

The StoneBriar Flyer

March 2023

A Message from Alesha Williams, *Director of Life Enrichment*

So much to say and so little space to get it all in! My advice this month (and every month, really) is to read your newsletter. It is full of details on programs and events and will help you plan and help you avoid missing things you are interested in. As we start to head into the warmer months, I am taking suggestions on what you would like to do and continue to look for new and exciting things we can offer.

If you have questions or ideas, please stop by my office (across from the mailboxes) or contact me at (517) 827-1068 or awilliams@burchamhills.com. I look forward to hearing from you because your ideas make your community what it is!

Highlighted Volunteer Activity

Do you enjoy interacting with people and being a part of something that brings them joy? Sign-up to help in our Beauty Shop! We are looking for residents who are comfortable answering the phone, taking messages and helping schedule appointments when the Salon Pros are busy giving massages or cutting hair. We can be flexible with volunteer schedules within the Salon hours of Mon-Fri, 9:00 am - 3:00 pm. See Alesha to get started.

Who to Contact

Security

(517) 977-4581

Concierge Services

(517) 351-0087

Maddy Knott

Madison Crosser

Susan Wilcox

Concierge Services

7 days per week

9:30 am - 6:00 pm

Life Enrichment

Alesha Williams, CTRS

Director of Life Enrichment

(517) 827-1068

Matt Bebermeyer

Resident Life Manager

(517) 220-2215

Name Your Newsletter Contest

Thank you to all who submitted your creative suggestions and voted for the winner. Your newsletter will now be called "The StoneBriar Flyer". Congratulations to Henry Kopek for coming up with this name!



March 2

Judy Dunn

March 6

Jim Pifer

March 9

Rebecca Blair

Betty Jason

March 15

Nahid Iplakchi

March 28

Pam Nelson

Connie Specker

March 31

Keith McConnell



StoneBriar
at Burcham Hills®



From the Desk of the Executive Director . . .

by Kari Rennie

To write about March is typical to write about Spring and the changing of the seasons, but with our recent Winter weather, it's hard to see Spring is on the horizon, but it is. 😊

March brings about a fun time as we celebrate St. Patrick's Day and March Madness! I am always hopeful and rooting for our favorite team, MSU Spartans, and a repeat of championships of the past!

Burcham Hills Leadership Team

Kari Rennie, NHA
Executive Director
827-1042

Nancy Hanford
Director of Admin. Services
827-1043

Angela Brummette, NHA
CHR Administrator
827-1037

Annette O'Dell, RN
CHR Director of Nursing
827-1038

Arlone Hudson
CHR Admissions
827-1035

Rebecca Gehringer, BS, RN
Director of Clinical Outreach
706-9790

Michelle Robbins
Resident Center Administrator
827-0692

Michelle Traill-Crosser
Director of Sales & Marketing
827-0703

Petra Paca
Director of Human Resources
827-1057

Jim Kaczmarczyk
Director of Finance/Controller
351-4662

Mark Sarvis
Director of Building & Grounds
351-3642

Alesha Williams, CTRS
Director of Life Enrichment
827-1068

Jeff Davis
Director of Food & Beverage
827-1025

Lesa Smith, MPA, CFRE
Foundation Director
827-2924

Tom Izzo has led us through many great accomplishments, but none more great than leading our community through the recent moments of unnecessary terror over the last two weeks. He spoke as the leader we all have come to know him to be. Passionate, kind and caring.

I often wonder why some people are called upon to handle adversity after adversity and still shine, show character, resilience and strength only to remember that is what we are all called to do! We all have challenges in life, some shared privately, some shared publicly. We also all have a choice in how we handle those challenges put on our plates. Do we rise up, be the light the world needs and power through or do we let the challenges take control?

Do all you can to be like the Spring, rising like a determined flower to show that kindness blooms, light wins and adversities are just a small part of our day!



Gadget Workshop***Tuesday, March 21****1:30 - 3:30 pm****2RC Lobby**

East Lansing Public Library will host a drop-by table in the lobby to answer a variety of technology related questions.

**Travel with Tom to Victoria Falls****Monday, March 6 / 1:30 pm / AWR**

Tom is the manager of the Haslett Public Library and has prepared a travel series that he is excited to share with you! Join him in March to learn about Victoria Falls.

