

Burcham Hills Retirement Community ~ 3rd Floor Center for Health & Rehab

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~ February 2012 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 FITness Class 10:00 Sensations 10:30 Bingo 11:30 Trivia 1:30 Inspirations 2:00 Painting 3:00 1:1 Simple Pleasures 4:00 Lasting Memories 4:00 Wine & Cheese Social (RC-2)	2 10:00 Rosary & Communion (AWR) 10:00 FITness Class 10:30 Sports Club 11:00 Sensations 1:00 Bowling (RC-2) 1:30 Stroke Support Group (PDR) 2:00 Exercise with Brandon 2:30 Movie & Popcorn 3:00 1:1 Simple Pleasures 4:00 Cards	3 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Trivia 1:30 Music & Memories 2:00 1:1 Simple Pleasures 3:00 Gardens Alive 4:00 Dice Games 7:00 Violin Studio Recital (AWR)	4 10:00 Bingo (CHR- 2) 10:00 Music & Exercise 11:00 Sensations 11:30 Dining Room Trivia 2:15 Reading Group 3:00 Creative Arts 4:00 Cognitive Games
5 10:00 TV Mass (AWR) 1:30 Manicures 3:00 1:1 Simple Pleasures 4:00 Remember When??? 4:00 Vespers (AWR) 6:00 Superbowl (RC-2 Lobby) 	6 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Word Games 1:30 History Group 2:00 Burcham News (AWR) 2:00 Sensory Cooking 3:30 Music w/ Lucille (CHR -2) 4:00 Dice Game	7 10:00 FITness Class 10:00 Sensations 10:30 Writing Group 11:30 Puzzles 1:30 Ladies Club (CHR -2) 1:30 Men's Club 2:00 Exercise with Brandon 3:00 BINGO (CHR -2) 3:00 Hot Topics 4:00 Keno Mobile Stop & Shop Open 1 – 3pm in RC Lobby	8 10:00 Quilting (LS) 10:00 FITness Class 10:00 Sensations 10:30 Bingo 11:30 Trivia 1:30 Inspirations 2:00 Painting 2:00 Gr. Lks. Choc/Coffee (RC-2) 3:00 1:1 Simple Pleasures 4:00 Lasting Memories 	9 10:00 Rosary & Communion (AWR) 10:00 FITness Class 10:30 Sports Club 11:00 Sensations 2:00 Exercise with Brandon 2:30 Movie & Popcorn 3:00 1:1 Simple Pleasures 4:00 Cards	10 10:00 FITness Class 10:00 Cover to Cover (PDR) 10:00 Sensations 10:30 Card Club 11:30 Trivia 1:30 Music & Memories 2:00 Gardens Alive 3:00 Remember When??? 4:00 Dice Games	11 10:00 Bingo (CHR- 2) 10:00 Music & Exercise 11:00 Sensations 11:30 Dining Room Trivia 2:15 Reading Group 3:00 Creative Arts 4:00 Cognitive Games
12 10:00 TV Mass (AWR) 10:00 Memory Tea (CHR -2) 11:00 Sensations 11:30 Crosswords 1:30 Manicures 2:00 Lansing Symph. Orch. (RC-2) 4:00 Vespers (AWR) 7:00 Jug & Mug Sing-a-Long (AWR)	13 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Word Games 1:30 History Group 2:00 Sensory Cooking 3:00 1:1 Simple Pleasures 3:30 Music w/ Lucille (CHR -2) 4:00 Dice Games 6:30 Alzheimer's Ed. "Caregivers" (AWR)	14 10:00 FITness Class 10:00 Sensations 10:30 Writing Group 11:30 Puzzles 1:30 Ladies Club (CHR -2) 1:30 Men's Club 2:00 Exercise with Brandon 3:00 Valentine's Event Wine and Chocolate Tasting Mobile Stop & Shop Open 10-12am in CHR LS	15 10:00 Quilting (LS) 10:00 FITness Class 10:00 Sensations 10:30 Bingo 11:30 Trivia 1:30 Inspirations 2:00 Painting 3:00 1:1 Simple Pleasures 4:00 Lasting Memories 4:00 Wine & Cheese Social (RC-2) 6:30 MSU Ballroom Dancers (AWR)	16 10:00 Rosary & Communion (AWR) 10:00 FITness Class 10:30 Sports Club 11:00 Sensations 2:00 Exercise with Brandon 2:30 Movie & Popcorn 3:00 1:1 Simple Pleasures 4:00 Cards Movie Outing TBA	17 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Trivia 1:30 Music & Memories 1:30 Alzheimer's Supp. Grp. (PDR) 2:00 1:1 Simple Pleasures 3:00 Gardens Alive 4:00 Dice Games 7:00 Solo Piano w/ Mi Hye Kwon (AWR)	18 10:00 Bingo (CHR- 2) 10:00 Music & Exercise 11:00 Sensations 11:30 Dining Room Trivia 2:15 Reading Group 3:00 Creative Arts 4:00 Cognitive Games

