR) 3:00 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Good Mornings! (3MC) 10:00 Manicures (3MC) 1:00 Social Visits (3MC) 3:30 Balloon Volleyball (GLR) 4:00 Alzheimer's Caregiver Support Group (PDR)	9:00 Good Mornings! (3MC) 10:00 Crafty Corner (3MC) 1:15 Weight's Lifted (GLR) 3:00 MC Wine & Poetry (3MC) 3:30 Travel Series (3MC)	9:00 Good Mornings! (3MC) 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR)
9:00 Good Mornings! (3MC) 10:00 TV Mass (AWR) 4:00 Vespers (AWR)	9:00 Good Mornings! (3MC) 1:15 Strength & Stretch (GLR) 2:00 Reading Club (GLR)	Valentine's Day 9:00 Good Mornings! (3MC) 10:30 Piano with Meghan (GLR) 11:00 3rd Floor Family Monthly Meeting (GLR) 1:15 Cardio Drumming (GLR) 2:30 Valentine's Day Party with John Starrs (AWR)	9:00 Good Mornings! (3MC) 10:00 Remember When... (GLR) 1:15 Boxing (GLR) 2:00 Lansing Matinee Musicale (AWR) 3:30 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Good Mornings! (3MC) 10:00 Virtual Reality Travels (3MC) 1:00 Social Visits (3MC) 2:30 Mardi Gras Float Building (AWR)	9:00 Good Mornings! (3MC) 10:00 Crafty Corner (3MC) 11:30 NCG Movie Outing (Time TBD) 1:00 MC Outing 1:15 Weight's Lifted (GLR)	9:00 Good Mornings! (3MC) 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR)
9:00 Good Mornings! (3MC) 10:00 TV Mass (AWR) 2:00 Funky Fitness (GLR) 4:00 Vespers (AWR)	President's Day 9:00 Good Mornings! (3MC) 1:15 Strength & Stretch (GLR) 2:00 Reading Club (GLR)	9:00 Good Mornings! (3MC) 10:00 Mardi Gras Parade (throughout community) 1:15 Cardio Drumming (GLR) 2:30 Mardi Gras Party with Clique Vocals (AWR)	9:00 Good Mornings! (3MC) 11:30 Lunch Bunch Outing (Olive Garden) 1:15 Boxing (GLR) 3:00 Fun with Food! (GLR) 6:00 Evening Movies (3MC)	9:00 Good Mornings! (3MC) 10:00 Manicures (3MC) 1:00 Social Visits (3MC) 2:00 Virtual Reality Travels (3MC) 3:30 Lets Talk About Birds (AWR) 3:30 MC Canvas (GLR)	9:00 Good Mornings! (3MC) 10:00 Crafty Corner (3MC) 1:15 Weight's Lifted (GLR)	9:00 Good Mornings! (3MC) 10:30 Brain Boosters (4RC) 12:30 Refresh and Energize (3MC) 1:00 Farkle (Red Cedar Hall) 1:30 Movie Matinee (AWR)
9:00 Good Mornings! (3MC) 10:00 TV Mass (AWR) 4:00 Vespers (AWR)	9:00 Good Mornings! (3MC) 1:15 Strength & Stretch (GLR) 2:00 Reading Club (GLR)	9:00 Good Mornings! (3MC) 1:15 Cardio Drumming (GLR) 2:00 Manicures (3MC) 3:00 Lansing Area Parkinson's Support Group (AWR) 3:30 Virtual Reality Travels (3MC)	LOCATION KEY 3MC - 3rd Floor Memory Care 4RC - 4th Floor Resident Center	AWR - Ada Whitehouse Room GLR - Great Lakes Room PDR - Private Dining Room		