**“Oopsy Daisy” Flower Sales****Wednesday, March 22****3:00 - 6:00 pm / 2RC Lobby****Book Club****March 20 / 1:00 pm / Quartz Study**

This group is hosted by Clusters Residents. The current book selection is The Life List, by Lori Nelson Spielman.

The Book Club is held every other month.

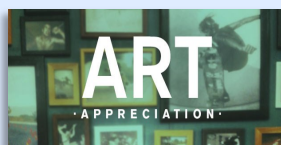
COOKING THROUGH TIME**Thursday, March 23****2:00 pm / AWR**

It is March! And that means it's time to take part in the craic (fun) of learning about all things Irish, especially the cooking. Come sample the history and the tastes of this rich vibrant culture.

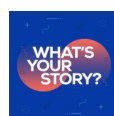
Ted Talks

Each Monday, this group will explore new Ted Talk presentations and discuss as a group the videos they watch. This is a great opportunity to learn about new areas and hear the input of your friends and neighbors on interesting topics we may not encounter every day. If you have topic ideas you would like to see, please let Barb or Alesha know.

Mondays at 1:30 pm / Slate Room

**Art Appreciation
with Ethel Anthony****Will return in April 2023****Our Stories: Then & Now****Thursday, March 1, at 2:30 pm**

Topic: Childhood Memories

**Wednesday, March 15, at 3:15 pm**

Topic: College

Held in the Slate Room (1RC)

Gather with friends and share topical anecdotes from the past and today. Have a treasure with a story? Bring it along!

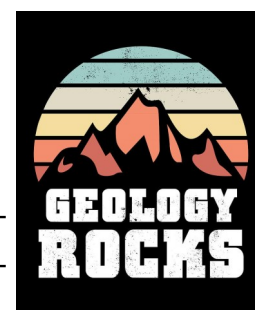
Let's Talk About Birds**Friday, March 24****2:00 pm / AWR**

John Baumgardner, Clusters Resident, will provide an educational presentation on local birds. There will also be an opportunity for an open discussion about birds.

Geology Dinner Night**Every Saturday****5:15 pm / Slate Room***Hosted by: Keith McConnell*

Each Saturday night will feature a different video of a geological wonder of the world.

Bring your dinner in to the Slate Room and join this new program to learn and discuss with your friends and neighbors!



Music Opportunities in AWR

Lansing Matinee Musicale

Wednesday, March 15 / 2:00 pm

Music by Noteworthy


Thursday, March 16 / 6:30 pm

Tom Timlin

Wednesday, March 22 / 2:30 pm


Vivace Strings

Sunday, March 12 & 26 / 2:00 pm



Join this group directed discussion (with no agenda) over drinks and snacks. The purpose of this program is to increase our awareness of death with a view to helping people make the most of their (finite) lives.

Tuesday, March 28
(4th Tuesday of each month)
9:30 - 11:00am
Wild Rose
Art Studio
StoneBriar



Death can be scary, sad and strange. But it can also be empowering and motivational. So let's talk about it!

StoneBriar Resident Council Meetings

The StoneBriar Resident Council invites all StoneBriar Residents to attend the monthly meetings. Please mark your calendars to meet the 2nd Thursday of each month at 2:15 pm in the AWR. This will be an opportunity to weigh in on agenda items and hear information first hand of what is happening in your community.

Next Meeting: Thursday, March 9 / 2:15 pm / AWR



Every Monday
3:30 pm
Bistro

A cocktail will be featured each week as you join together with your friends and neighbors for this weekly event.



Join Together

Each Thursday, join together with your neighbors at 4:00 pm in the Cornerstone Bistro for Happy Hour!

Enjoy some wine or beer and good company!

Cornerstone Bistro

Lunch & Dinner is served

12:00 - 7:00 pm

Monday - Friday

Dinner Buffet

4:00 - 7:00 pm

Sat, Sun & Mon

Dining Services Contacts

Jeff Davis

**Director of Food
& Beverage**

(517) 827-1025



OFF THE SHELF



The March Theme for the Burcham Hills Library is, not surprisingly, IRELAND. The Library staff has assembled books from its collection about Ireland and/or written by Irish authors to display in its "Good Reads" case. Just the word "Ireland" conjures up images and words like "mist, spirits, green, laughter, poignancy, dance, drama, scent of grass and sea" as we think our reading choices will demonstrate. So much that has become a part of American culture migrated from Ireland, including its sayings, myths, music, traditions and especially, its friendly and charming people. Its literature starting with the Book of Kells, believed by many to have originated with Catholic monks in Ireland, to writers like Oscar Wilde, James Joyce, Samuel Beckett, George Bernard Shaw and poet William Butler Yeats attest to the greatness of its literary tradition. Our Library clearly needs more books about Ireland that illustrate the beauty of the country and complexity of its character, history and politics.