Location Key: (RC) – Resident Center (CHR) – Center for Health & Rehabilitation (Numbers) – Indicate the Floor in which activities are held in Living Room
 (AWR) – Ada Whitehouse Room on 1st RC (LS) – Leisure Studio on 1st CHR (PDR) – Private Dining Room (DR) – Dining Room

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
19 10:00 TV Mass (AWR) 10:00 Memory Tea (CHR -2) 11:00 Sensations 11:30 Crosswords 1:30 Manicures 3:00 1:1 Simple Pleasures 4:00 Remember When??? 4:00 Vespers (AWR)	20 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Word Games 11:30 Lunch at "Thai Princess" (RC-2) 1:30 History Group 2:00 Sensory Cooking 3:00 CELEBRATE a Heart (AWR) 3:00 1:1 Simple Pleasures 3:30 Music w/ Lucille (CHR -2) 4:00 Dice Games	21 10:00 FITness Class 10:00 Sensations 10:30 Writing Group 11:30 Puzzles 2:00 Exercise with Brandon 3:00 Mardi Gras Party (AWR) Mobile Stop & Shop Open 1 – 3pm in RC Lobby	22 10:00 Quilting (LS) 10:00 FITness Class 10:00 Sensations 10:30 Bingo 11:30 Trivia 1:30 Inspirations 2:00 Lansing Matinee Musicale (AWR) 4:00 Lasting Memories	23 10:00 Rosary & Communion (AWR) 10:00 FITness Class 10:30 Sports Club 11:00 Sensations 2:00 Exercise with Brandon 2:30 Movie & Popcorn 3:00 1:1 Simple Pleasures 4:00 Cards	24 10:00 FITness Class 10:00 Art Appreciation (PDR) 10:00 Sensations 10:30 Card Club 11:30 Trivia 1:30 Music & Memories 2:00 1:1 Simple Pleasures 3:00 Gardens Alive 4:00 Dice Games	25 10:00 Bingo (CHR- 2) 10:00 Music & Exercise 10:00 Unitarian Group (PDR) 11:00 Sensations 11:30 Dining Room Trivia 1:00 Music Recital (AWR) 2:15 Reading Group 2:30 28th Ann. Orchid Show (RC-2) 3:00 Creative Arts 4:00 Cognitive Games	
26 10:00 TV Mass (AWR) 10:00 Memory Tea (CHR -2) 11:00 Sensations 11:30 Crosswords 1:30 Manicures 2:00 Grand Ledge Opera House (RC-2) 4:00 Vespers (AWR) 7:00 Jug & Mug Sing-a-Long (AWR)	27 10:00 FITness Class 10:00 Sensations 10:30 Card Club 11:30 Word Games 1:30 History Group 2:00 Sensory Cooking 3:00 1:1 Simple Pleasures 3:30 Music w/ Lucille (CHR -2) 4:00 Dice Games	28 10:00 FITness Class 10:00 Sensations 10:30 Writing Group 11:30 Puzzles 1:30 Ladies Club (CHR -2) 1:30 Men's Club 2:00 Exercise with Brandon 3:00 BINGO (CHR -2) 3:00 Hot Topics 4:00 Keno Mobile Stop & Shop Open 10-12am in CHR LS	29 10:00 Quilting (LS) 10:00 FITness Class 10:30 Bingo 11:00 Sensations 11:30 Trivia 1:30 Inspirations 2:00 Painting 3:00 Travel To... (AWR) 3:30 CHR Birthday Party(CHR-2) 4:00 Wine & Cheese Social (RC-2)	<p>* Activities in BOLD indicate an Outing or Special Event</p> <p>* See Burcham Beacon & Highlighted Events for further program details</p> <p>* See Daily Activity Bulletin as Calendars are Subject to Change</p> <p>* All programs are held on 3rd Floor CHR unless otherwise noted!!!</p>			

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