We note with sadness the passing of Sally Wood, who was a faithful volunteer at our Burcham Hills Library. Sally was always busy and happy to participate in Burcham activities. She shall be missed.



HAPPY
St. Patrick's Day

Friday, March 17
2:30 pm ✿ AWR

Join the recreation team for musical entertainment by Double Play: Flute & Tuba prior to your special St. Patrick's Day Dinner!

Refreshments will not be served

Special Announcement

As many of you are aware, Jeff Davis, Director of Food & Beverage, and his team have recently hosted some exciting holiday meals for the entire Burcham community. As a result of the wonderful response to these events, we have decided to make some adjustments in the way we host holiday events.

If a holiday dinner is being provided by the Dining Services team, the Recreation Team will evaluate other ways to provide holiday programming, support and cheer and will no longer hold a separate holiday party. We are excited to try some new ideas we have and mix things up a bit.



Happy
St. Patrick's Day

FRIDAY, MARCH 17

St. Patrick's Day Dinner

Invite your family and friends to join us on St. Patrick's Day!

Serving Times:

CHR	4:30 pm (all floors)
RC	3:45 pm & 5:00 pm
Bistro	4:30 pm

The guest charge for the buffet is \$25.00 per person.

Please make your reservations for the time of your choice and indicate how many guests will be in your party by contacting:

CHR - Ken Peters (517) 331-8377; RC/Bistro - Diane Peltier (517) 827-0363; or on the sign-up sheet.

Main Entrees include:

- Corned Beef & Cabbage
- Fish & Chips
- Irish Stew in a Bread Bowl

Burcham Hills®
A Life Plan Community



EASTER EGG HUNT

SATURDAY, APRIL 1, 2023

10:00 AM

RESIDENTS WILL GATHER IN THEIR OWN NEIGHBORHOODS TO HIDE EGGS AND WAIT CHILDREN TO COME HUNT FOR THEM!

Candy donations needed!
Donate individually wrapped candy we can stuff inside Easter eggs to hide for the children.
All donations needed by Monday, March 27.

Easter Egg Stuffing Event
All residents are invited to help us stuff the eggs to be hidden for the hunt.
**Thursday, March 30
1:30 - 3:30 pm / AWR**



YOU ARE INVITED TO



Resident FASHION SHOW

29

MARCH

2:30 P.M.

ADA WHITEHOUSE ROOM

JOIN US AS RESIDENTS THROUGHOUT OUR COMMUNITY
STRUT THEIR STUFF AND SHOW OFF THEIR FASHION SENSE.

WE ARE PROUD TO PARTNER WITH KELLIE'S ETATE SALES
AUTCTIONS & RESALE FOR THIS EVENT AND KELLIE
HERSELF WILL BE THE MC.

RAFFLE DRAWING:

BRING A FRIEND FROM OUTSIDE THE BURCHAM HILLS
COMMUNITY TO THE EVENT AND YOU AND THE FRIEND
WILL BE ENTERED TO WIN A \$100 GIFT CERTIFICATE TO
KELLIE'S RESALE STORE.





Sappy Mardi Gras



Sewing for a Cause

Saturday, March 4 / 3:15pm

Friday, March 31 / 2:00 pm

Slate Room

Our current project combines crocheting and recycling. No experience necessary and there are lots of tasks to do. We are currently making plastic mats for the homeless. These mats will keep them off the ground and are surprisingly warm to sleep on.

We will also take any Meijer bags you would like to donate.



THE INS AND OUTS OF MEDICARE

Wednesday, March 8

2:00 pm

AWR

Kevin Simon, licensed specialist with Sizeland Medicare Strategies, will provide pertinent information on Medicare that can help you navigate what can often be a confusing topic. He will also help answer any questions you may have.



Self Care SALON



Friday, March 17

10:30 am

Wild Rose Art Studio

Erikica, a cosmetology expert will provide tips and tricks for hair, makeup and other self care techniques. Come join us for a cup of tea and bring your questions and ideas. This will be a relaxed and informal group!

FREE

FRAUD PROTECTION SEMINAR

The Eastside Community Action Center, in collaboration with Huntington Bank, will arm you with the tools and resources to protect yourself and your loved ones from fraud and scams including identity theft, and phone & internet scams.



Tuesday, March 28th

Starting at 2pm

@ Ada Whitehouse Room - Burcham Hills
2700 Burcham Dr, East Lansing

EVERYONE IS WELCOME!



We will also have bingo, refreshments, snacks, and prizes!



Community-Wide Outings

The outings below are offered to residents throughout the entire Burcham Hills Community. All outings require an RSVP and sign-up for these outings, please call Alesha at (517) 827-1068 or the Recreation Department directly at (517) 827-1061.

Kinky Boots

Riverwalk Theater

Thursday, March 2

Depart: 6:15 pm; Show at 7:00 pm

Return approx.: 9:00 pm

Cost: \$30 (\$20 ticket, \$10 transportation fee)

RSVP Previously required for ticket purchases

Studio C Movie Outing

Movie to be determined

Tuesday, March 14

Departure time: TBD

Cost: \$10.00 movie; snack \$ optional

Movie times cannot be selected more than one week ahead of outing due to changing show times at the theater. Movie times will be posted the week prior to the outing.

Please sign-up by March 12

Lenten Fish Fry

St. Jude, Dewitt

Friday, March 31

Depart: 4:00 pm

Return approx.: 7:00 pm

Cost: \$9.00

Please sign-up by March 29

Outings Sign-up Procedure

Please sign-up by calling the Director of Life Enrichment at (517) 827-1068 or by using the sign up sheets on the table by the mailboxes before the sign-up deadline. Please be aware that seating on our bus is limited and you may be provided with alternative transportation options to attend the outing. Outings listed at above are for the entire Burcham Hills community. Outings listed to the right are advertised to StoneBriar and Clusters residents.

Reminder:

Your StoneBriar amenity credit can be used for any outing costs.

StoneBriar Outings

Sign-up sheet located by mailboxes or contact Alesha at (517) 827-1068.

Facility for Rare Isotope Beams at MSU

Friday, March 10

Depart: 1:00 pm

Return approx.: 3:30 pm

This outing is designated for residents who had previously signed up to attend in February and were asked to move to March tour due to high interest. Notices will be provided to those included.

StoneBriar Lunch Outing

Stillwater Grill

Thursday, March 13

Depart: 11:30 am

Return approx.: 2:30 pm

Sign-up before March 11

Kellie's Resale Store

Tuesday, March 21

Depart: 1:30 pm

Return approx.: 4:00 pm

This outing is designated for residents who signed up to participate in the Fashion Show and want to select their own outfits. Notices will be provided to those included.

SAVE THE DATES

Additional outings that are being explored or are booked further out:

- Turner Dodge House
- Michigan State Capitol
- Michigan Historical Museum
- MSU Radiology Healing Garden
- Lugnuts Baseball Game
- Broad Museum
- RE Olds Museum
- Kayak Trip

Do you have ideas for outings? We would love to hear them! Please let Alesha know where you would like to go!

Caregiver Support Group

Thursday, March 9 (every 2nd Thursday)

4:00 - 5:00 pm, Private Dining Room



It's a family affair. You are not alone in the fight against Alzheimer's disease. This Caregiver Support Group can help. The support group is designed to offer emotional support and provide helpful information on coping with the challenges of Alzheimer's disease. The group is facilitated by trained support group professionals. The group is confidential, free and open to the public. Everyone needs support, especially those caring for loved ones with Alzheimer's Disease.

Lansing Area Parkinson's Support Group

Tuesday, March 21 (every 3rd Tuesday)

3:00 - 5:00 pm, Ada Whitehouse Room (1RC)



Join this local organization for education, comradery and social activities. Learn coping technology, share knowledge and experiences and make new friends. Offer and receive support from those who understand.

Religious Services

Open Bible Study (Non-Denominational)*

Hosted by Pastor Peter Robinson from Pilgrim Congregational UCC

Tuesdays, 10:00 am / Slate Room

Rosary & Communion*

Hosted by volunteers from St. Thomas Aquinas

Thursdays, 10:00 am / AWR

Catholic Mass will be February 9

TV Mass (Catholic)

Hosted by volunteers from St. Thomas Aquinas

Sundays, 10:00 am / AWR

Peoples Church Live-Stream Service

Sundays, 10:30 am / 5RC



Vespers (Non-Denominational)

Sundays, 4:00 pm / Ada Whitehouse Room

March 5

Rev. Michael Anderson
University Lutheran of EL

March 12

Rev. Peter Robinson
Pilgrim Congregational UCC

March 19

Rev. Dr. Shawnthea Monroe
The Peoples Church

March 26

Rev. Elizabeth Miller
Edgewood UCC



Call for Ministers

Our Vespers Program relies on Ministers in our community willing to volunteer their time. If you know of a minister who may be willing to officiate services at Burcham Hills, please contact Jayme Sweten, Volunteer Coordinator at (517) 827-1060 to provide information. We will call the ministers to provide details and gauge interest.

Wednesday MOVIES*

7:00 pm - AWR (1RC) *

March 1 — The Perfect Furlough (1955)

An Army psychologist oversees her creation: an arctic serviceman sent to Paris with a movie star. [93 min]

Cast: Tony Curtis, Janet Leigh, Linda Cristal

March 8 - To Kill a Mockingbird (1962)

Southern comforts abound in this big-screen adaptation of Harper Lee's novel as lawyer Atticus Finch defends an innocent black man against rape charges but ends up in a maelstrom of hate and prejudice. [130 min]

Cast: Gregory Peck, Mary Badham

March 15 - Riverdance: Live from Radio City Music Hall (1996)

**Based on Library Topic of the Month: Ireland*

Irish music and dance sensation Riverdance brings its legendary energy featuring 70 dancers and musicians performances, along with behind-the-scenes footage. [102 min]

Cast: Jean Butler, Maria Pages, Colin Dunne

March 22 - Philomena (2013)

**Based on Library Topic of the Month: Ireland*

Floundering BBC journalist Martin Sixsmith and aging Irishwoman Philomena Lee form an unlikely bond when they pair up to find the son Philomena was forced to give up for adoption 50 years ago. [95 min]

Cast: Judi Dench, Steve Coogan, Ruth McCabe

March 31 - Endless Summer Revisited (2000)

In 1966, a documentary on surfing was released, exposing the beauty and excitement of the sport to a new audience. This film weaves footage of some of the finest surfers of the day with vintage, never-before-seen footage from the first film. [70 min]



A Movie Committee selects the movies shown each month, which are based on resident requests.

If you would like to be a part of the committee or you have a movie to suggest, please contact Maxine Hewett or Alesha Williams, Director of Life Enrichment.

Saturday MOVIES*

1:30 pm - AWR (1RC) *

Encore Presentation at 7:00 pm

AWR (1RC) *

March 4 - Life of Pi (2012)

Based on Yann Martel's best-selling novel, this coming-of-age tale recounts the adventure of Pi, an Indian boy who is the sole survivor of a shipwreck. Pi finds himself on a lifeboat with only some zoo animals for company. [127 min]

Cast: Suraj Sharma, Irrfan Khan, Ayush Tandon

March 11 - Belfast (2021)

**Based on Library Topic of the Month: Ireland*

In 1960s Belfast, Buddy's family lives in a largely Protestant district with a few Catholic families, but one day his community and everything he thought he understood about life is suddenly turned upside down. Buddy's family gets caught in the mayhem and must decide to stay or leave the only place they have ever called home.

[97 min]

Cast: Judi Dench, Jamie Dornan, Ciaran Hinds

March 18 - Brooklyn (2015)

**Based on Library Topic of the Month: Ireland*

After emigrating from Ireland, Eilis Lacey readily adapts to the vastly different New York City, where she falls for a young Italian. But when tragedy pulls her back home, she finds her loyalties divided between two nations — and two men. [111 min]

Cast: Saoirse Ronan, Domhnall Gleeson, Emory Cohen

March 25 - The Girl with the Dragon Tattoo (2011)

**This film is Rated R*

When a young computer hacker is tasked with investigating a prying journalist, their separate missions become entangled amid a decades-old conspiracy. David Fincher directs this English adaptation of Stieg Larsson's novel. [92 min]

Cast: Michael Hynson, Robert August, Lord 'Tally Ho' Blears

**All programming complies with the FHA. Some programs may require support staff, which will need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.*

Fitness Classes

Join any of our fitness classes to see which one works best for you! Please note that some classes have a charge for specialty instructors. Amenity credits can be used as payment for these classes or we accept cash or checks.

Day	Time	Location	Classes	Instructor	Cost
Mon	9:30 am	AWR	Mindful Meditation	Kristen T.	Free
Tues	11:00 am	Pebble 1	Yoga	Kristen T.	\$15
Wed	2:00 pm	Pebble 1	Cardio Drumming	Kristen T.	Free
Thur	11:00 am	Pebble 1	Yoga	Kristen T.	\$15
Thur	1:00 pm	Pebble 1	Advanced Standing Strength	Ethan K.	Free
Fri	3:45 pm	AWR	Mindful Meditation	Kristen T.	Free
EO Fri	1:15 pm	Pebble 1	Move to the Beat	Rachel M.	Free
Sat	11:30 am	Pebble 1	Restorative Yoga	Jen Cousina	\$15
M/W/F	10:15 am	AWR	Fall Prevention	Kristen T.	Free
M/W/F	11:15 am	AWR	Advanced Fit & Functional	Ethan K.	Free
T/Th	11:15 am	AWR	Fit & Functional	Ethan K.	Free



Monthly Wellness Focus:

Physical Wellness

Physical Wellness promotes proper care of our bodies for optimal health and functioning. There are many elements of Physical Wellness that all must be cared for together. Overall, Physical Wellness encourages the balance of physical activity, nutrition and mental well-being to keep your body in top condition.

Special Notice:

There will be no Yoga class on Thursday, March 2.



Wellness Clinic Wednesday, March 22 9:00 - 11:00 am 2RC Lobby

Potential Vendor List

- Burcham Hills Fit Team
- TMC at Burcham Hills
- Carline Hospice & Physician Services
- Burcham Buddies (Pet Therapy)
- Burcham Foundation
- LO Eye Care
- Playmakers
- Heart Medical
- Compassus Hospice
- Mareck Family & Geriatric Services

This event is a great opportunity to gather resources and meet community members who can answer your health-related questions. You can also get your blood pressure checked, have a balance assessment and more. Some vendors will rotate and new ones are regularly being added. We also welcome ideas for future vendors.

Move to the Beat Update

Every other Friday
(March 3, 17 & 31)
1:15 pm / Pebble 1
Instructor: Rachel M.

We apologize that the start of this new class has not been as smooth as we had hoped. We do not anticipate any further changes and hope you check out what this class has to offer!

Reminders and Notices:

We have a variety of transportation options offered for various needs throughout the community. Below are details on each option we provide.

Burcham Hills Transportation Department

Our transportation department is for appointments (medical appointments only) within a 10-mile radius of Burcham Hills. Appointments are available on a first-come, first-served basis Monday-Friday between 7:30 am and 3:00 pm only. Drivers can assist residents in and out of the vehicle, but cannot accompany anyone into their destination and do not typically remain onsite. They will return when your appointment is complete. Please see Concierge Services to submit a transportation request. The driver will evaluate your request and you will be notified if it has been accepted or not.

Personal Wellness

If your destination is further than 10-miles from Burcham Hills, is outside of our transportation business hours or is for a non-medical reason, Personal Wellness can be hired to provide transportation. There is a fee for this service and your amenities credit can be used for payment. To set-up services, contact Mary Bryant at (517) 827-2901.

Lyft Services

Transportation through Lyft is available through Concierge Services. This service does have a fee associated that is dependent upon your destination and time of day. Concierge can provide you with the cost of the one-way trip upon making the request. Your amenities credit can be used to pay for this service.

Okemos Shopping with CATA

A CATA bus is available every Tuesday for shopping in the Okemos area. The bus departs from door #1 (Resident Center Lobby) promptly at 1:00 pm every Tuesday. The cost is \$2.00 and is paid directly to the driver. They will drop-off and pick-up at Meijer, Walmart, Meridian Mall and Target Plaza. They will give you a pick-up time based on route and participants, typically 1.5 to 2-hours after drop-off.



RESIDENT APP

Have you accessed your resident app? This will give you real time access to the activities calendar, dining menus and more. For an instruction card or assistance in setting up the app, please visit Concierge Services.

The Salon Team

Hair and Nail Stylists

Ekbal Al Najjar
Jodi Rice

Massage Therapist

Kimberly Rentfrow

PS Salon & Spa offers full services in our Burcham Hills Salon, located on the first floor of the Resident Center. Please contact the salon at (517) 351-7241 to make your appointment.



Hair & Nail Appointments

Monday-Friday / 9:00 am - 3:00 pm

Massage Therapy Appointments

Mondays / 10:00 am - 3:00 pm

Wednesdays / 12:00 - 5:00 pm